

# Caring Connection

**True Care**  
Women's Resource Center

*Rachel is just one of the young women that you have helped through your faithful support of True Care. Thank You!*

## Rachel's Story

by Gayle Irwin, Patient Resources Director



Rachel was almost 40 years old. She was referred to us by a friend. Although she had a job, she also had a child at home and as a single mother, struggled to make ends meet. She told her Advocate she had not told the father of her unborn she was pregnant and she didn't know what he would want her to do.

"He's not a nice guy," Rachel said.

That was one of the reasons she was planning to abort if indeed she was pregnant.

Rachel had experience with abortion, having chosen that option about two years ago. After learning her pregnancy test was positive, her caring Advocate discussed abortion and talked with her about the possibility of post-abortion

stress. Rachel began to cry. Her Advocate presented the Gospel and Rachel admitted she knew of the Lord but had "strayed away from my faith." Being reminded of Christ's love and forgiveness, Rachel said she believed and cried a bit more. She accepted the "Steps to Peace with God" brochure and a Bible and appeared a bit more at ease, her Advocate noted.

*she was planning to abort if indeed she was pregnant*

Our Nurse provided Rachel with an ultrasound, which showed the image of an eight-week-old. Our patient asked the Nurse several questions about development and heart rate. She seemed concerned and then happy to hear her unborn appeared healthy.

Rachel was given several community resources and the opportunity to return for a second ultrasound. She was also provided information on the Center's Baby & Me Program, which she said she would think about. Her Advocate also talked more in-depth about adoption and provided a few pamphlets on that option.

"It could be a good option," Rachel stated, "however, I don't think I could carry a baby for nine months and then just give it away."



Gayle Irwin

Our patient has many factors that make her vulnerable for abortion, and as determined as she was when she first came to see us, we are thankful she left undecided. The ultrasound, the resources, and her step forward into faith all played a role in helping her more thoroughly understand she has options other than abortion and she has support to either parent or create an adoption plan by enrolling in the Baby & Me Program. We will stay in touch with Rachel in the weeks to come to remind her we are here for her. Join us in praying for her and her unborn!

### Touching Many Lives Jan thru March

Patients With a Positive Pregnancy Test:.....	64
Ultrasound Scans: (includes repeat scans).....	101
Sexually Transmitted Disease Tests:.....	54
Baby and Me Program Participants:.....	42
Resource Program Participants:.....	109
Abortion Recovery Program Participants:.....	2
Babies Saved:.....	45

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

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*Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.*



**Terry Winship**  
President/CEO

# FROM THE CEO

## First We Are Friends

As a ministry such as ours grows, sometimes it is easy to get caught up in all of the endeavors with which we are involved; all of the people we are reaching. No doubt, these are all good and worthwhile to talk about.

Yet we never want to forget that at our core, this ministry is as simple as a group of friends, pulling together to reach out to those who need us at a critical time in their lives.

We categorize ourselves as board members, volunteers, staff members, patient advocates, donors, prayer partners and more. Foundational to all of these categories however, is that characterization which is most important: Friends.

Jesus had a word or two to say about friends, didn't he? In John 15, the Lord talks of how important it is to follow his command to love. Then in the 15th verse Jesus tells his disciples that because they follow the command to love each other, he calls them friends. Whew. Talk about having friends in high places; this had to be some moment, when Jesus gave these men "friend" status—a much higher status than anything Facebook can offer!

Our ministry is one of love. We love each other as we serve together in a mighty calling to literally shift a culture toward life in our community. In addition, we reach out in love to those who come in our door.

As we do so, we serve as friends.

These friendships form a bond across all lines. Friendships are not weighted down with divisions, they are united with a common purpose. Our friendships grow as we learn more about each other, pray for each other, hurt with each other and celebrate together.

Your role in this ministry could be one of the many listed above. Or, you may be wondering how you might become involved. If you want to know more, call me at 307-473-2275 or email me at [Terry@truecarecasper.org](mailto:Terry@truecarecasper.org). We look forward to joining with you.

After all, we're going to be great friends.

## What Happens to your IRA When you Die?

Important tax information to consider: IRAs are a great way to save for retirement, but what happens when you leave them to your loved ones? If you name anyone other than your spouse as beneficiary, this asset will be heavily taxed. Your IRA could provide an opportunity for you to leave a legacy to True Care and leave other assets that are not as heavily taxed to your heirs. As a nonprofit, we are tax-exempt, which means we can use 100% of your IRA. Here is how to get this process started;

1. Decide what percentage you would like True Care to receive.
2. Contact your IRA administrator for a change-of-beneficiary form.
3. Name True Care (our corporate name is The Caring Center, Inc) and the gift percentage on the form. Our tax ID # is 74-2458697.
4. Return the form to your IRA administrator.

If you have already arranged for a future gift, let Terry know! If not, we invite you to consider it. Contact Terry at 473-2275 or [terry@truecarecasper.org](mailto:terry@truecarecasper.org) for more information or mail in the enclosed response card.

## Be a Hero!

Join us for the Heroes Walk for Life  
Saturday, June 4.

The enclosed brochure has everything you need to become a sponsored walker. Register as an individual, family or group. Free pancake breakfast from 8:30 to 10:00am and fun activities for the kids after the walk. Wear your favorite super hero costume! Visit [www.TrueCareGiving.net](http://www.TrueCareGiving.net) to learn more. Our goal is to raise \$60,000.00 to save more women and unborn from abortion.



Thanks to: Ken Capasso—Stratton Real Estate, Platte Valley Bank, Meyer Construction, Bob and Celia Kirkwood, River Rock Dental, McCarty's Magic Carpet Cleaning, Women's Health Associates, Modern Electric, Aspen Ridge Dental, Josh Kalinowski--Coldwell Bank, the Legacy Group, Summit Medical Center, ABC Mini Storage, Lisa Burridge and Associates Real Estate for underwriting the costs of the walk.





## Baby Bottle Boomerang

Thanks to You it was a HUGE Success!

The Baby Bottle Boomerang Fundraiser takes place each year between Sanctity of Human Life Sunday in January and President's Day weekend. Families and individuals are encouraged to pick up a bottle at church and return it on President's Day weekend filled with coins, bills and/or checks. Thanks to you, more than \$29,000.00 was collected for our life-saving work!

The churches that participated were: Highland Park Community Church, Prince of Peace Lutheran, First Church of the Nazarene, Christ Convergence Church, Emmanuel Baptist, Faith Assembly of God, Our Lady of Fatima, St. Patrick's, St. Anthony's, Mt View Baptist, College Heights Baptist, Boyd Avenue Baptist, Casper Four Square, Casper Alliance, Hilltop Baptist, Christian Church of Casper, First Presbyterian, Paradise Valley Christian, Bar Nunn Baptist, Restoration Church, Cornerstone Church, Liberty Baptist, Trinity Lutheran, Mt Hope Lutheran and 7th Day Adventist. If you don't see your church listed please call us and we will be happy to contact your pastor about being involved.



Your gifts enabled us to help Veronica find the support she needs.

## Help for Veronica by Cheryl Flores

Thirty-three year old Veronica was pretty stressed out when she met with me to enroll in the Early Kin-Care program. This mother of twin boys and a young daughter had hoped her pregnancy test would be negative and this "pregnancy scare" would simply be over. To make matters worse, she was estranged from her abusive husband.

I was able to sign her up for Medicaid so she didn't have to worry about how she was going to pay for doctor visits and the delivery costs.

We worked on housing referrals and she was able to find a new place through section eight housing assistance. She moved in to her new place on Christmas Eve. I referred Veronica to the Self Help Center for support regarding her estranged husband. She enrolled in WIC and food stamp programs. Veronica was even able to find a minivan for her growing family. She used several of the food banks from the list I gave her when we first met.

I helped Veronica enroll in Casper College's Empower-Train-Employ Program and she now has a better paying job as an administrative assistant. I recently received this email from Ashley Mikels at Casper College: "Cheryl, I really appreciate all you do to support our community and the ETE Program at Casper College. We receive more referrals from you than from any other source. It demonstrates the level of service your team and True Care provide and your willingness to go above and beyond for the women and families you help. You rock!"

Veronica delivered a healthy baby girl weighing 7 lbs, 7 oz in March. When I met with her last month for her final appointment and to present her with her incentive item, (a \$50.00 gift card), she said "You have been a God-send! You helped me with housing, a new job, insurance and so much more. I cannot thank you enough."

**"You rock!"**

*The Early KinCare Program is open to all True Care patients. The program is funded by the Healthy Birth and Infant Brains Foundation and officially began in January 2013. During this time Cheryl has enrolled 551 patients in the program and made more than 2,405 patient contacts. She has helped 451 patients obtain insurance. So far, 348 babies have been born to patients who enrolled in the program.*



Cheryl Flores,  
Resource  
Coordinator

## What Our Patients Say About Us

**"It's free and excellent customer service."**

\*

**"Friendly and able to understand."**

**"Patient, non-judgmental, compassionate care."**

\*

**"Wonderful staff and experience!"**



## Thanks to the More Than 90 True Care Partners Who Have *Sponsored A Day*

January	February	March
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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October	November	December
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January  
Jan 7 Thelma Mollman  
Jan 9 Keith and Beth Nachbar  
Jan 10 John and Aumi Perry  
Jan 13 Hans Perry  
Jan 15 Anja Perry  
Jan 19 Pat and Ida Mae Jackson  
Jan 21 Art and Joy Sims,  
Rich and Mary Boettcher  
Jan 22 St. Anthony's Catholic Church

February  
Feb 14 Norm and Cathy Brown  
Terry and Dama Matchett  
Feb 18 Dr. Martin Ellbogen  
Feb 24 Gerise Vignaroli

March  
Mar 7 Fred and Mary Crockett  
Mar 11 Wayne and Stacie Heili  
Mar 12 Damon and Sarah Green  
Mar 16 First Presbyterian Church (half day)  
Mar 25 Rob and Anne Boner

April  
Apr 8 Daniel and Crystal Galles  
Terry and Dama Matchett  
Apr 10 Mark and Lesley Vigneri  
Apr 13 Kelly and Isaac Kalinowski  
Apr 17 Stuart and Melissa Youmans  
Apr 21 Todd and Denise Murphy

May  
May 1 Johnnie and Rita Dean  
May 3 Mike and Terry Cometto  
May 3 & May 25 Art and Joy Sims  
May 5 Mark and Lesley Vigneri  
May 9 Restoration Church  
Scott and Jessica Baxter  
May 16 Damon and Sarah Green  
May 18 Dean and Teresa Dick

June  
Jun 1 Wayne and Myrtie Peterson  
Jun 5 Chris and Julie Perry  
Jun 9 KC and Shelley LeClere  
Jun 12 Dave and Donna Shellenberger  
Jun 15 Brian and Jennifer Frausto  
Jun 17 House of Our Shepherd,  
Jun 23 Warren and Elva Malsom

July  
Jul 11 Mark and Julie Neese,  
Steven and Brice Perry  
Jul 12 Tim and Lisa Burrbridge  
Jul 17 Steve and Megan Boomgardner  
Jul 19 Bill and Cathy Bounds  
Jul 27 Basic Fellowship  
Jul 28 Rob and Anne Boner  
Jul 30 Kent and Donna Macklin  
Jul 31 Chester and Diana Wallace,  
Brad and Jola Farmer,  
Rob and Angela Hensley,  
Christian Church of Casper

August  
Aug 7 Steve and Terry Winship  
Aug 8 & 13 Terry and Dama Matchett  
Aug 9 Githens Family  
Aug 10 Ken and Marilyn Neal  
Aug 14 Ron and Joni Kumor  
Aug 16 Tom and Marilyn Crull  
Aug 20 Randy and Erin Wesnitzer  
Aug 24 Dan Hegarty  
Aug 26 Damon and Sarah Green  
Aug 30 Steve and Mary Sandborgh

September  
Sep 1 Mary Irby  
Sep 5 Bret and Courtney Laddenburger  
Sep 8 Todd and Jen Titus

Sep 10 Mitch and Lilly Zimmerman  
Sep 17 Rob and Anne Boner  
Sep 18 Allen and Lou Bruggman  
Sep 24 Art and Joy Sims  
Sep 28 Wanda Kliezt

October  
Oct 1 Dan and Christy Davis  
Oct 7 Al and Becky Lundblade  
Oct 9 Lane and Laura Smothers  
Oct 13 Remy and Mary Larson  
Oct 15 Don and Louise Patton  
Oct 20 Don Basko  
Oct 22 Ken and Sara Capasso  
Oct 23 Kelly and Michelle Hudson  
Oct 25 Dr. and Mrs. Sam Scaling  
Oct 28 Joe and Tina Benson  
Oct 31 Josh & Kate Kalinowski  
Jim and Peggy Price

November  
Nov 3 Restoration Church  
Nov 11 & 12 Conerstone Church  
Nov 14 Greg and Nita Balser  
Nov 18 Elsa Perry  
Nov 20 Tim and Judy Schenk  
Sam and Stacia Vigneri  
Nov 22 Ryan and Karen Kelly  
Nov 23 Willie and Anne Fitzgerald  
Nov 27 Janice Johnson  
Nov 28 Tom and Marilyn Crull  
Nov 29 John and Jeanne Brodrecht  
Nov 30 Mountain View Baptist Church

December  
Dec 6 Tom and Marilyn Crull  
Dec 14 Lane and Laura Smothers  
Dec 19 Mt. View Baptist Church  
Dec 25 Casper Alliance Church  
Dec 27 Mark and Lesley Vigneri  
Dec 29 Todd and Jen Titus  
Dec 30 St. James Catholic Church

## TOP 5 Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

### Sponsored walkers in our Heroes Walk for Life

The enclosed Heroes Walk for Life brochure has everything you need!

### Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour, a one-hour introduction to True Care.

**Or—we can come to your office or church!** Contact Lilly for more information at 472-2810, or [lilly@truecarecasper.org](mailto:lilly@truecarecasper.org).

### Volunteer Advocates, Receptionists, Follow-Up Specialists and Baby and Me Advocates

We are especially in need of Advocates and Follow-Up Specialists! Contact our Patient Resources Director, Gayle Irwin, for more info about these volunteer opportunities. 307-472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org)

### Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org) for more information.

### New Baby Supplies and Housekeeping Essentials

New baby clothing for boys and girls, bibs, size 1 diapers, wipes, etc are needed for the layettes we give to our mommies when they bring their babies in to meet us. We also need things like paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.  
True Care Women's Resource Center

PO Box 2346  
1746 S. Poplar Street  
Casper, WY 82602

307-472-2810

Patient Website:  
[www.truecarecasper.org](http://www.truecarecasper.org)

Donor Website:  
[www.truecaregiving.net](http://www.truecaregiving.net)

### MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

### STAFF

Terry Winship, *President/CEO*

Lilly Zimmerman,  
*Advancement Director*

Gayle Irwin,  
*Patient Resources Director*

Dr. Sam Scaling,  
*Medical Director*

Sally Heyer, *Nurse Manager*

Amber Zimmer, *Staff Nurse*

Rebecca Tharp,  
*Program Director & Staff Nurse*

Kathy Clore,  
*Receptionist*

Cheryl Flores, *Resource Coordinator*

Jackie Melander, *Helpline*

Jessica Fadel, *Helpline*

Christie Hilde, *Helpline*

LeAnnette Meyer,  
*Development Assistant*

### BOARD MEMBERS

Tom McCarthy, *Chairman*

Matthew Shipman, *Vice Chairman*

Joanna Anderson, *Treasurer*

Christy Davis, *Secretary*

Dama Matchett, Sue Struck,  
Sara Capasso, Mike Cavalier



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Enhancing Trust