

Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

January							February							March						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30	31				

April							May							June						
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22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31					29	30					

July							August							September						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
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22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30					

October							November							December						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
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22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30						29	30	31				

<p>January</p> <p>Jan 7 Thelma Mollman</p> <p>Jan 9 Keith and Beth Nachbar</p> <p>Jan 10 John and Aumi Perry</p> <p>Jan 13 Hans Perry</p> <p>Jan 15 Anja Perry</p> <p>Jan 19 Pat and Ida Mae Jackson</p> <p>Jan 21 Rich and Mary Boettcher</p> <p>Jan 22 St. Anthony's Catholic Church</p> <p>February</p> <p>Feb 1 Sandy Miller</p> <p>Feb 14 Norm Brown</p> <p>Feb 15 John and Sue Bauder</p> <p>Feb 23 Mary Haataja and Lisa Scott</p> <p>Feb 24 Gerise Vignaroli</p> <p>March</p> <p>Mar 7 Fred and Mary Crockett</p> <p>Mar 11 Wayne and Stacie Heili</p> <p>Mar 13 Brad & Dawn Clair</p> <p>Mar 16 Grace Reformed Church (half day)</p> <p>Mar 25 Rob and Anne Boner</p> <p>Mar 26 Highland Park Church</p> <p>April</p> <p>Apr 8 Daniel and Crystal Galles</p> <p>Apr 13 Kelly and Isaac Kalinowski, Kendell and Christy Kroeker</p> <p>Apr 14 Brad & Lynn Johnson</p> <p>Apr 17 Stuart and Melissa Youmans, Paula Knudson</p> <p>Apr 21 Todd and Denise Murphy, Kyle & Caridee True</p> <p>Apr 23 John and Joyce Ewing</p> <p>May</p> <p>May 1 Johnnie and Rita Dean</p> <p>May 3 Mike and Terry Cometto</p> <p>May 9 Restoration Church, Scott and Jessica Baxter</p> <p>May 18 Dean and Teresa Dick</p> <p>May 19 Dave and Barb Martin</p> <p>May 30 Gene and Marty Robinson</p>	<p>June</p> <p>Jun 1 Wayne and Myrtie Peterson</p> <p>Jun 5 Chris and Julie Perry</p> <p>Jun 9 KC and Shelley LeClere</p> <p>Jun 12 Dave and Donna Shellenberger</p> <p>Jun 13 Damon & Sarah Green</p> <p>Jun 15 Brian and Jennifer Frausto</p> <p>Jun 17 House of Our Shepherd</p> <p>Jun 18 River of Life Ministries</p> <p>Jun 23 Warren and Elva Malsom</p> <p>July</p> <p>Jul 10 Louisa and Justin Rogers</p> <p>Jul 11 Steven and Brice Perry</p> <p>Jul 12 Tim and Lisa Burrige</p> <p>Jul 13 Kevin and Julie Murphy, Jeff and Monica Johnson</p> <p>Jul 15 Ghazi & Karen Ghanem</p> <p>Jul 17 Steve and Megan Boomgarden</p> <p>Jul 27 Basic Fellowship</p> <p>Jul 28 Rob and Anne Boner</p> <p>Jul 30 Kent and Donna Macklin</p> <p>Jul 31 Brad and Joia Farmer, Rob and Angela Hensley</p> <p>August</p> <p>Aug 7 Steve and Terry Winship</p> <p>Aug 9 Gitthens Family</p> <p>Aug 10 Ken and Marilyn Neal</p> <p>Aug 14 Ron and Joni Kumor</p> <p>Aug 16 Tom and Marilyn Crull</p> <p>Aug 20 Randy and Erin Wesnitzer</p> <p>Aug 30 Steve and Mary Sandborgh</p> <p>September</p> <p>Sep 3 Robert and Celia Kirkwood</p> <p>Sep 5 Bret and Courtney Ladenburger</p> <p>Sep 8 Todd and Jen Titus</p> <p>Sep 10 Mitch and Lilly Zimmerman</p> <p>Sep 17 Rob and Anne Boner</p> <p>Sep 28 Wanda Kietz</p> <p>October</p> <p>Oct 4 Gary and Patty Hines</p> <p>Oct 7 Albert and Becky Lundblade</p> <p>Oct 9 Lane and Laura Smothers</p> <p>Oct 15 Don and Louise Patton, Mark and Beth Ayen</p>	<p>Oct 18 Ron and Julie Catellier</p> <p>Oct 20 Don Basko</p> <p>Oct 22 Ken and Sara Capasso, Arlo and Neva Bodin</p> <p>Oct 23 Kelly and Michael Hudson</p> <p>Oct 24 Allen and Christine Frude</p> <p>Oct 25 Dr. and Mrs. Sam Scaling</p> <p>Oct 28 Joe and Tina Benson</p> <p>Oct 31 Josh & Kate Kalinowski, Jim and Peggy Price</p> <p>November</p> <p>Nov 1 Becky Duffey</p> <p>Nov 3 Restoration Church</p> <p>Nov 5 Seth and Ashley Tubbs</p> <p>Nov 11 Jim and Sue Glover</p> <p>Nov 11 & 12 Cornerstone Church</p> <p>Nov 13 John Lichty and Jennifer Gladson</p> <p>Nov 14 Greg and Nita Balsar</p> <p>Nov 18 Elsa Perry</p> <p>Nov 20 Tim and Judy Schenk, Sam and Stacia Vigneri</p> <p>Nov 22 Ryan and Karen Kelly, Bill and Mary England in memory of Ida Jackson</p> <p>Nov 23 Willie and Anne Fitzgerald</p> <p>Nov 26 Michael and Brittany Houck</p> <p>Nov 27 Janice Johnson</p> <p>Nov 28 Tom and Marilyn Crull</p> <p>Nov 29 John and Jeanne Brodrecht</p> <p>Nov 30 Mountain View Baptist Church</p> <p>December</p> <p>Dec 2 Jerry & Vickie Obermueller</p> <p>Dec 6 Tom and Marilyn Crull</p> <p>Dec 8 Rick & Jenn Steffenhagen</p> <p>Dec 10 Peggy Walker</p> <p>Dec 14 Lane and Laura Smothers</p> <p>Dec 15 Terrance Davidson</p> <p>Dec 18 Jon and Sarah Olsen</p> <p>Dec 24 Wind City Church</p> <p>Dec 25 Casper Alliance Church</p> <p>Dec 27 Mark and Lesley Vigneri</p> <p>Dec 29 Todd and Jen Titus</p> <p>Dec 30 St James Catholic Church</p>
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Want to Sponsor A Day?
See the enclosed response card or call Lilly at 472-2810 ext 17.

Top 5 Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Volunteer Patient Advocates and Baby and Me Advocates

We are in need of advocates to be part of the initial pregnancy test appointment as well as Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or gayle@truecarecasper.org

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.
True Care Women's Resource Center

PO Box 2346
1746 S. Poplar Street
Casper, WY 82602
307-472-2810

Patient Website:
www.truecarecasper.org

Donor Website:
www.truecaregiving.net

MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

- Terry Winship, *President/CEO*
- Lilly Zimmerman, *Advancement Director*
- Gayle Irwin, *Patient Resources Director*
- Dr. Drew Woodward, *Medical Director*
- Sally Heyer, *Nurse Manager*
- Amber Zimmer, *Staff Nurse*
- Sara Beer, *Staff Nurse*
- Rebecca Tharp, *Program Director & Staff Nurse*
- Megan Boomgarden, *Staff Nurse*
- Mary Sandborgh, *Receptionist*
- Cheryl Flores, *Resource Coordinator*
- Jackie Melander, *Scheduler*
- Sasha Snidow, *Scheduler*
- Tori Speiser, *Scheduler*
- LeAnnette Meyer, *Development Assistant & Receptionist*
- Jennifer Steffenhagen, *Patient Advocate*

BOARD MEMBERS

- Matthew Shipman, *Chairman*
- Aaron Rodolph, *Vice Chairman*
- Lisa Scott, *Secretary*
- Jen Titus, *Treasurer*
- Reed Aivazian
- Teresa Dick
- Troy Grange



Touching Many Lives January thru March 2020

Patients With a Positive Pregnancy Test:	63
Ultrasound Scans: (includes repeat scans)	82
Sexually Transmitted Disease Tests:	25
Baby and Me Program Participants:	10
Resource Program Participants:	37
Abortion Recovery Program Participants:	0
Babies Saved:	50

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

Inside:

- Pg 1: Committed to Parent
- Pg 2: The Mission Continues
- Pg 3: How We Adjust
- Pg 4: Top 5 Needs

Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Spring 2020

Caring Connection

Committed to Parent



Gayle Irwin

by Gayle Irwin, Patient Resources Director

"He wants me to abort, but I told him, 'No way!'" 24-year-old Rachel told her Advocate. "I could never do that. So, we broke up."

Despite her firm decision not to have an abortion, Rachel possessed several factors to make her vulnerable to such a decision. Single with two children already, our patient was sharing a house with friends and working at a minimum wage job. One of her children lived with a relative because of her living situation and low income. She needed a lot of resources to help her continue her stance not to abort ... and to make a better life for herself and her children should she really be pregnant. Which she was. Her pregnancy test came back positive, however, when the Nurse performed the ultrasound, a small gestational sac could be seen but no heartbeat. Rachel thought she was nearly seven weeks along, but the ultrasound revealed she was earlier. Therefore, the Nurse scheduled Rachel to return the following week.

She gave up her partner for the sake of her unborn child

Her caring Advocate provided a list of community referrals to help Rachel find a better job and possibly her own apartment. She was also given resources for job-training programs and physicians. The Advocate also told her about our Resource Program through which she can sign up for many different community programs to help her and her children. Rachel thanked her Advocate and reaffirmed her plan to parent.

We look forward to serving this brave and committed young woman, who, unlike many, courageously gave up her partner for the sake of her unborn child.

What our Patients Say about Us:

"Very interpersonal and loving. Great team!"

"I loved the calm and peace I felt and all the education I received."

"I liked how helpful everyone was. I didn't feel alone and got many resources."

"I was very pleased with my advocate."

"I liked the overwhelming love I felt here!"



Terry Winship
President/CEO

From the CEO



The Mission Continues at True Care Women's Resource Center!

I am thrilled to announce that our mission grows as we find opportunities in this unprecedented time. Here is how:

- Our schedulers continue to answer calls and texts from those seeking our services and scheduling appointments for women who see abortion as their best or only option. As of the week of April 1, all initial appointments are being done using telemedicine. Patients are then scheduled for an in-person appointment for pregnancy testing and ultrasound. We have seen 14 at-risk women in person for pregnancy testing and ultrasounds in the past 4 weeks. (March 16-April 10)
- We've reached out to patients who have recently had babies, asking if they need material assistance such as diapers or wipes and we are making arrangements to get these items to them.
- We've also reached out to current patients. Sadly, many are now unemployed and wondering how they will be ready when their babies come. You can help us be the hope of Christ by donating gift cards from places like Walmart, Smith's, and Albertsons so these women can put food on their tables for themselves and their children.

Here's how you can help:

1. Purchase a gift card to one of these stores and mail directly to True Care.
2. Send a check to True Care and note that your contribution is for "Patient Groceries" – we will buy the gift cards and send them to our patients.
3. Make a monetary donation online at www.truecaregiving.net Under Additional Information click on I would like to dedicate this donation to someone and type in "A Pregnant Patient" in the Dedication Name box.

Your continued, generous support has allowed our staff to adapt and innovate during this difficult time. Our primary mission to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence has not and will not change. Thanks, to you, we will continue to serve the scared and confused women who come to us while doing everything we can to keep our staff and our patients safe.



The 15th Annual

HEROES

Walk for Life

What You Need to Know!

Regardless of what happens with the Corona Virus, you can make sure the walk happens! We hope to be able to gather on Saturday, June 6 at the North Casper Athletic Complex, across from the Boys and Girls Club.

But even if we can't gather as a large group and the park is closed, the walk will still go on! You can register, get pledges, and walk whenever it is convenient for you between now and June 6. Visit www.TrueCareGiving.net to register, create your own fundraising page, and download the sponsor form. A sponsor form is also enclosed.

Thanks to you, True Care brought in more than \$68,000.00 last year for this life-saving work. Best of all, your efforts resulted in more than 220 unborn lives saved in 2019!

Now, more than ever, we need YOU to register as a sponsored walker! Please, walk this year and help us raise the vital funds needed to save women and babies from the devastation of abortion.

Why not start NOW? Register today! After you register, you can create your own Hero's Walk for Life fundraising page. You can email your friends and family and send them a link to your page where they can sponsor you online. It's a fast, easy way to get sponsors.



Or, use the enclosed walk brochure, fill out the registration form, and mail it to True Care. You can also call Lilly at 307-472-2810 and she will take your registration over the phone. Then, start asking your friends and family to sponsor you.

Don't wait! Start getting pledges now! Reaching out to friends will make the difference, and we look forward to your participation in this special event.

Remember, you don't have to collect money from your sponsors-True Care does all the billing!

Thanks to: Stratton Real Estate, Modern Electric, Bootlegger's, Gear Up, Robert and Celia Kirkwood, McCarty's Magic Carpet Cleaning, Platte Valley Bank, and ABC Mini Storage for underwriting the costs of the walk.



How We Adjust for the Pandemic

by Cheryl Flores

Our mission continues and so do your gifts!

THANK YOU!!



Cheryl Flores,
Resource
Coordinator

It is probably safe to say that everyone by now has heard the words COVID-19 or Corona Virus. It is a stressful time right now; fear and trepidation can sometimes take over one's day. Life is crazy enough as it is, but then add a potential pregnancy on top of it, and it feels overwhelming.

We want you to know we are still here and working for our patients at True Care despite everything that is going on in the world. We took some time to evaluate everything we do, from our cleaning procedures to how we serve our patients. I am currently working from home. We are also using technology like Zoom for staff meetings and our nurses are doing telemedicine for all initial appointments. Some of our patients are using Facetime to show their boyfriends the ultrasound part of their appointments. We are limiting the amount of people in the building, so sometimes our receptionists are collecting and distributing paperwork in the parking lot!

I recently, (before I started working from home), met with Leslie, a 31 year patient having twins, who is new to Wyoming. The first words out of her mouth were, "What a terrible time to get pregnant!" During this time of uncertainty she felt reassured that I was able to help her apply for Medicaid.

**we are still here
and working for
our patients**

The Wyoming Medicaid office in Cheyenne made some adjustments on their end and are allowing part of the Medicaid application to be done by phone. Leslie is fearful of the virus and anxious about having twins, but she said she felt much

better after coming to True Care and was "amazed" that we were able to address all her resource needs.

During a follow up call, a patient stated she had been laid off due to the corona virus and now is in need of resources. Normally I would schedule an appointment with her and we would fill out applications together. She wanted to apply for food stamps. Instead of mailing her a blank application, I filled out what I could and mailed the application with highlighted parts for her to fill out and sign. It is stressful enough to be pregnant during this time, and we want to do everything we can to reduce anxiety.

We do not want to abandon our patients during this critical time in their lives. They still need to know if they are pregnant and get the resources they need. As long as it is safe, we will continue to serve them.

The Resource Program is open to all True Care patient and officially began in January 2013. During this time Cheryl has enrolled 863 patients in the program and made more than 5190 patient contacts. She has completed 892 Medicaid applications. So far, 628 babies have been born to women who enrolled in the program.

