

## Touching Many Lives in 2020

Patients With a Positive Pregnancy Test:	234(90%)
Ultrasound Scans: (includes repeat scans).....	285
Sexually Transmitted Disease Tests: .....	106
Baby and Me Program Participants: .....	45
Resource Program Participants: .....	75
Abortion Recovery Program Participants:.....	9
Babies Saved: .....	197

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

## Inside:

Pg 1: Hearts Changed

Pg 2: Miracles!

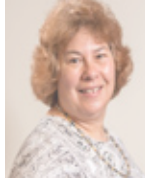
Pg 3: A Long Journey Home

Pg 4: Top 5 Needs

*Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.*

## Seeing Hearts Changed Every Day!

by Gayle Irwin



Gayle Irwin  
Patient Resources  
Director

Nineteen-year-old "Paula" planned to abort when she came into our center recently. "I'm too young, and I don't want to be pregnant," she told her Advocate.

She believed her boyfriend would support whatever decision she made, and she said she wouldn't tell her family.

After a positive pregnancy test, Paula was given an ultrasound. As the nurse explained what they were seeing – her 6-week-old on the screen with a heartbeat – Paula's expression seemed to soften, and her eyes lit up. She asked the Nurse several questions, seeming surprised to learn the heart of her unborn was already beating. She accepted the ultrasound images the Nurse provided, and when she met again with her Advocate and was asked how she felt about the ultrasound, our young patient said with a smile, "I'm excited! That was so neat! I didn't realize we'd see a heartbeat!"

Her Advocate explained all of Paula's pregnancy options, and when she provided brochures on abortion, adoption, and parenting, Paula only took the parenting pamphlet.

"I don't need or want the others," the young woman said. "I'm going to parent."



Paula's expression seemed to soften, and her eyes lit up.

## Coming to a Church Near You: Baby Bottle Boomerang 2021!

*Even if you are "doing church" online you can still participate!*



- Stop by your church to pick up a bottle
- Drive by True Care and pick up a bottle (bottles are in a large container by the front door of our building--the door facing Poplar Street)
- Give online at: [www.TrueCareGiving.net](http://www.TrueCareGiving.net)
- Mail your donation to: PO Box 2346 Casper, WY

Return your bottle filled with coins, bills and/or checks to your church or to True Care by President's Day Weekend, Feb 13/14



**Terry Winship**  
President/CEO

# From the CEO



## Miracles!

His name pops up in all four gospel narratives, but we don't know much about him. He was wealthy, and a member of the Jewish council. And one more thing: he was a disciple of Jesus, albeit a quiet one.

His defining moment—which placed him in each account of Jesus' life—came just after Jesus' crucifixion. His name is Joseph, and he went to Pilate with one request, to take custody of the body of Jesus so he could place Him in his own tomb.

It can be said that Joseph donated the location where the greatest miracle in the history of the world took place.

While nothing compares with the resurrection, miracles still take place today. For example, consider our offices at True Care. Women—many of them thinking of ending their pregnancies—come to us and see their children for the first time through ultrasound and instead choose life. Isn't this a miracle, too?

It's almost overwhelming to consider. But literally, lives are saved in these offices.

I am so very thankful for all of you who have supported this work. Last year was challenging, but God provided beyond what we could have imagined through you, His people! Whether your investment here is \$10, \$100 or \$10,000, you are a modern-day Joseph, giving something of yours to create a place for miracles. I appreciate you.

And if at this time you haven't had a chance to give to True Care in a while, join the Josephs of today. Your investment in this work means a space is created for life to win victory after victory.

To give, click on our website at [www.TrueCareGiving.net](http://www.TrueCareGiving.net), send your gift to PO Box 2346 Casper, WY 82602 or simply email us for more information on supporting True Care at [info@truecarecasper.org](mailto:info@truecarecasper.org). We look forward to hearing from you and look forward to telling you the stories of modern-day miracles of life.



## True Care's *Adopt a College Student Program*

We have nine patients who are juggling new babies and college at the same time. All of these young ladies have been "adopted" by generous True Care donors who have agreed to pray for them and to purchase at least one text book or other item they need for school. Thanks to these donors, our patients are receiving support on their journey to better futures for themselves and for their babies.

For more information on the Adopt a College Student Program, contact Cheryl Flores at 307-439-4248 or [cheryl@truecarecasper.org](mailto:cheryl@truecarecasper.org).

## Change a Life in Just a Few Minutes

YOU can make a lasting impact for True Care and our vital mission. Here's how: One of the easiest gifts you can make is to name True Care as a beneficiary of one of your assets, such as your retirement plan or life insurance policy. This is a popular gift to give because you can set it up by yourself. There's no need to use the services of an attorney or financial advisor to put your gift in place.

Simple Steps to Follow:

1. Contact the administrator of your retirement plan, insurance policy or bank account for a change-of-beneficiary form or download one from your provider's website.
2. Decide what percentage of the account you wish to give to True Care and name us, along with the stated percentage, on the form. (Note: our corporate name is The Caring Center, Inc)
3. Sign and return the form to your plan administrator or insurance company.

**Key Benefit:** Beneficiary designations offer built-in peace of mind. Your current budget isn't affected because you make the gift after your lifetime, and you can change your mind at any time.

# A Long Journey Home

by Cheryl Flores

**Your investment in women like Kendra makes a HUGE difference. Thank you!**



Cheryl Flores,  
Resource  
Coordinator

“Sixty-seven days!!” These were the first words Kendra said to me, when we finally connected by phone. Sixty-seven days! I didn’t need to hear anything else, I understood completely. Kendra was telling me she was sixty-seven days clean from meth. Unfortunately, we see meth’s grip on our patients all too often.

Although I have never used meth, I did overcome an addiction to narcotics. I am up front with my patients about my experience with substance abuse and my recovery. I have been free from my addiction for more than 13 years. I love sharing my story with patients, encouraging them throughout their pregnancies, and giving them hope that they, too, can overcome their addictions.

When 22 year old Kendra came to True Care for her first appointment she was visibly upset. She was tearful and anxious. She said the father of her baby was not involved and “out of the picture.” She also stated she did not have custody of her 6 month old daughter because she tested positive for

meth when she delivered little Maria. Kendra felt she had no other option but to abort. She asked True Care staff how she could get an abortion and was told there are no abortion clinics in Casper or the surrounding area. She got up and immediately walked out. Kendra’s True Care advocate asked me to follow up with Kendra, to explain how the Center’s Resource Program could help her, and to share my story of addiction.

**Kendra felt she had no other option but to abort.**

It took about a month of making phone calls and leaving voicemails before I was able to connect with Kendra. I shared my experience with addiction, and we bonded right away. I helped her with several of her most urgent needs. The first item on the list was to find affordable housing through the Casper Housing Authority. This was a big deal for Kendra. She desperately wanted to get her daughter back, but first she needed a safe and secure home where she, Maria, and her baby yet to be born could live.

Throughout the 8 months I met with Kendra, she was always open to me praying with her, and sometimes her life was very overwhelming. She reconciled with the father of her baby but he was in jail for most of her pregnancy. There were many times when Kendra felt like she was drowning. At those times the only thing-- the best thing-- to do

was pray. So we did. I remember the day we met in the parking lot at True Care and cried out to God, asking Him to help Kendra rise above the waves and to place her in the center of the storm, where it is calm. We prayed for Kendra to have the strength to continue to put one foot in front of the other and push forward.

My favorite part of our conversations was hearing the excitement in her voice as she let me know how many days clean she was. It warmed my heart. Sixty-seven days.....99 days.....144 days. I would share this with the True Care staff and we would all pray for Kendra.”

During this time she progressed from no visits with her daughter to supervised visits, to unsupervised visits. Maria is now back full-time in Kendra’s care. Her boyfriend was released from jail and is very supportive. She is always grateful and often tells me, “You have made my life so much easier.”

Every day matters. Steps forward matter. Counting those steps of progress in our lives matters to God. Proverbs 16:9 says “We can make our plans, but the Lord determines our steps.” Sometimes those steps are uphill, hard and slow, but if we stay close to the Lord we will always know we are going in the right direction.

“If I hadn’t come to True Care for this pregnancy I probably would still be doing drugs. I wouldn’t have continued with my counseling or worked with DFS and probably wouldn’t have gotten my daughter back. I am truly blessed to have you in my life. What you do for women is amazing. This new baby, (Eva), helped me find the broken pieces of me, and you helped me put them all back together.”

I am so proud of Kendra. During my most recent call she shared that she was 252 days clean! I continue to encourage her and we all continue to pray for this precious little family.

*The Resource Program is open to all True Care patient and officially began in January 2013. During this time Cheryl has enrolled 923 patients in the program and made more than 6119 patient contacts. She has completed 956 Medicaid applications. So far, 679 babies have been born to women who enrolled in the program.*



## What Our Patients Say about us:

I liked that I was treated with respect and care.

I was comfortable and my advocate and nurse talked me through the appointment

The staff were very reassuring and answered all my questions and concerns.

I loved all the resources I was given.



## Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

January	February	March
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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January  
Jan 7 Thelma Mollman  
Jan 9 Keith and Beth Nachbar  
Jan 10 John and Aumi Perry  
Jan 13 Hans Perry  
Jan 15 Anja Perry  
Jan 19 Pat and Ida Mae Jackson  
Jan 21 Rich and Mary Boettcher  
Jan 22 St. Anthony's Catholic Church

February  
Feb 1 Sandy Miller  
Feb 14 Norm Brown  
Feb 15 John and Sue Bauder  
Feb 23 Mary Haataja and Lisa Scott  
Feb 24 Gerise Vignaroli

March  
Mar 7 Fred and Mary Crockett  
Mar 11 Wayne and Stacie Heili  
Mar 13 Brad & Dawn Clair  
Mar 16 Grace Reformed Church  
Mar 25 Rob and Anne Boner  
Mar 26 Highland Park Church

April  
Apr 8 Daniel and Crystal Galles  
Apr 13 Kelly and Isaac Kalinowski,  
Kendell and Christy Kroeker

Apr 14 Brad & Lynn Johnson  
Apr 17 Stuart and Melissa Youmans,  
Paula Knudson  
Apr 20 Alex and Sibylle Smith  
Apr 21 Todd and Denise Murphy,  
Kyle & Caridee True  
Apr 23 John and Joyce Ewing

May  
May 1 Johnnie and Rita Dean  
May 3 Mike and Terry Cometto  
May 9 Restoration Church,  
Scott and Jessica Baxter  
May 17 Christ Convergence Church

May 18 Dean and Teresa Dick  
May 19 Dave and Barb Martin  
May 28 Rex & Heather Graham  
May 30 Gene and Marty Robinson

June  
Jun 5 Chris and Julie Perry  
Jun 9 KC and Shelley LeClere  
Jun 12 Dave and Donna Shellenberger

Jun 13 Damon & Sarah Green  
Jun 15 Brian and Jennifer Frausto  
Jun 17 House of Our Shepherd  
Jun 18 River of Life Ministries  
Jun 23 Warren and Elva Malsom

July  
Jul 4 Nic and Michelle Eskew  
Jul 10 Louisa and Justin Rogers  
Jul 11 Steven and Brice Perry  
Jul 12 Tim and Lisa Burrigge  
Jul 13 Kevin and Julie Murphy,  
Jeff and Monica Johnson  
Jul 15 Ghazi & Kareem Ghanem  
Jul 16 Kelsey and Joshua Underwood  
Jul 17 Steve and Megan Boomgarden  
Jul 27 Basic Fellowship  
Jul 28 Rob and Anne Boner  
Jul 30 Kent and Donna Macklin  
Jul 31 Rob and Angela Hensley

August  
Aug 7 Steve and Terry Winship  
Aug 9 Githens Family  
Aug 10 Ken and Marilyn Neal  
Aug 14 Ron and Joni Kumor  
Aug 16 Tom and Marilyn Crull  
Aug 20 Randy and Erin Wesnitzer  
Aug 30 Steve and Mary Sandborgh  
Aug 31 Brian and Nicole Boner

September  
Sep 3 Robert and Celia Kirkwood  
Sep 5 Bret and Courtney Ladenburger  
Sep 8 Todd and Jen Titus  
Sep 10 Mitch and Lilly Zimmerman  
Sep 17 Rob and Anne Boner  
Sep 28 Wanda Klietz

October  
Oct 4 Gary and Patty Hines  
Oct 7 Albert and Becky Lundblade  
Oct 15 Don and Louise Patton,  
Mark and Beth Ayen  
Oct 18 Ron and Julie Catellier  
Oct 20 Don Basko  
Oct 22 Ken and Sara Capasso,  
Arlie and Neva Bodin  
Oct 23 Kelly and Michael Hudson  
Oct 24 Allen and Christine Frude  
Oct 28 Joe and Tina Benson  
Oct 31 Josh & Kate Kalinowski,  
Jim and Peggy Price

November  
Nov 1 Becky Duffey  
Nov 3 Restoration Church  
Nov 5 Seth and Ashley Tubbs  
Nov 11 Jim and Sue Glover  
Nov 11 & 12 Cornerstone Church  
Nov 13 John Lichty and Jennifer Gladson  
Nov 14 Greg and Nita Balser  
Nov 18 Elsa Perry  
Nov 20 Tim and Judy Schenk,  
Sam and Stacia Vigneri  
Nov 22 Ryan and Karen Kelly,  
Bill and Mary England in  
memory of Ida Jackson  
Nov 23 Willie and Anne Fitzgerald  
Nov 26 Michael and Brittany Houck  
Nov 27 Janice Johnson  
Nov 28 Tom and Marilyn Crull  
Nov 29 John and Jeanne Brodrecht  
Nov 30 Mountain View Baptist Church

December  
Dec 2 Jerry & Vickie Obermueller  
Dec 6 Tom and Marilyn Crull  
Dec 8 Rick & Jenn Steffenhagen  
Dec 10 Peggy Walker  
Dec 14 Lane and Laura Smothers  
Dec 15 Terrance Davidson  
Dec 18 Jon and Sarah Olsen  
Dec 24 Wind City Church  
Dec 25 Casper Alliance Church  
Dec 29 Todd and Jen Titus  
Dec 30 St James Catholic Church



Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

### Volunteer Baby and Me Advocates and Follow Up Specialists

We are in need of Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Right now these meetings are taking place via Zoom. Follow-Up Specialists contact patients throughout their pregnancies. Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org)

### Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or [lilly@truecarecasper.org](mailto:lilly@truecarecasper.org).

### Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

### Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

### Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org) for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.  
True Care Women's Resource Center

PO Box 2346  
1746 S. Poplar Street  
Casper, WY 82602  
**307-472-2810**

Patient Website:  
[www.truecarecasper.org](http://www.truecarecasper.org)

Donor Website:  
[www.truecaregiving.net](http://www.truecaregiving.net)

### MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

### STAFF

Terry Winship, *President/CEO*  
Lilly Zimmerman, *Advancement Director*  
Gayle Irwin, *Patient Resources Director*  
Dr. Drew Woodward, *Medical Director*  
Sally Heyer, *Nurse Manager*  
Amber Zimmer, *Staff Nurse*  
Sara Beer, *Staff Nurse*  
Rebecca Tharp, *Program Director & Staff Nurse*  
Megan Boomgarden, *Staff Nurse*  
Jayme Grange, *Receptionist*  
Cheryl Flores, *Resource Coordinator*  
Jackie Melander, *Scheduler*  
Sasha Snidow, *Scheduler*  
Tori Speiser, *Scheduler*  
LeAnette Meyer, *Development Assistant & Receptionist*  
Jennifer Steffenhagen, *Patient Advocate*  
Barb Martin, *Patient Advocate*

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Teresa Dick  
Troy Grange



## Want to Sponsor A Day?

See the enclosed response card or call Lilly at 472-2810 ext 17.