

Touching Many Lives

Jan thru Oct 2018

Patients With a Positive Pregnancy Test:	236
	(88%)
Ultrasound Scans: (includes repeat scans).....	295
Sexually Transmitted Disease Tests:	134
Baby and Me Program Participants:	54
Resource Program Participants:	45
Abortion Recovery Program Participants:	2
Babies Saved:	180

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

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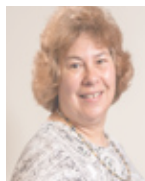
Pg 4: Top 5 Needs

Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Thank you for giving to True Care. You make a difference!

Emily's Decision

by Gayle Irwin, Patient Resources Director



Gayle Irwin

"I'm really scared about being a single mom to another child – this is my third pregnancy," said 25-year-old Emily. "I had post-partum depression with my last pregnancy, and my boyfriend of two years left me for someone else."

In addition to that heartbreak and rough time after the birth of her last child, Emily said she worked long, irregular hours at her job.

"I feel I'm not there enough for my kids," she told her Advocate.

She was undecided as to the outcome of this pregnancy. She did state she didn't think anyone would support a decision to abort and that the father of her unborn wanted her to parent.

"It's just overwhelming," Emily said.

After learning her pregnancy test was positive, Emily agreed to an ultrasound. Although tiny, at 5 weeks 6 days, the image of the little one's beating heart impacted the young woman.

"Oh, my gosh – that's so cool!" she said.

Afterward, her Advocate went over her pregnancy options. Emily didn't want to hear the information on abortion.

"I'm not going to do that. It's all going to be a crazy time, but I'm going to parent," she said.

Ultrasound makes a big difference, tugging at mothers' hearts.

Adopt a College Student Program

We have four patients who are juggling new babies and college at the same time. All of these young ladies have been "adopted" by generous True Care donors who have agreed to pray for them and to purchase at least one text book or other item they need for school. Thanks to these donors, our patients are receiving support on their journeys to better futures for themselves and for their babies. For more information on the Adopt a College Student Program, contact Cheryl Flores at 307-472-2810 or cheryl@truecarecasper.org.



Emily didn't want to hear information on abortion.



Terry Winship
President/CEO

From the CEO



Something Larger than Us

At True Care we're not only serving our community, but we are part of something much bigger than just us. Across this country are more than 2,700 pregnancy help organizations and together, we have a lot of good news to share.

The Charlotte Lozier Institute, the research arm of the Susan B. Anthony List pro-life political action committee, recently released a report on pregnancy help organizations like ours, [A Half Century of Hope: A Legacy of Life and Love](#).

In this report are some amazing facts, showing we—America's pregnancy help organizations—are impacting this country beyond anything we might imagine.

For instance, in 2017, America's pregnancy help organizations served nearly two million people, saving our communities more than \$161 million through providing free services. Our organizations provided more than 400,000 ultrasounds last year, more than 1,000 every day of the year.

In addition, 295,100 moms and dads attended parenting classes at our centers last year, giving them confidence to become the parents God wants them to be.

And, 24,100 women and men received post-abortion recovery assistance—as we reach out to those searching for healing and hope after abortion.

More than 67,000 volunteers—including 7,500 medical professionals—serve in our centers, making our organizations among the most volunteer-supported in the country.

There is more in the report, much more. But the bottom line? At last count, America's abortion rate, at 14.6 per 1000 women aged 15-44, is now below what it was in 1973 (16.3 per 1000). We're having an impact, and we're only getting warmed up.

Thank you for supporting our work—you are making a difference in the lives of those we see here in Casper, Central Wyoming, and across the country as well.

**You are
making a
difference!**

#GIVING
TUESDAY

**Will YOU do good on
#GIVING TUESDAY?**

We're kicking off our year-end campaign on November 27, #GIVING TUESDAY. We need to raise \$10,000.00 on one day, #GIVING TUESDAY! That's 29% of our campaign goal. And everything you give will be matched up to \$7,000.00! (Don't forget to ask your employer if they will match your gift, too!)

Of course, the best return on investment is the babies saved from abortion--more than 170 so far this year! Go to TrueCare-Giving.net and let us hear from you on November 27, #GIVING TUESDAY.

Change a Life in Just a Few Minutes

YOU can make a lasting impact for True Care and our vital mission. Here's how: It is easy to name True Care as a beneficiary of one of your assets, such as your retirement plan or life insurance policy. This is a popular gift because you can set it up by yourself. There's no need to use the services of an attorney or financial advisor. Just follow these simple steps:

1. Contact the administrator of your retirement plan, insurance policy or bank account for a change-of-beneficiary form or download one from your provider's website.
2. Decide what percentage of the account you wish to give to True Care and name us, along with the stated percentage, on the form. (Note: our corporate name is The Caring Center, Inc)
3. Sign and return the form to your plan administrator or insurance company.
4. Key Benefit: Beneficiary designations offer built-in peace of mind. Your current budget isn't affected because you make the gift after your lifetime, and you can change your mind at any time.

Making a Difference Fundraising Dessert



This year's Dessert was a huge success!

Thanks to those who underwrote the costs of this event: Stratton Real Estate, Don and Suzi Cooper, Women's Health Associates, Bob and Celia Kirkwood, Hilltop National Bank, Dean and Teresa Dick, Tim and Lisa Burrridge, John Lichty and Jennifer Gladson, Modern Electric, Wyoming Bootlegger Liquors, Gear Up, Drew and Jane Woodward, Coldwell Banker, The Legacy Group and MC Roofing.

God's Timing

by Cheryl Flores

God orchestrated all of the details of Elisa's visit - even down to prompting you to give so that we could have the resources to help her. Thank you for listening and giving to True Care!



Cheryl Flores,
Resource
Coordinator

I am a sleepwalker, have been since I was a child. One night I fell out of bed but didn't wake up. I just climbed back into bed. A few days later I experienced severe pain in my right rib. I had no idea what was causing it, until my husband informed me of my fall. The pain was so great I decided to get an x-ray to make sure nothing was broken. I left work early one day for an appointment with my doctor. Good news-- no fracture, just bruising.

Going to the doctor meant I missed an appointment with Elisa, a patient who was abortion-determined. She was re-scheduled to see me the very next day.

When I met with this 27-year-old first-time mom I didn't do the normal paperwork because she was determined to have an abortion. We were able to just talk for the full hour.

Sometimes God does things that blow your socks off!

She listed all her reasons for choosing abortion. "I know it is wrong to kill, but this is the wrong guy. I have a long-term relationship with my boyfriend, but I had a one night stand and this is not my boyfriend's baby. I do not have a good job, I have no support in town and no health insurance. I do want to be a mom at some point in my life, but I want a career before I have a baby." I could see the internal tension she was experiencing.

I shared my abortion story with her. I told her I didn't believe that God would create a life just to destroy it-- that He is a God of creation, not destruction. When I asked if she had any questions regarding my abortion she asked, "What was it that was eating at you after your abortion?" I told her that my abortion never left me and it constantly ate at me. When the subject of abortion came up in conversation, I would immediately feel shame, regret and guilt. Every time the date

of the abortion or the baby's due date came around I was sad. I told her it also led to my depression and substance abuse.

I suggested to Elisa that this was her chance to be a mother. I assured her we could walk through the next 9 months together and deal with each one of her concerns. I offered to help with health insurance, job training, and even with finding support and education.

Elisa left my office still undecided, but she did allow me to pray for her. I tried to call her in the next few weeks, but couldn't reach her. She did not return my calls. I figured she had the abortion after all. We continued to pray for her as a staff. Then, 27 days after we first met, she called me back. She said, "I have changed my mind. You helped me a lot. I thought about everything you said and I want to meet with you again to talk about all those resources you mentioned."

Sometimes God does things that blow your socks off. Genesis 50:20 says "You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives." God knew all about my doctor's appointment and x-ray and He made the timing just right for this new mother to see me when I could just talk, listen and pray with her. I think God has big plans for this patient and the little life within her, and I am so humbled to be a part of the story.

The Resource Program is open to all True Care patients and officially began in January 2013. During this time Cheryl has enrolled 764 patients in the program and made more than 3,976 patient contacts. She has completed 714 Medicaid applications. So far, 515 babies have been born to women who enrolled in the program.



What our Patients Say about Us:

"Non-judging" "Very professional" "It is a kind, safe environment" "You are the friendliest people ever!"

"You provide a therapeutic environment for those unsure of what the next step is." "Caring, compassionate staff."

Thanks to the More Than 90 True Care Partners Who Have Sponsored A Day

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January
Jan 7 Thelma Mollman
Jan 9 Keith and Beth Nachbar
Jan 10 John and Aumi Perry
Jan 13 Hans Perry
Jan 15 Anja Perry
Jan 19 Pat and Ida Mae Jackson
Jan 21 Rich and Mary Boettcher
Jan 22 St. Anthony's Catholic Church

February
Feb 1 Sandy Miller
Feb 14 Norm and Cathy Brown
Feb 18 Dr. Martin Ellbogen
Feb 23 Mary Haataja and Lisa Scott
Feb 24 Gerise Vignaroli

March
Mar 7 Fred and Mary Crockett
Mar 11 Wayne and Stacie Heili
Mar 16 Grace Reformed Church (half day)
Mar 25 Rob and Anne Boner
Mar 26 Highland Park Church

April
Apr 8 Daniel and Crystal Galles
Apr 10 Mark and Lesley Vigneri
Apr 13 Kelly and Isaac Kalinowski
Apr 17 Stuart and Melissa Youmans
Apr 21 Todd and Denise Murphy
Apr 23 John and Joyce Ewing

May
May 1 Johnnie and Rita Dean
May 3 Mike and Terry Cometto
May 5 Mark and Lesley Vigneri
May 9 Restoration Church
May 18 Dean and Teresa Dick

May 19 Dave and Barb Martin
May 30 Gene and Marty Robinson
June
Jun 1 Wayne and Myrtie Peterson
Jun 5 Chris and Julie Perry
Jun 9 KC and Shelley LeClere
Jun 12 Dave and Donna Shellenberger
Jun 15 Brian and Jennifer Frausto
Jun 17 House of Our Shepherd
Jun 23 Warren and Elva Malsom

July
Jul 10 Louisa and Justin Rogers
Jul 11 Mark and Julie Neese, Steven and Brice Perry
Jul 12 Tim and Lisa Burridge
Jul 13 Kevin and Julie Murphy
Jul 17 Steve and Megan Boomgarden
Jul 19 Bill and Cathy Bounds
Jul 27 Basic Fellowship
Jul 28 Rob and Anne Boner
Jul 30 Kent and Donna Macklin
Jul 31 Chester and Diana Wallace, Brad and Joia Farmer, Rob and Angela Hensley, Christian Church of Casper

August
Aug 7 Steve and Terry Winship
Aug 8 & 13 Terry and Dama Matchett
Aug 9 Githens Family
Aug 10 Ken and Marilyn Neal
Aug 14 Ron and Joni Kumor
Aug 16 Tom and Marilyn Crull
Aug 20 Randy and Erin Wesnitzer
Aug 30 Steve and Mary Sandborgh

September
Sep 3 Robert and Celia Kirkwood
Sep 5 Bret and Courtney Ladenburger
Sep 8 Todd and Jen Titus
Sep 10 Mitch and Lilly Zimmerman
Sep 17 Rob and Anne Boner
Sep 18 Allen and Lou Bruggman
Sep 28 Wanda Kliezt

October
Oct 4 Gary and Patty Hines
Oct 7 Al and Becky Lundblade
Oct 9 Lane and Laura Smothers
Oct 13 Remy and Mary Larson
Oct 15 Don and Louise Patton
Oct 15 Mark and Beth Ayen
Oct 20 Don Basko
Oct 22 Ken and Sara Capasso
Oct 23 Kelly and Michelle Hudson
Oct 24 Allen and Christine Frude
Oct 25 Dr. and Mrs. Sam Scaling
Oct 28 Joe and Tina Benson
Oct 31 Josh & Kate Kalinowski
Jim and Peggy Price

November
Nov 1 Becky Duffey
Nov 3 Restoration Church
Nov 5 Seth and Ashley Tubbs
Nov 11 Jim and Sue Glover
Nov 11 & 12 Cornerstone Church
Nov 13 John Lichty and Jennifer Gladson
Nov 14 Greg and Nita Balser
Nov 18 Elsa Perry
Nov 20 Tim and Judy Schenk
Nov 22 Ryan and Karen Kelly
Nov 23 Willie and Anne Fitzgerald
Nov 26 Michael and Brittany Houck
Nov 27 Janice Johnson
Nov 28 Tom and Marilyn Crull
Nov 29 John and Jeanne Brodrecht
Nov 30 Mountain View Baptist Church

December
Dec 6 Tom and Marilyn Crull
Dec 10 Peggy Walker
Dec 14 Lane and Laura Smothers
Dec 18 Jon and Sarah Olsen
Dec 19 Mt. View Baptist Church
Dec 24 Wind City Church
Dec 25 Casper Alliance Church
Dec 27 Mark and Lesley Vigneri
Dec 29 Todd and Jen Titus
Dec 30 St. James Catholic Church

TOP
5
Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Volunteer Patient Advocates and Baby and Me Advocates

We are in need of advocates to be part of the initial pregnancy test appointment as well as Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Contact our Patient Resources

Director, Gayle Irwin, for more information about these volunteer opportunities.
307-472-2810 or
gayle@truecarecasper.org

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care.

Or—we can come to your office or church!

Contact Lilly for more information at 472-2810 or
lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or
gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.
True Care Women's Resource Center

PO Box 2346
1746 S. Poplar Street
Casper, WY 82602
307-472-2810

Patient Website:
www.truecarecasper.org

Donor Website:
www.truecaregiving.net

MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

Terry Winship, *President/CEO*
Lilly Zimmerman, *Advancement Director*
Gayle Irwin, *Patient Resources Director*
Dr. Drew Woodward, *Medical Director*
Sally Heyer, *Nurse Manager*
Amber Zimmer, *Staff Nurse*
Sara Beer, *Staff Nurse*
Rebecca Tharp, *Program Director & Staff Nurse*
Kathy Clore, *Receptionist*
Cheryl Flores, *Resource Coordinator*
Jackie Melander, *Scheduler*
Ashely Tubbs, *Scheduler*
Christie Hilde, *Scheduler*
LeAnnette Meyer, *Development Assistant*
Jennifer Steffenhagen, *Patient Advocate*

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Want to Sponsor A Day?

See the enclosed response card or call Lilly at 472-2810 ext 17.

