



Caring Connection

Touching Many Lives in 2019

Patients With a Positive Pregnancy Test:	281
	(90%)
Ultrasound Scans: (includes repeat scans)	342
Sexually Transmitted Disease Tests:	240
Baby and Me Program Participants:	47
Resource Program Participants:	68
Abortion Recovery Program Participants:	1
Babies Saved:	220

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

Inside:

Pg 1: Lives Saved

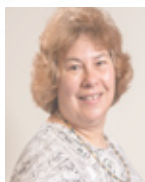
Pg 2: Can you say, "I'm in"?

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Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Lives Saved – A Special Christmas Gift



Gayle Irwin

by Gayle Irwin, Patient Resources Director

"I had a one-night stand," 32-year-old Cathy told her Advocate. "I already have kids and have been using meth. I'm clean now, but I'm concerned about damage that may have been done. I'm not in a good place emotionally or physically to have a baby right now."

Our patient was undecided as to the outcome of her pregnancy but was leaning toward abortion. She believed she would have support to continue from some family members. Cathy also believed in God and attended church. Her Advocate reminded her of God's promises from Scripture and provided her with a few Gospel brochures to read.

Her pregnancy test positive, Cathy was given an ultrasound. The image of her nearly 9-week unborn appeared on the screen. Seeing that image and her baby's heartbeat touched our patient's heart. Afterward, when asked by her Advocate her thoughts and feelings, Cathy responded, "I couldn't possibly have an abortion now."

She went on to tell her Advocate, "If I hadn't come here today, I would have made an appointment at an abortion clinic."

The day Cathy came in was the last day True Care was open before the Christmas break. We are thankful the Lord led her to make that scheduling call and that we had an opening. What a gift to us and our patient, saving Cathy and her unborn from the trauma and heart-ache of abortion!



I'm not in a good place emotionally or physically to have a baby right now.

Fourth Annual Hymn Sing for Life

Do the old-time hymns make you want to sing? If so, here's an event you won't want to miss! The Fourth Annual Hymn Sing for Life will take place on Sunday, March 29 from 4 to 5:30 pm in the chapel at Highland Park Community Church. A

free-will offering will be taken, and you can vote to have your favorite hymn played. Admission is free. Proceeds go to True Care. For more information call Terry at 473-2275.





*Terry Winship
President/CEO*

From the CEO



Can you say, "I'm in"?

We both know something about non-profit ministries: We rely on financial partners for our very existence.

It's not rocket science. We understand that with strong financial support, a ministry like ours thrives. We reach more who need us. More lives changed. And yes, more lives saved. Families are formed. Those we serve often take major steps of faith. It's exciting stuff.

And it all begins when someone says, at least financially speaking, **"I'm in."**

If you've read this far, you're probably "in." You believe in what we do. You care about the moms and dads who come in our door. And you believe their children's lives carry intrinsic value.

The only question now is, **"What is my number?"** Put another way, now that you are "in," what is the financial support level which demonstrates your strong commitment to those we see?

That's a question I can't answer. I don't know your checking account. I'm not delving into your budget, none of that.

But I've come to realize that if enough of us simply say, "I'm in" and then ask ourselves, "What is my number?" . . . this ministry will always have more than enough to serve everyone who needs us.

If you are already supporting us, you're certainly "In." No question. But perhaps, now is a good time to re-evaluate your answer to "What is my number?" Is it time to begin giving monthly? To add to your monthly investment? If so, now is the perfect time as we move into the spring months.

If you haven't yet had the chance to support us, this is your opportunity. We'd love to have you join our family of financial partners—the more the merrier, we always say.

Financial partnership is a powerful, tangible way of saying, "I'm with you. I'm in." To join us, simply go online to www.TrueCareGiving.net and there, you can post your answer to, "What's My Number?" We'd love to have you—and thank you in advance for being "In" with True Care Women's Resource Center.

Adopt a College Student Program Update

We have nine patients who are juggling new babies and college at the same time. All of these young ladies have been "adopted" by generous True Care donors who have agreed to pray for them and to purchase at least one text book or other item they need for school. Thanks to these donors, our patients are receiving support on their journey to better futures for themselves and for their babies.



For more information on the Adopt a College Student Program, contact Cheryl Flores at 307-472-2810 or cheryl@truecarecasper.org.

Donate to True Care - Get Discounted Tax Preparation

Come to **Eagles Soaring**, formerly Liberty Tax, on St. Patrick's Day, March 17, donate \$50.00 or more to True Care, and you will receive discounted tax preparation on that day. Eagles Soaring has chosen True Care as one of 5 nonprofits they are giving folks the opportunity to support. You simply need to specify True Care as the non-profit of your choice. For more information contact Eagles Soaring at 307-234-9705.

What our Patients Say about Us:

"I felt safe and cared for by the genuineness I experienced here."

"Everyone was very friendly, helpful and supportive."

"Loved the amazing staff! I got lots of helpful info."

"I liked how understanding everyone is."

Helping the Whole Family

by Cheryl Flores

Thank you for supporting True Care and making our work with families like Aspen's possible!



Cheryl Flores,
Resource
Coordinator

I have had the privilege of being True Care's Resource Coordinator since 2013, seven years of learning about and visiting all the great agencies and resources we have in Casper. Over these years I have completed 867 Medicaid applications. This means not just filling out the application but completing the whole process-- sending in birth certificates, social security cards and identifications, and verifying incomes. I become an authorized representative for each patient I assist with Medicaid. Being a patient's authorized representative means many calls to Medicaid on their behalf to resolve any issues with their coverage. Our patients usually need many other resources as well. I have submitted several food stamp applications, applied for housing, Head Start, daycares, and so much more. From the outside looking in, it may seem like this would become routine or monotonous. However, each patient is different, and each comes with complicated family dynamics. It is never just about filling out applications.

"It was not part of the plan to have another baby so soon"

Let me tell you about Aspen, a young, pregnant girl living at home with her mom. When I first met with this 17-year old she wasn't thrilled about being pregnant. This is her second baby. She delivered a boy at age 16 who is now 14 months old. She says it was not part of the plan to have another baby so soon. She dropped out of school in the 9th grade due to her first pregnancy. Some family members were encouraging her to abort, but Aspen said she could not go through with an abortion. She really wanted to move out on her own, but this is difficult as a minor. I was able

to enroll Aspen in True Care's Baby and Me, Too Program and set her up with WIC and several employment opportunities. I will continue to encourage her to finish her education. Aspen is very motivated to be the best mom she can be, and it is refreshing to witness her enthusiasm and her willingness to do the hard work needed for a better life.

Because Aspen is a minor, I had to coordinate some of her resources through her mother. This meant discussing and assessing the needs of her entire family. I assisted Aspen's mom in obtaining food stamps for the family and helped her replace missing social security cards and a birth certificate for Aspen's sibling. I also closely worked with Aspen's mom obtaining all the pay stubs needed for Medicaid and signing all the documents over several visits. We also set up an appointment for Aspen's 14-month old son to receive a developmental screening at the Child Development Center. It is important to address the needs of the whole family, not only the patient.



Managing documents for a family of five is a daunting task, but I truly consider it an honor to help the whole family. I have a very rewarding job. I am ready for another 800 Medicaid applications, but most of all I am excited to meet my next patient and her family.

The Resource Program is open to all True Care patient and officially began in January 2013. During this time Cheryl has enrolled 848 patients in the program and made more than 4,935 patient contacts. She has completed 867 Medicaid applications. So far, 614 babies have been born to women who enrolled in the program.

Welcome to our new receptionist!

Mary Sandborgh is no stranger to True Care—she has been a part of our volunteer team for many years and we are excited to have her now be a part of the paid staff.



Save lives by considering a gift of stock

Is it time to consider a gift of stock? Are you holding stocks which have appreciated? For a variety of reasons, you might be thinking of selling, and even giving a portion of the proceeds to True Care. Yet selling appreciated stocks means paying capital gains taxes on any profit. In these cases, making an outright gift of stock can benefit both you, and True Care.

Let's take the case of the Smiths, who purchased shares of WidgetsAreUs for \$1000 many years ago. Today, those shares are worth \$2,500. The Smiths want to give \$1,000 to True Care, and this may be their opportunity. Here are their options:

The Smiths could always sell the stock, but if they do, they face capital gains taxes on their profit of \$1,500. They will still come out ahead, but first they must pay taxes before they make their gift. But what if they gave the stock directly to True Care?

If they do, the Smiths receive a tax deduction on all \$2,500—with no capital gains taxes on their profit of \$1,500. And, they've turned their dream of giving \$1,000 to their favorite ministry into a gift of \$2,500.

Want to learn more? Call Terry at 307-473-2275 and we will get you in touch with our financial advisor, who can assist you in making your gifts go farther, benefitting you in the process.

Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

January	February	March
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
April	May	June
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July	August	September
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October	November	December
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January
Jan 7 Thelma Mollman
Jan 9 Keith and Beth Nachbar
Jan 10 John and Aumi Perry
Jan 13 Hans Perry
Jan 15 Anja Perry
Jan 19 Pat and Ida Mae Jackson
Jan 21 Rich and Mary Boettcher
Jan 22 St. Anthony's Catholic Church

February
Feb 1 Sandy Miller
Feb 14 Norm and Cathy Brown
Feb 15 John and Sue Bauder
Feb 23 Mary Haataja and Lisa Scott
Feb 24 Gerise Vignaroli

March
Mar 7 Fred and Mary Crockett
Mar 11 Wayne and Stacie Heili
Mar 13 Brad & Dawn Clair
Mar 16 Grace Reformed Church (half day)
Mar 25 Rob and Anne Boner
Mar 26 Highland Park Church

April
Apr 8 Daniel and Crystal Galles
Apr 10 Mark and Lesley Vigneri
Apr 13 Kelly and Isaac Kalinowski,
Kendell and Christy Kroeker
Apr 14 Brad & Lynn Johnson
Apr 17 Stuart and Melissa Youmans,
Paula Knudson
Apr 21 Todd and Denise Murphy,
Kyle & Caridee True
Apr 23 John and Joyce Ewing

May
May 1 Johnnie and Rita Dean
May 3 Mike and Terry Cometto
May 9 Restoration Church,
Scott and Jessica Baxter
May 18 Dean and Teresa Dick
May 19 Dave and Barb Martin
May 30 Gene and Marty Robinson

June
Jun 1 Wayne and Myrtie Peterson
Jun 5 Chris and Julie Perry
Jun 9 KC and Shelley LeClere
Jun 12 Dave and Donna Shellenberger
Jun 13 Damon & Sarah Green
Jun 15 Brian and Jennifer Frausto
Jun 17 House of Our Shepherd,
Jun 23 Warren and Elva Malsom

July
Jul 10 Louisa and Justin Rogers
Jul 11 Steven and Brice Perry
Jul 12 Tim and Lisa Burridge
Jul 13 Kevin and Julie Murphy,
Jeff and Monica Johnson
Jul 15 Ghazi & Kareen Ghanem
Jul 17 Steve and Megan Boomgarden
Jul 27 Basic Fellowship
Jul 28 Rob and Anne Boner
Jul 30 Kent and Donna Macklin
Jul 31 Brad and Joia Farmer,
Rob and Angela Hensley

August
Aug 7 Steve and Terry Winship
Aug 9 Githens Family
Aug 10 Ken and Marilyn Neal
Aug 14 Ron and Joni Kumor
Aug 16 Tom and Marilyn Crull
Aug 20 Randy and Erin Wesnitzer
Aug 30 Steve and Mary Sandborgh

September
Sep 3 Robert and Celia Kirkwood
Sep 5 Bret and Courtney Ladenburger
Sep 8 Todd and Jen Titus
Sep 10 Mitch and Lilly Zimmerman
Sep 17 Rob and Anne Boner
Sep 18 Allen and Lou Bruggman
Sep 28 Wanda Kietz

October
Oct 4 Gary and Patty Hines
Oct 7 Albert and Becky Lundblad
Oct 9 Lane and Laura Smothers
Oct 15 Don and Louise Patton,
Mark and Beth Ayeen

Oct 18 Ron and Julie Catellier
Oct 20 Don Basko
Oct 22 Ken and Sara Capasso,
Arlo and Neva Bodin
Oct 23 Kelly and Michael Hudson
Oct 24 Allen and Christine Frude
Oct 25 Dr. and Mrs. Sam Scaling
Oct 28 Joe and Tina Benson
Oct 31 Josh & Kate Kalinowski,
Jim and Peggy Price

November
Nov 1 Becky Duffey
Nov 3 Restoration Church
Nov 5 Seth and Ashley Tubbs
Nov 11 Jim and Sue Glover
Nov 11 & 12 Cornerstone Church
Nov 13 John Lichty and Jennifer Gladson

Nov 14 Greg and Nita Balser
Nov 18 Elsa Perry
Nov 20 Tim and Judy Schenk,
Sam and Stacia Vigneri
Nov 22 Ryan and Karen Kelly,
Bill and Mary England in
memory of Ida Jackson
Nov 23 Willie and Anne Fitzgerald
Nov 26 Michael and Brittany Houck
Nov 27 Janice Johnson
Nov 28 Tom and Marilyn Crull
Nov 29 John and Jeanne Brodrecht
Nov 30 Mountain View Baptist Church

December
Dec 2 Jerry & Vickie Obermueller
Dec 6 Tom and Marilyn Crull
Dec 8 Rick & Jenn Steffenhagen
Dec 10 Peggy Walker
Dec 14 Lane and Laura Smothers
Dec 15 Terrance Davidson
Dec 18 Jon and Sarah Olsen
Dec 24 Wind City Church
Dec 25 Casper Alliance Church
Dec 27 Mark and Lesley Vigneri
Dec 29 Todd and Jen Titus
Dec 30 St James Catholic Church



Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Volunteer Patient Advocates and Baby and Me Advocates

We are in need of advocates to be part of the initial pregnancy test appointment as well as Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities.
307-472-2810 or
gayle@truecarecasper.org

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.
True Care Women's Resource Center

PO Box 2346
1746 S. Poplar Street
Casper, WY 82602
307-472-2810

Patient Website:
www.truecarecasper.org

Donor Website:
www.truecaregiving.net

MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

Terry Winship, *President/CEO*
Lilly Zimmerman, *Advancement Director*
Gayle Irwin, *Patient Resources Director*
Dr. Drew Woodward, *Medical Director*
Sally Heyer, *Nurse Manager*
Amber Zimmer, *Staff Nurse*
Sara Beer, *Staff Nurse*
Rebecca Tharp, *Program Director & Staff Nurse*

Megan Boomgarden, *Staff Nurse*
Mary Sandborgh, *Receptionist*
Cheryl Flores, *Resource Coordinator*
Jackie Melander, *Scheduler*
Sasha Snidow, *Scheduler*
Tori Speiser, *Scheduler*
LeAnnette Meyer, *Development Assistant & Receptionist*
Jennifer Steffenhagen, *Patient Advocate*

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Aaron Rodolph, *Vice Chairman*
Lisa Scott, *Secretary*
Jen Titus, *Treasurer*
Reed Aivazian
Teresa Dick
Troy Grange



Want to Sponsor A Day?

See the enclosed response card or call Lilly at 472-2810 ext 17.