Finding Help and Support by Finding True Care
by Gayle Irwin, Patient Resources Director

“I’ve been a single mom since my son was born nearly 12 years ago,” 35-year-old Karen told her Advocate. “I know how hard it can be, and though it was a shock when the home pregnancy test read positive, I’m more okay with the idea now. He’s not, though.”

She went on to tell her Advocate that her boyfriend claimed the baby isn’t his and they broke up.

“I was hurt and I was angry,” our patient said. “But, it’s probably all for the better. I’ve done this alone before and I can do it again. I’ll be starting over, but I can do it. Plus, I have a great family, my sister and parents, and very good friends, so I’ll have good support.”

Upon having a positive pregnancy test, Karen was given an ultrasound, where she saw her 6-week-old unborn on the screen. The Advocate noted our patient smiled at the image.

When the two reconvened in the consulting room and the Advocate asked how she felt, Karen responded, “Good. Seeing the ultrasound makes the pregnancy more real.”

In addition to her family and friends for support, the Advocate asked Karen if she had a faith family. She learned our patient attended a local church and that she knew Jesus. The Advocate encouraged her to build upon her faith through Scripture and devotion reading. She also encouraged her to remember Jeremiah 29:11.

“God has a purpose and a plan for your life, even in the midst of this unexpected situation,” our Advocate said.

The Nurse scheduled Karen an appointment with our Resource Coordinator while the Advocate provided our patient with a listing of community agencies and organizations that could be of help to her and her son during Karen’s pregnancy. Our patient left thanking both the Advocate and Nurse.

“I’m so glad I learned about True Care,” Karen said. “You are all so warm and welcoming and you provide so many great services. I appreciate your help very much.”

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.” Jeremiah 29:11
There are Heroes Among Us!

We’ve heard so much about heroes during this pandemic, which began in early March.

We all remember those days, when suddenly—within the blink of an eye—everything began closing down. Sports shuttered arenas, businesses locked their doors and “social distancing” became part of our vocabulary.

During these months, we recognized the unsung heroes behind the scenes who kept us safe. Nurses, doctors, first responders and so many others received their due for taking risks we once took for granted.

We’re thankful for all. For those who delivered our groceries, made sure we got from place to place, stocked our shelves and manned counters at stores and elsewhere. The list of these unsung heroes is almost too long to grasp.

Yet, there is one more group we’re so thankful for at True Care. We’re thankful for all who took—and are taking—an almost totally unnoticed step of faith, supporting us financially during this time.

Let’s be real: This hasn’t been an easy time for almost any of us. Yet, so many of you are sending in that extra check or jumping on our website and adding one more gift so that we can move forward and serve our patients during this unprecedented time.

These are our really unsung heroes. It is the person who hasn’t been affected financially by this pandemic and chose this time to be extraordinarily generous. It is the person who is struggling with the bills but took a step of faith and gave anyway. It is those who haven’t given before but understood that now is the perfect time to start.

And, it is those who have been giving for years. You chose to hang with us, no matter the obstacles. And we are thankful.

To all of you supporting us during this time, thank you. We needed you, and still do.

For those wondering if an investment in this work will make a difference, I promise you, it will. And should you choose to give, you will be another in our list of the many really unsung heroes who chose life during this challenging time.

To give, you can find us online at www.TrueCareGiving.net.

We’d love to hear from you.

Welcome, Barb!

Join us in welcoming Barb Martin, Patient Advocate! Barb is no stranger to True Care. She has been serving as a volunteer Patient Advocate for several years and is passionate about our mission. We are so pleased to have her join the paid staff.

Fall Fundraising Events: Different but Successful!

Our Making a Difference Fundraising In-Person Event was Tuesday, September 29. Due to social distancing, (we could only have about half the number of people we usually do), we also held an online event on Thursday, October 1. Several generous donors pledged a matching challenge of $31,500.00, which we are happy to report was met! We brought in $52,319.00 in cash and pledges at the in-person and $9,618.00 in cash and pledges at the online event. Underwriting and matching bring the total to more than $108,005.00. We are overwhelmed by God’s provision through you, His faithful people.

You Can Help Us Make Our Goal

#GivingTuesday

December 1, 2020

Do some good this Christmas season! True Care will again be a part of the national giving day, #GIVING TUESDAY. We need to raise $10,000.00 on one day, Tuesday, December 1, to kick off our year-end campaign. YOU can make us the FIRST choice for women in our community who see abortion as their best or only option AND help us make our one day goal!

All gifts given that day will be matched up to a total of $10,000.00!

Go to TrueCareGiving.net on Tuesday, Dec 1 or mail in your gift with #GIVING TUESDAY in the memo.
Cheryl Flores, Resource Coordinator

Working at True Care I often encounter women who do not realize their worth. It is hard to be face to face with someone who does not see she is precious in God’s sight. These women are completely unaware of the fact that they are beautifully and wonderfully made in God’s image.

Let me tell you about my meeting with Angel. Angel is a petite, mild-mannered 22 year old with blonde, curly hair. I had previously talked to Angel on the phone after she had come to True Care for her pregnancy test appointment, but this was our first time meeting face to face. She made little eye contact, and kept her head down, focusing on her hands in her lap.

Angel has a little boy, a toddler, who is not in her custody, but she is working on getting him back. Angel was undecided about the choice she would make regarding her pregnancy when she first came to True Care, but stated she has now decided to parent. We were meeting in person to enroll her in True Care’s Resource Program.

Angel works as an exotic dancer. She lives on the tips she earns. After paying a hefty weekly fee to the strip club, her take home pay is under $500.00 a month.

She told me she had no desire to change jobs, but did admit she will not be able to continue to dance once it becomes obvious she is pregnant. She shared that at times she worries about getting enough food to eat. She does not have a permanent residence and couch surfs because she can’t afford rent.

I helped Angel enroll in WIC (Women, Infants, and Children) and to apply for food stamps and housing. I gently reminded her that there are better work opportunities, and encouraged her to check out Climb Wyoming, a program that assists single moms in acquiring the skills needed to get better-paying jobs.

After meeting with Angel, I prayed, asking the Lord to show her how precious and beautiful she is, and that she is worth so much more than the change thrown at her feet.

I called Angel about a week later and learned that she had quit her exotic dancing job. Praise Jesus! This is the start of Angel realizing her worth. This is the start of beauty rising from ashes, and I am honored to play a part in the work God is doing in Angel’s life!

The Resource Program is open to all True Care patient and officially began in January 2013. During this time Cheryl has enrolled 908 patients in the program and made more than 5862 patient contacts. She has completed 940 Medicaid applications. So far, 661 babies have been born to women who enrolled in the program.
### Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

#### January
- Jan 7 Thelma Mollman
- Jan 9 Keith and Beth Nachbar
- Jan 10 John and Aimi Perry
- Jan 13 Hans Perry
- Jan 15 Anja Perry
- Jan 19 Pat and Ida Mae Jackson
- Jan 21 Rich and Mary Roettcher
- Jan 22 St. Anthony’s Catholic Church

#### February
- Feb 1 Sandy Miller
- Feb 14 Norm Brown
- Feb 15 John and Sue Bauder
- Feb 23 Mary Haataja and Lisa Scott
- Feb 24 Garrie Vignaroli

#### March
- Mar 25 Rob and Anne Boner
- Mar 16 Grace Reformed Church
- Mar 13 Brad & Dawn Clair
- Mar 7 Fred and Mary Crockett
- Feb 24 Gerise Vignaroli
- Feb 15 John and Sue Bauder
- Feb 14 Norm Brown
- Jan 22 St. Anthony’s Catholic Church
- Jan 21 Rich and Mary Roettcher
- Jan 15 Anja Perry
- Jan 10 John and Aumi Perry
- Jan 9 Keith and Beth Nachbar
- Jan 7 Thelma Mollman

#### April
- Apr 8 Daniel and Crystal Galles
- Apr 13 Kelly and Isaac Kalinowski, Kendell and Christy Kroeker
- Apr 14 Brad & Lynn Johnson
- Apr 17 Stuart and Melissa Youmans, Paula Knudson
- Apr 20 Alex and Shelby Smith
- Apr 21 Todd and Denise Murphy, Kyle & Caridee True
- Apr 23 John and Joyce Ewing

#### May
- May 1 Johnnie and Rita Dean
- May 3 Mike and Terry Comito
- May 9 Restoration Church, Scott and Jessica Baxter
- May 17 Christ Convergence Church

#### June
- Jun 15 John and Jeanne Reed Aivazian
- Jun 19 Pam and Robert Tidaback
- Jun 17 Steve and Megan Boomgarden
- Jun 15 Jerry & Vickie Obersmiller
- Jun 13 Charlene and Steve Cook
- Jun 12 Tim and Lisa Burridge
- Jun 11 Steven and Brice Perry

#### July
- Jul 4 Nic and Michelle Kikew
- Jul 10 Louise and Justin Rogers
- Jul 11 Kevin and Julie Murphy; Jeff and Monica Johnson
- Jul 15 Ghazi & Karen Ghanem
- Jul 17 Steve and Megan Boomgarden
- Jul 28 Rachel and Julie Smith
- Jul 23 John and Joa Farmer, Rob and Angela Hensley
- Jul 18 Dean and Teresa Dick
- Jul 19 Dave and Barb Martin
- Jul 30 Gene and Marty Robinson

#### August
- Aug 1研 and Jennifer Shellenberger
- Aug 17 Catalina and Jacob Abbott
- Aug 18 Don and Julie Catellier

#### September
- Sep 1研 and Jennifer Shellenberger
- Sep 17 Rob and Anne Boner

#### October
- Oct 1研 and Jennifer Shellenberger
- Oct 17 Mary and Bill Smith
- Oct 8 Gary and Patty Hines
- Oct 7 Albert and Becky Lundblad

#### November
- Nov 1研 and Jennifer Shellenberger
- Nov 1研 and Jennifer Shellenberger

#### December
- Dec 1研 and Jennifer Shellenberger
- Dec 1研 and Jennifer Shellenberger

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**Friends of True Care** are always asking how they can help. Here we’ve highlighted five specific needs that we could use a little help with so we can serve our patients well:

### Volunteer Baby and Me Advocates and Follow Up Specialists

We are in need of Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Right now these meetings are taking place via Zoom. Follow-Up Specialists contact patients throughout their pregnancies. Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-427-2810 or gayle@truecarecasper.org

**Vision Tour Hosts**

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour—a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 307-427-2810 or lilly@truecarecasper.org.

**Housekeeping Essentials**

Paper towels, toilet paper and garbage bags. Call 427-2610 for the best time to drop off these items.

### Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 427-2810, ext 10 for the best time to drop off this item.

**Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates**

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 427-2810 or gayle@truecarecasper.org for more information.