Every number represents a person right here in our community that needed our help. Take a look at what you’ve made happen in recent months! Thank you for partnering with us.

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Because of the unique nature of our services, it’s important to protect our patients’ confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Rachel is just one of the young women that you have helped through your faithful support of True Care. Thank You!

Rachel’s Story
by Gayle Irwin, Patient Resources Director

Rachel was almost 40 years old. She was referred to us by a friend. Although she had a job, she also had a child at home and as a single mother, struggled to make ends meet. She told her Advocate she had not told the father of her unborn she was pregnant and she didn’t know what he would want her to do.

“He’s not a nice guy,” Rachel said. That was one of the reasons she was planning to abort if indeed she was pregnant.

Rachel had experience with abortion, having chosen that option about two years ago. After learning her pregnancy test was positive, her caring Advocate discussed abortion and talked with her about the possibility of post-abortion stress. Rachel began to cry. Her Advocate presented the Gospel and Rachel admitted she knew of the Lord but had “strayed away from my faith.” Being reminded of Christ’s love and forgiveness, Rachel said she believed and cried a bit more. She accepted the “Steps to Peace with God” brochure and a Bible and appeared a bit more at ease, her Advocate noted.

Our Nurse provided Rachel with an ultrasound, which showed the image of an eight-week-old. Our patient asked the Nurse several questions about development and heart rate. She seemed concerned and then happy to hear her unborn appeared healthy.

Rachel was given several community resources and the opportunity to return for a second ultrasound. She was also provided information on the Center’s Baby & Me Program, which she said she would think about. Her Advocate also talked more in-depth about adoption and provided a few pamphlets on that option.

“It could be a good option,” Rachel stated, “however, I don’t think I could carry a baby for nine months and then just give it away.”

Our patient has many factors that make her vulnerable for abortion, and as determined as she was when she first came to see us, we are thankful she left undecided. The ultrasound, the resources, and her step forward into faith all played a role in helping her more thoroughly understand she has options other than abortion and she has support to either parent or create an adoption plan by enrolling in the Baby & Me Program. We will stay in touch with Rachel in the weeks to come to remind her we are here for her. Join us in praying for her and her unborn!
First We Are Friends

As a ministry such as ours grows, sometimes it is easy to get caught up in all of the endeavors with which we are involved; all of the people we are reaching. No doubt, these are all good and worthwhile to talk about.

Yet we never want to forget that at our core, this ministry is as simple as a group of friends, pulling together to reach out to those who need us at a critical time in their lives.

We categorize ourselves as board members, volunteers, staff members, patient advocates, donors, prayer partners and more. Foundational to all of these categories however, is that characterization which is most important: Friends.

Jesus had a word or two to say about friends, didn’t he? In John 15, the Lord talks of how important it is to follow his command to love. Then in the 15th verse Jesus tells his disciples that because they follow the command to love each other, he calls them friends. Whew. Talk about having friends in high places; this had to be some moment, when Jesus gave these men “friend” status—a much higher status than anything Facebook can offer!

Our ministry is one of love. We love each other as we serve together in a mighty calling to literally shift a culture toward life in our community. In addition, we reach out in love to those who come in our door.

As we do so, we serve as friends.

These friendships form a bond across all lines. Friendships are not weighted down with divisions, they are united with a common purpose. Our friendships grow as we learn more about each other, pray for each other, hurt with each other and celebrate together.

Your role in this ministry could be one of the many listed above. Or, you may be wondering how you might become involved. If you want to know more, call me at 307-473-2275 or email me at Terry@truecarecasper.org. We look forward to joining with you.

After all, we’re going to be great friends.

FROM THE CEO

Be a Hero!

Join us for the Heroes Walk for Life Saturday, June 4.

The enclosed brochure has everything you need to become a sponsored walker. Register as an individual, family or group. Free pancake breakfast from 8:30 to 10:00am and fun activities for the kids after the walk. Wear your favorite super hero costume! Visit www.TrueCareGiving.net to learn more. Our goal is to raise $60,000.00 to save more women and unborn from abortion.

Thanks to: Ken Capasso—Stratton Real Estate, Platte Valley Bank, Meyer Construction, Bob and Celia Kirkwood, River Rock Dental, McCarty’s Magic Carpet Cleaning, Women’s Health Associates, Modern Electric, Aspen Ridge Dental, Josh Kalinowski—Coldwell Bank, the Legacy Group, Summit Medical Center, ABC Mini Storage, Lisa Burridge and Associates Real Estate for underwriting the costs of the walk.

What Happens to your IRA When you Die?

Important tax information to consider: IRAs are a great way to save for retirement, but what happens when you leave them to your loved ones? If you name anyone other than your spouse as beneficiary, this asset will be heavily taxed. Your IRA could provide an opportunity for you to leave a legacy to True Care and leave other assets that are not as heavily taxed to your heirs. As a nonprofit, we are tax-exempt, which means we can use 100% of your IRA. Here is how to get this process started;

1. Decide what percentage you would like True Care to receive.
2. Contact your IRA administrator for a change-of-beneficiary form.
3. Name True Care (our corporate name is The Caring Center, Inc) and the gift percentage on the form. Our tax ID # is 74-2458697.
4. Return the form to your IRA administrator.

If you have already arranged for a future gift, let Terry know! If not, we invite you to consider it. Contact Terry at 473-2275 or terry@truecarecasper.org for more information or mail in the enclosed response card.
Thirty-three year old Veronica was pretty stressed out when she met with me to enroll in the Early KinCare program. This mother of twin boys and a young daughter had hoped her pregnancy test would be negative and this “pregnancy scare” would simply be over. To make matters worse, she was estranged from her abusive husband.

I was able to sign her up for Medicaid so she didn’t have to worry about how she was going to pay for doctor visits and the delivery costs. We worked on housing referrals and she was able to find a new place through section eight housing assistance. She moved in to her new place on Christmas Eve.

I referred Veronica to the Self Help Center for support regarding her estranged husband. She enrolled in WIC and food stamp programs. Veronica was even able to find a minivan for her growing family. She used several of the food banks from the list I gave her when we first met.

I helped Veronica enroll in Casper College’s Empower-Train-Employ Program and she now has a better paying job as an administrative assistant. I recently received this email from Ashley Mikels at Casper College: “Cheryl, I really appreciate all you do to support our community and the ETE Program at Casper College. We receive more referrals from you than from any other source. It demonstrates the level of service your team and True Care provide and your willingness to go above and beyond for the women and families you help. You rock!”

Veronica delivered a healthy baby girl weighing 7 lbs, 7 oz in March. When I met with her last month for her final appointment and to present her with her incentive item, (a $50.00 gift card), she said “You have been a God-send! You helped me with housing, a new job, insurance and so much more. I cannot thank you enough.”

The Early KinCare Program is open to all True Care patients. The program is funded by the Healthy Birth and Infant Brains Foundation and officially began in January 2013. During this time Cheryl has enrolled 551 patients in the program and made more than 2,405 patient contacts. She has helped 451 patients obtain insurance. So far, 348 babies have been born to patients who enrolled in the program.
Thanks to the More Than 90 True Care Partners Who Have Sponsored A Day

January
- Jan 7: Thelma Mallman
- Jan 9: Keith and Beth Nachbar
- Jan 10: John and Aumi Perrry
- Jan 13: Raini Perry
- Jan 15: Anja Perry
- Jan 19: Pat and Ida Mae Jackson
- Jan 21: Art and Joy Sims
- Rich and Mary Boettcher
- Jan 22: R. Anthony’s Catholic Church

February
- Feb 14: Terry and Dama Matchett
- Feb 18: Dr. Martin Ellbogen
- Feb 24: Gerise Vignaroli

March
- Mar 25: Rob and Anne Boner

April
- Apr 8: Daniel and Crystal Galles
- Terryl and Dama Matchett
- Apr 10: Mark and Lesley Vignaroli
- Apr 13: Kelly and Isaac Kalinowski
- Apr 17: Stuart and Melissa Youmans
- Apr 21: Todd and Denise Murphy

May
- May 1: Johnnie and Rita Dean
- May 3 & 5: Art and Joy Sims
- May 5: Mark and Lesley Vignaroli
- May 9: Restoration Church
- Scott and Jessica Baxter
- May 16: Dannon and Sarah Green
- May 18: Dean and Teresa Dick

June
- Jun 1: Wayne and Myrtle Peterson
- Jun 3: Chris and Julie Perry
- Jun 9: KC and Shelley LeClerc
- Jun 12: Dave and Donna Shellenberger
- Jun 15: Brian and Jennifer Frausto
- Jun 17: House of Our Shepherd
- Jun 23: Warren and Elva Malson

July
- Jul 1: Mark and Julie Neece, Steven and Brice Perry
- Jul 12: Tim and Lisa Burridge
- Jul 17: Steve and Megan Boomgardnet
- Jul 19: Bill and Cathy Bounds
- Jul 27: Basic Fellowship
- Jul 28: Rob and Anne Boner
- Jul 30: Kent and Donna Macklin
- Jul 31: Chester and Diana Wallace, Brad and Joia Farmer, Rob and Angela Hensley, Christian Church of Casper

August
- Aug 7: Steve and Terry Winstead
- Aug 8 & 13: Terry and Dama Matchett
- Aug 10: Kathleen’s Family
- Aug 10: Ken and Marilyn Neal
- Aug 14: Ken and Joni Kumar
- Aug 16: Tom and Marilyn Crull
- Aug 20: Randy and Erin Wesnitzer
- Aug 24: Dan Hagerty
- Aug 26: Dannon and Sarah Green
- Aug 30: Steve and Mary Sandilish

September
- Sep 1: Mary Irby
- Sep 5: Brett and Courtney Ender
- Sep 8: Todd and Jen Titus
- Sep 10: Mitch and Cindy Zimmerman
- Sep 17: Rob and Anne Boner
- Sep 18: Allen and Lou Bruggeman
- Sep 24: Art and Joy Sims
- Sep 28: Wanda Klietz

October
- Oct 1: Dan and Christy Davis
- Oct 7: Al and Becky Lundblade
- Oct 9: Lane and Laura Smothers
- Oct 13: Renny and Mary Larson
- Oct 15: Don and Louise Patton
- Oct 20: Don Basko
- Oct 22: Ken and Sara Capasso
- Oct 23: Kelly and Michelle Hudson
- Oct 25: Dr. and Mrs. Sam Scaling
- Oct 28: Joe and Tina Benson
- Oct 31: Josh & Kate Kalinowski
- Jim and Peggy Price

November
- Nov 3: Restoration Church
- Nov 11 & 12: Cornerstone Church
- Nov 14: Greg and Nita Raiser
- Nov 18: Elsa Perry
- Nov 20: Tim and Judy Schenk
- Nov 22: Ryan and Karen Kelly
- Nov 23: Willie and Anne Fitzgerald
- Nov 27: Janice Johnson
- Nov 28: Tom and Marilyn Crull
- Nov 29: John and Jeanne Brodrecht
- Nov 30: Mountain View Baptist Church

December
- Dec 6: Tom and Marilyn Crull
- Dec 14: Lane and Laura Smothers
- Dec 19: Mt. View Baptist Church
- Dec 25: Casper Alliance Church
- Dec 27: Mark and Lesley Vignaroli
- Dec 29: Todd and Jen Titus
- Dec 30: St James Catholic Church

Friends of True Care are always asking how they can help. Here we’ve highlighted five specific needs that we could use a little help with so we can serve our patients well:

Sponsored walkers in our Heroes Walk for Life
The enclosed Heroes Walk for Life brochure has everything you need!

Vision Tour Hosts
Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour, a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810, or lilly@truecarecasper.org.

Volunteer Advocates, Receptionists, Follow-Up Specialists and Baby and Me Advocates
We are especially in need of Advocates and Follow-Up Specialists! Contact our Patient Resources Director, Gayle Irwin, for more info about these volunteer opportunities. 307-472-2810 or gayle@truecarecasper.org.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates
Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.

New Baby Supplies and Housekeeping Essentials
New baby clothing for boys and girls, bibs, size 1 diapers, wipes, etc are needed for the layettes we give to our mommies when they bring their babies in to meet us. We also need things like paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.