

Caring Connection



Your gifts make it possible for Mandy and so many others to find peace and hope in their crisis. Thank you!

Mandy's Choice

by Gayle Irwin, Patient Resources Director

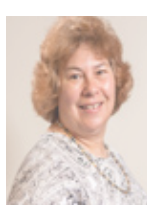
Twenty-two-year-old Mandy had already experienced two abortions. She had recently been released from Wyoming Behavioral Institute after suffering major depression and attempted suicide. She told her Advocate she still felt vulnerable to depression and that she was fearful due to her anxieties, including being pregnant and living with her boyfriend and his mother, whom Mandy described as "an addict." She recognized her living situation wasn't "ideal," – "but it's all I have for now, and I'm afraid he'll leave me if I ask him to tell his mother to leave."

She was undecided as to the outcome of her pregnancy due to the turmoil in her life. Her boyfriend wanted her to parent and her father would also support that decision, she said.

As they awaited the outcome of her pregnancy test, Mandy and her Advocate discussed the Lord. Our young patient was raised Catholic and admitted she had strayed from the church's teachings. She listened as her Advocate compassionately shared the pamphlet "Steps to Peace with God." When asked if she wanted to receive Christ into her life, she responded, "I'm interested in learning more. Can you send some information home with me?" Her Advocate provided her with the pamphlet, a Bible, and a listing of churches and encouraged her to spend quiet time with God and to seriously consider finding a church.

Our Nurse provided Mandy with an ultrasound, which revealed her six-week-old unborn on the screen. She smiled at the image and asked the Nurse several questions. When asked how she felt about what she saw, Mandy smiled and said, "That was really exciting!" When the Advocate asked her pregnancy intention, Mandy responded, "I'm going to parent. I can't go through with another abortion."

"I'm afraid he'll leave me"



Gayle Irwin

Mandy learned about many resources, including the Center's Baby & Me Program and our Early KinCare Program. She scheduled an appointment to sign-up for these programs. She was also given a referral list for things such as material assistance, physicians, and abortion recovery programs. We pray for this troubled young woman who, though she has chosen life this time, continues to suffer from her previous choices, a victim of the abortion industry's lie that abortion does no harm to women.

Touching Many Lives Jan thru April

Patients With a Positive Pregnancy Test:	105
Ultrasound Scans: <i>(includes repeat scans)</i>	142
Sexually Transmitted Disease Tests:	60
Baby and Me Program Participants:	45
Resource Program Participants:	34
Abortion Recovery Program Participants:	3
Babies Saved:	24

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

Inside:

Pg 1: Mandy's Choice

Pg 2: We are a Growing Family

Pg 3: Resources for Our Patients

Pg 4: Top 5 Needs

Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Congratulations, Rebecca!

True Care Program Director, Rebecca Tharp, successfully completed the Ascent SRAS Certification Program and is now a Sexual Risk Avoidance Specialist. Rebecca attended the week long training (the equivalent of a graduate level class) in Colorado Springs in January. This certification sets Rebecca apart from other educators in this field. She plans to share her knowledge in both public and private schools.





Terry Winship
President/CEO

FROM THE CEO

We are a Growing Family!

At our core, True Care is a family of individuals committed to reaching those facing unplanned pregnancies with life-affirming options, building families and building a culture where life is celebrated throughout our community. It's that simple.

We believe every life is important to God, from the person who walks in our door full of fear and apprehension, to the child waiting to be born. Both are valuable. Both are created in God's image. Both deserve an opportunity to thrive in this world. It's what we believe.

In our family, we are not separated into groups such as "staff," "volunteers," "donors," or "board members." Yes, we must sometimes use these terms for clarification, but one is not more important than the other. Every member of our family plays a key role, whether it is to give our time, our talent, or our treasure—and in many cases, all three.

Many of you reading this are already members of our family, and it is an honor to join with you in this great mission. You give financially, you pray, you offer your time and your expertise. Together, we are better.

However, you may be reading this and thinking, "I believe in what is happening at True Care, but just haven't had a chance to get involved. Maybe it is time."

Perhaps it is. And there are so many ways to join our family. To join us, consider the three "T's" I noted above: Your time, talent and treasure.

If you have time—even if you don't believe it is much—email me at terry@truecarecasper.org. We have a lot of opportunities open for those willing to join us.

If you have a particular area of expertise, you might be surprised to know we are always on the lookout for a number of professionals who have strengths which fit perfectly with our mission.

Treasure? Certainly. You can join our family of financial supporters by visiting TrueCareGiving.net.

Every investment in this ministry is both appreciated and put to work to reach those who need us most.

Yes, we are a family. And we are growing. Join us, and let's build a new culture together.



Be a Hero!

Join us for the
Heroes Run/Walk for Life
Saturday, June 3.



The enclosed brochure has everything you need to become a sponsored runner or walker. Yes, we've added a 5k run for all of our athletes! Register as an individual or a team. Free pancake breakfast from 8:30 to 10:00am and fun activities for the kids. Dress up as your favorite hero! Visit www.TrueCareGiving.net to learn more. Our goal is to raise \$60,000.00 to save more women and unborn from abortion.

Thanks to: Ken Capasso—Stratton Real Estate, Platte Valley Bank, McCarty's Magic Carpet Cleaning, Women's Health Associates, Modern Electric, Fuller Enterprises, Miracle Plumbing, Coldwell Banker-The Legacy Group, Lisa Burrige and Associates Real Estate and ABC Mini Storage for underwriting the costs of the walk.

What Our Patients Say About Us

"Great, friendly service in safe atmosphere."

"Staff is wonderful and very resourceful."

"Friendly staff, always here for you."

"Very friendly. No judgement."

Resources for our Patients by Cheryl Flores

Sherry's life was changed, and your donations made it possible!



Cheryl Flores,
Resource
Coordinator

When I first met Sherry, her main concern was her age. She was over 40 and having her first child. Advanced age can put a pregnant mom at risk for complications. Sherry knew she would need all the support and resources we could provide for her.

For most women, early and regular prenatal care promotes a healthy pregnancy and delivery with few complications. The purpose of the Early KinCare (EKC) Program is to prevent learning disabilities and learning delays by helping a pregnant mother receive the best care she can and to connect her early on in her pregnancy with appropriate resources.

During our initial appointment Sherry told me, "I really thought I couldn't get pregnant. I didn't believe the test. When I saw my

"I am really scared about being a mom.

I don't know anything."

baby on the ultrasound screen I was so happy, but then panic set in! What am I going to do? I can't believe I am having my first baby at this age!"

We met for over an hour addressing all of Sherry's fears, concerns and doubts. I helped her complete the Medicaid application. This

was a huge weight off her shoulders-- to know her OB appointments and delivery were fully covered. Her baby would also be covered for the first year.

"I am really scared about being a mom, I don't know anything," she said.

Sherry signed up for True Care's Baby and Me Program. She told me she felt very supported and prepared for birth after completing the program.

I enrolled Sherry in a home visitation program through the Natrona County Public Health Department. A public health nurse visited Sherry shortly after the delivery of her precious baby boy. I was also able to provide her boyfriend, who needed a job, with a workforce referral. He found employment before the baby was born.

"I think back to when I first came to True Care and I was so scared," Sherry recalled. But look at me now! I can't believe all the things True Care and the Early KinCare Program have done for me."

The Early KinCare Program is open to all True Care patients. The program is funded by the Healthy Birth and Infant Brains Foundation and officially began in January 2013. During this time Cheryl has enrolled 666 patients in the program and made more than 2,972 patient contacts. She has completed 576 Medicaid applications. So far, 430 babies have been born to women who enrolled in the program.

Welcome Sara Beer, our new staff nurse



Join us in welcoming Sara Beer to the True Care team. Sara is an excellent nurse and is perfecting her skills in limited obstetrical ultrasound.

Baby Bottle Boomerang Results

Thanks to you, the Baby Bottle Boomerang brought in more than \$28,000.00.

Hymn Sing for Life brings in more than \$16,000.00!

The *First Annual Hymn Sing for Life* took place on Sunday, April 2 at First Presbyterian Church. Thanks to Pastor Mark Tippin, the many volunteers who helped make this event a success, our MC, Ashley Bright, as well as the Zimmerman Family Foundation who gave a \$5,000.00 matching challenge gift.

We love the Cottage Café!

A big thank you to Tom Colburn and the folks at the Cottage Café. They provided a delicious meal for our annual staff appreciation dinner on April 3.

Babies Go to Congress

Just one month after surviving an accident that nearly took her life, 26-year-old Acacia Boyes learned she was pregnant. Having recently lost a job and with no place to call home, the future looked bleak. Medical and legal bills were piling up, fallout from her self-destructive lifestyle. The relationship with her child's father was faltering. He and many of her friends told her there was no way she could be a mother. Yet she made a decision she says saved her life once again: to continue her pregnancy and give birth to her son, Axton.

Acacia shared her story in Washington, DC on January 26.

Acacia traveled to the nation's capital with Terry Winship, True Care's President, to participate in Babies Go to Congress, a program designed to provide not-for-profit pregnancy centers the opportunity to visit the offices of senators and representatives to tell about the work they do and to introduce the women and children they serve. On January 26, Acacia and Terry visited with staff members of Wyoming senators Mike Enzi and John Barrasso and Congresswoman Liz Cheney. The trip was fully underwritten by several generous True Care donors!



left to right: Kirk Walden, writer for Pregnancy Help News, Jay Eberle from Senator John Barrasso's office, Acacia Boyes, Axton Boyes, Terry Winship and Heartbeat International President Jor-El Godsey

Thanks to the More Than 90 True Care Partners Who Have Sponsored A Day

January							February							March						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31												29	30	31				

April							May							June						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31					29	30					

July							August							September						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30					

October							November							December						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30						29	30	31				

January
 Jan 7 Thelma Mollman
 Jan 9 Keith and Beth Nachbar
 Jan 10 John and Aumi Perry
 Jan 13 Hans Perry
 Jan 15 Anja Perry
 Jan 19 Pat and Ida Mae Jackson
 Jan 21 Rich and Mary Boettcher
 Jan 22 St. Anthony's Catholic Church

February
 Feb 1 Sandy Miller
 Feb 14 Norm and Cathy Brown
 Terry and Dama Matchett
 Feb 18 Dr. Martin Ellbogen
 Feb 24 Gerise Vignaroli

March
 Mar 7 Fred and Mary Crockett
 Mar 11 Wayne and Stacie Heili
 Mar 12 Damon and Sarah Green
 Mar 16 First Presbyterian Church (half day)
 Mar 25 Rob and Anne Boner

April
 Apr 8 Daniel and Crystal Galles
 Terry and Dama Matchett
 Apr 10 Mark and Lesley Vigneri
 Apr 13 Kelly and Isaac Kalinowski
 Apr 17 Stuart and Melissa Youmans
 Apr 21 Todd and Denise Murphy
 Apr 23 John and Joyce Ewing

May
 May 1 Johnnie and Rita Dean
 May 3 Mike and Terry Cometto
 May 3 & May 25 Art and Joy Sims
 May 5 Mark and Lesley Vigneri
 May 9 Restoration Church
 Scott and Jessica Baxter
 May 16 Damon and Sarah Green

May 18 Dean and Teresa Dick
May 30 Gene and Marty Robinson

June
 Jun 1 Wayne and Myrtle Peterson
 Jun 5 Chris and Julie Perry
 Jun 9 KC and Shelley LeClere
 Jun 12 Dave and Donna Shellenberger
 Jun 15 Brian and Jennifer Frausto
 Jun 17 House of Our Shepherd,
 Jun 23 Warren and Elva Malsom

July
 Jul 11 Mark and Julie Neese,
 Steven and Brice Perry
 Jul 12 Tim and Lisa Burrige
 Jul 17 Steve and Megan Boomgarden
 Jul 19 Bill and Cathy Bounds
 Jul 27 Basic Fellowship
 Jul 28 Rob and Anne Boner
 Jul 30 Kent and Donna Macklin
 Jul 31 Chester and Diana Wallace,
 Brad and Joia Farmer,
 Rob and Angela Hensley,
 Christian Church of Casper

August
 Aug 7 Steve and Terry Winship
 Aug 8 & 13 Terry and Dama Matchett
 Aug 9 Githens Family
 Aug 10 Ken and Marilyn Neal
 Aug 14 Ron and Joni Kumor
 Aug 16 Tom and Marilyn Crull
 Aug 20 Randy and Erin Wesnitzer
 Aug 26 Damon and Sarah Green
 Aug 30 Steve and Mary Sandborgh

September
 Sep 1 Mary Irby
 Sep 5 Bret and Courtney Ladenburger

Sep 8 Todd and Jen Titus
Sep 10 Mitch and Lilly Zimmerman
Sep 17 Rob and Anne Boner
Sep 18 Allen and Lou Bruggman
Sep 24 Art and Joy Sims
Sep 28 Wanda Kliezt

October
 Oct 1 Dan and Christy Davis
 Oct 7 Al and Becky Lundblade
 Oct 9 Lane and Laura Smothers
 Oct 13 Remy and Mary Larson
 Oct 15 Don and Louise Patton
 Oct 20 Don Basko
 Oct 22 Ken and Sara Capasso
 Oct 23 Kelly and Michelle Hudson
 Oct 25 Dr. and Mrs. Sam Scaling
 Oct 28 Joe and Tina Benson
 Oct 31 Josh & Kate Kalinowski
 Jim and Peggy Price

November
 Nov 3 Restoration Church
 Nov 11 & 12 Conerstone Church
 Nov 14 Greg and Nita Balsler
 Nov 18 Elsa Perry
 Nov 20 Tim and Judy Schenk
 Sam and Stacia Vigneri
 Nov 22 Ryan and Karen Kelly
 Nov 23 Willie and Anne Fitzgerald
 Nov 26 Michael and Brittany Houck
 Nov 27 Janice Johnson
 Nov 28 Tom and Marilyn Crull
 Nov 29 John and Jeanne Brodrecht
 Nov 30 Mountain View Baptist Church

December
 Dec 6 Tom and Marilyn Crull
 Dec 14 Lane and Laura Smothers
 Dec 19 Mt. View Baptist Church
 Dec 25 Casper Alliance Church
 Dec 27 Mark and Lesley Vigneri
 Dec 29 Todd and Jen Titus
 Dec 30 St James Catholic Church

TOP 5 Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. **Or—we can come to your office or church!** Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

Volunteer Advocates, Follow-Up Specialists and Baby and Me Advocates

We are especially in need of Advocates and Follow-Up Specialists! Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or gayle@truecarecasper.org.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.

Sponsors

You can *Sponsor a Day* at True Care for just \$75.00 a month. Pick a date such as a birthday or anniversary. We will make this your special day! See the enclosed response card and this page for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.
 True Care Women's Resource Center
 PO Box 2346
 1746 S. Poplar Street
 Casper, WY 82602
307-472-2810

Patient Website:
www.truecarecasper.org
 Donor Website:
www.truecaregiving.net

MISSION STATEMENT
 We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

- STAFF**
- Terry Winship, *President/CEO*
 - Lilly Zimmerman, *Advancement Director*
 - Gayle Irwin, *Patient Resources Director*
 - Dr. Sam Scaling, *Medical Director*
 - Sally Heyer, *Nurse Manager*
 - Amber Zimmer, *Staff Nurse*
 - Sara Beer, *Staff Nurse*
 - Rebecca Tharp, *Program Director & Staff Nurse*
 - Kathy Clore, *Receptionist*
 - Cheryl Flores, *Resource Coordinator*
 - Jackie Melander, *Helpline*
 - Jessica Fadel, *Helpline*
 - Christie Hilde, *Helpline*
 - LeAnnette Meyer, *Development Assistant*

- BOARD MEMBERS**
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 - Joanna Anderson, *Treasurer*
 - Sara Capasso, *Secretary*
 - Matthew Horne, *Board Chaplain*
 - Sue Struck, *Sheri Haupt*

Want to Sponsor A Day?
 See the enclosed response card or call Lilly at 472-2810 ext 17.

