Women's Resource Center

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Touching Many Lives Jan. thru Sep. 2020

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)	Patients With a Positive Pregnancy Test:	
0	Ultrasound Scans: (includes repeat scans) 222	
Ď	Sexually Transmitted Disease Tests:	
0	Baby and Me Program Participants:	
0	Resource Program Participants:	
õ	Abortion Recovery Program Participants:	
ň	Babies Saved: 155	
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5	many from	~

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

Inside:

Pg 1: Finding True Care Pg 2: Heroes Among Us Pg 3: She Doesn't Know Pg 4: Top 5 Needs

Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Finding Help and Support by Finding True Care by Gayle Irwin, Patient Resources Director



"I've been a single mom since my son was born nearly 12 years ago," 35-yearold Karen told her Advocate. "I know how hard it can be, and though it was a shock when the home pregnancy test read positive, I'm more okay with the idea now. He's not, though."

Connect

Gayle Irwin

She went on to tell her Advocate that her boyfriend claimed the baby isn't his and they broke up.

"I was hurt and I was angry," our patient said. "But, it's probably all for the better. I've done this alone before and I can do it again. I'll be starting over, but I can do it. Plus, I have a great family, my sister and parents, and very good friends, so I'll have good support."



Fall 2020

Upon having a positive pregnancy test, Karen was given an ultrasound, where she saw her 6-week-old unborn on the screen. The Advocate noted our patient smiled at the image.

When the two reconvened in the consulting room and the Advocate asked how she felt, Karen responded, "Good. Seeing the ultrasound makes the pregnancy more real."

In addition to her family and friends for support, the Advocate asked Karen if she had a faith family. She learned our patient attended a local church and that she knew Jesus. The Advocate encouraged her to build upon her faith through Scripture and devotion reading. She also encouraged her to remember Jeremiah 29:11.

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"God has a purpose and a plan for your life, even in the midst of this unexpected situation," our Advocate said.

The Nurse scheduled Karen an appointment with our Resource Coordinator while the Advocate provided our patient with a listing of community agencies and organizations that could be of help to her and her son during Karen's pregnancy. Our patient left thanking both the Advocate and Nurse.

"I'm so glad I learned about True Care," Karen said. "You are all so warm and welcoming and you provide so many great services. I appreciate your help very much."

"For I know the plans I have for you." declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11



Terry Winship President/CEO





There are Heroes Among Us!

We've heard so much about heroes during this pandemic, which began in early March.

We all remember those days, when suddenly—within the blink of an eye—everything began closing down. Sports shuttered arenas, businesses locked their doors and "social distancing" became part of our vocabulary.

During these months, we recognized the unsung heroes behind the scenes who kept us safe. Nurses, doctors, first responders and so many others received their due for taking risks we once took for granted.

We're thankful for all. For those who delivered our groceries, made sure we got from place to place, stocked our shelves and manned counters at stores and elsewhere. The list of these unsung heroes is almost too long to grasp.

Yet, there is one more group we're so thankful for at True Care. We're thankful for all who took—and are taking—an almost totally unnoticed step of faith, supporting us financially during this time.

Let's be real: This hasn't been an easy time for almost any of us. Yet, so many of you are sending in that extra check or jumping on our website and adding one more gift so that we can move forward and serve our patients during this unprecedented time.

These are our really unsung heroes. It is the person who hasn't been affected financially by this pandemic and chose this time to be extraordinarily generous. It is the person who is struggling with the bills but took a step of faith and gave anyway. It is those who haven't given before but understood that now is the perfect time to start.

> And, it is those who have been giving for years. You chose to hang with us, no matter the obstacles. And we are thankful.

To all of you supporting us during this time, thank you. We needed you, and still do.

For those wondering if an investment in this work will make a difference, I promise you, it will. And should you choose to give, you will be another in our list of the many really unsung heroes who chose life during this challenging time.

To give, you can find us online at www.TrueCareGiving.net. We'd love to hear from you.

Welcome, Barb!

Join us in welcoming Barb Martin, Patient Advocate! Barb is no stranger to True Care. She has been serving as a volunteer Patient Advocate for several years and is passionate about our mission. We are so pleased to have her join the paid staff.



Fall Fundraising Events: Different but Successful!

Our Making a Difference Fundraising In-Person Event was Tuesday, September 29. Due to social distancing, (we could only have about half the number of people we usually do), we also held an online event on Thursday, October 1. Several generous donors pledged a matching challenge of \$31,500.00, which we are happy to report was met! We brought in \$52,319.00 in cash and pledges at the in-person and \$9,618.00 in cash and pledges at the online event. Underwriting and matching bring the total to more than \$108,005.00. We are overwhelmed by God's provision through you, His faithful people.

You Can Help Us Make Our Goal #GivingTuesday December 1, 2020

Do some good this Christmas season! True Care will again be a part of the national giving day, **#GIVING TUESDAY.** We need to raise \$10,000.00 on one day, Tuesday, December 1, to kick off our year-end campaign. **YOU** can make us the **FIRST** choice for women in our community who see abortion as their best or only option **AND** help us make our one day goal!

All gifts given that day will be matched up to a total of \$10,000.00!

Go to TrueCareGiving.net on Tuesday, Dec 1 or mail in your gift with #GIVING TUESDAY in the memo.



RODOLPH BROTHERS, INC. TREE CARE LAWN SERVICE LANDSCAPING

Welcome, Jayme!



Join us in welcoming Jayme Grange, our new receptionist! Jayme and her husband are pastors at Christ Convergence Church, the church in the front of the True Care building. Everyone who comes to True Care will enjoy Jayme's smile and her enthusiasm!

Thanks to those who underwrote the event costs:

Hilltop National Bank, Dr. and Mrs. Drew Woodward, Modern Electric, Next Step Design Solutions, Mr. and Mrs. Don Cooper, Davidson Mechanical, Stratton Real Estate, and Mr. and Mrs. Chris Perry.

New Tax Deductions Make it Easier to Give

The Coronavirus Aid, Relief, and Economic Security (CARES) Act was passed by Congress and signed into law March 27th, 2020. It includes charitable tax deductions for some taxpayers that are only available this tax year (2020).

The act offers a new universal deduction for charitable contributions of cash (it does not apply to donations of stock or noncash items). Those who do not itemize may deduct up to \$300 per taxpayer (\$600 for a married couple) in annual charitable contributions in 2020.

For 2020 only, the CARES Act allows those who itemize to deduct contributions up to 100% of their adjusted gross income. So, for example, if someone's AGI is \$100,000, they may deduct \$100,000 in charitable contributions and wipe out their income tax liability entirely. Donors who use this provision must tell the IRS. Any contributions in excess of total AGI may be carried forward for up to five additional years. Corporations may increase giving to 25% of their taxable income.

For more information contact your legal and/or tax advisor.

She Doesn't Know by Cheryl Flores Thank you for investing in these precious women. You are making a difference!



Cheryl Flores, Resource Coordinator

Working at True Care I often encounter women who do not realize their worth. It is hard to be face to face with someone who does not see she is precious in God's sight. These women are completely unaware of the fact that they are beautifully and wonderfully made in God's image.

Let me tell you about my meeting with Angel. Angel is a petite, mild-mannered 22 year old with blonde, curly hair. I had previously talked to Angel on the phone after she had

come to True Care for her pregnancy test appointment, but this was our first time meeting face to face. She made little eye contact, and kept her head down, focusing on her hands in her lap.

Angel has a little boy, a toddler, who is not in her custody, but she is working on getting him back. Angel was undecided about the choice she would make regarding her pregnancy when she first came to True Care, but stated she has now decided to parent. We were meeting in person to enroll her in True Care's Resource Program.

Angel works as an exotic dancer. She lives on the tips she earns. After paying a hefty weekly fee to the strip club, her take home pay is under \$500.00 a month.

She told me she had no desire to change jobs, but did admit she will not be

able to continue to dance once it becomes obvious she is pregnant. She shared that at times she worries about getting enough food to eat. She does not have a permanent residence and couch surfs because she can't afford rent.

I helped Angel enroll in WIC (Women, Infants, and Children) and to apply for food stamps and housing. I gently reminded her that there are better work opportunities, and encouraged her to check out Climb Wyoming, a program that



assists single moms in acquiring the skills needed to get better-paying jobs.

After meeting with Angel, I prayed, asking the Lord to show her how precious and beautiful she is, and that she is worth so much more than the change thrown at her feet.

I called Angel about a week later and learned that she had quit her exotic dancing job. Praise Jesus! This is the start of Angel realizing her worth. This is the start of beauty rising from ashes, and I am honored to play a part in the work God is doing in Angel's life!

The Resource Program is open to all True Care patient and officially began in January 2013. During this time Cheryl has enrolled **908** patients in the program and made more than **5862** patient contacts. She has completed **940** Medicaid applications. So far, **661** babies have been born to women who enrolled in the program.

Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

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May 30 Gene and Marty

Robinson

Jun 1 Myrtie Peterson

Jun 12 Dave and Donna Shellenberger

Jun 15 Brian and Jennifer

July Jul 4 Nic and Michelle Eskew

Jul 10 Louisa and Justin Rogers Jul 11 Steven and Brice Perry

Jul 12 Tim and Lisa Burridge

Jul 13 Kevin and Julie Murphy,

Jul 15 Ghazi & Kareen Ghanem

Jul 27 Basic Fellowship Jul 28 Rob and Anne Boner

Jeff and Monica Johnson

Jul 17 Steve and Megan Boomgarden

Jul 30 Kent and Donna Macklin

Rob and Angela Hensley

Jul 31 Brad and Joia Farmer.

Aug 9 Gitthens Family Aug 10 Ken and Marilyn Neal

Aug 14 Ron and Joni Kumor

Aug 16 Tom and Marilyn Crull

Aug 31 Brian and Nicole Boner

Aug 20 Randy and Erin Wesnitzer

Aug 30 Steve and Mary Sandborgh

Sep 3 Robert and Celia Kirkwood Sep 5 Bret and Courtney

Aug 7 Steve and Terry Winship

August

September

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January

- Jan 7 Thelma Mollman Jan 9 Keith and Beth Nachbar
- Jan 10 John and Aumi Perry
- Jan 13 Hans Perry Jan 15 Anja Perry
- Jan 19 Pat and Ida Mae Jackson
- Jan 21 Rich and Mary Boettcher
- Jan 22 St. Anthony's Catholic Church
- February
- Feb 1 Sandy Miller
- Feb 14 Norm Brown
- Feb 15 John and Sue Bauder
- Feb 23 Mary Haataja and Lisa Scott
- Feb 24 Gerise Vignaroli
- March Mar 7 Fred and Mary Crockett
- Mar 11 Wayne and Stacie Heili
- Mar 13 Brad & Dawn Clair Mar 16 Grace Reformed Church
- Mar 25 Rob and Anne Boner
- Mar 26 Highland Park Church

April

- Apr 8 Daniel and Crystal Galles Apr 13 Kelly and Isaac Kalinowski, Kendell and Christy Kroeker Apr 14 Brad & Lynn Johnson Apr 17 Stuart and Melissa Youmans, Paula Knudson Apr 20 Alex and Sibylle Smith Apr 21 Todd and Denise Murphy, Kyle & Caridee True Apr 23 John and Joyce Ewing May May 1 Johnnie and Rita Dean
- May 3 Mike and Terry Cometto May 9 Restoration Church, Scott and Jessica Baxter
- May 17 Christ Convergence Church
- Sep 8 Todd and Jen Titus Sep 28 Wanda Klietz

Ladenburger

May 18 Dean and Teresa Dick October May 19 Dave and Barb Martin Oct 4 Gary and Patty Hines Oct 7 Albert and Becky Lundblade Oct 15 Don and Louise Patton, Mark and Beth Aven Oct 18 Ron and Julie Catellier Jun 5 Chris and Julie Perry Jun 9 KC and Shelley LeClere Oct 20 Don Basko Oct 22 Ken and Sara Capasso, Arlo and Neva Bodin Oct 23 Kelly and Michaele Hudson Jun 13 Damon & Sarah Green Oct 24 Allen and Christine Frude Oct 28 loe and Tina Benson Oct 31 Josh & Kate Kalinowski, Jun 17 House of Our Shenherd Jim and Peggy Price Jun 18 River of Life Ministries November Jun 23 Warren and Elva Malsom

Nov 1 Becky Duffey Nov 3 Restoration Church Nov 5 Seth and Ashley Tubbs Nov 11 Jim and Sue Glover Nov 11 & 12 Conerstone Church Nov 13 John Lichty and Jennifer Gladson Nov 14 Greg and Nita Balser Nov 18 Elsa Perry Nov 20 Tim and Judy Schenk, Sam and Stacia Vigneri Nov 22 Ryan and Karen Kelly, Bill and Mary England in memory of Ida Jackson Nov 23 Willie and Anne Fitzgerald Nov 26 Michael and Brittany Houck Nov 27 Janice Johnson Nov 28 Tom and Marilyn Crull Nov 29 John and Jeanne Brodrecht Nov 30 Mountain View Baptist Church December Dec 2 Jerry & Vickie Obermueller Dec 6 Tom and Marilyn Crull Dec 8 Rick & Jenn Steffenhagen Dec 10 Peggy Walker Dec 14 Lane and Laura Smothers Dec 15 Terrance Davidson Dec 18 Jon and Sarah Olsen Dec 24 Wind City Church Dec 25 Casper Alliance Church Dec 29 Todd and Jen Titus Dec 30 St James Catholic Church



Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Volunteer Baby and Me Advocates and Follow Up **Specialists**

We are in need of Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Right now these meetings are taking place via Zoom. Follow-Up Specialists contact patients throughout their pregnancies. Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or gayle@ truecarecasper.org

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or-we can come to your office or church! Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc. True Care Women's **Resource** Center

PO Box 2346 1746 S. Poplar Street Casper, WY 82602

307-472-2810

Patient Website: www.truecarecasper.org

Donor Website: www.truecaregiving.net

MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

Terry Winship, President/CEO Lilly Zimmerman, Advancement Director Gayle Irwin, Patient Resources Director Dr. Drew Woodward, Medical Director Sally Heyer, Nurse Manager Amber Zimmer, Staff Nurse Sara Beer, Staff Nurse Rebecca Tharp, Program Director & Staff Nurse Megan Boomgarden, Staff Nurse Jayme Grange, Receptionist Cheryl Flores, Resource Coordinator Jackie Melander, Scheduler Sasha Snidow, Scheduler Tori Speiser, Scheduler LeAnnette Meyer, Development Assistant & Receptionist Jennifer Steffenhagen, Patient Advocate Barb Martin, Patient Advocate

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Matthew Shipman, Chairman Aaron Rodolph, Vice Chairman Lisa Scott, Secretary Jen Titus, Treasurer **Reed** Aivazian Teresa Dick **Troy Grange**



Sep 10 Mitch and Lilly Zimmerman Sep 17 Rob and Anne Boner Want to Sponsor A Day? See the enclosed response card or call Lilly at 472-2810 ext 17.

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