

Caring Connection

Touching Many Lives Jan - Mar 2021

Patients With a Positive Pregnancy Test:	47
Ultrasound Scans: (includes repeat scans)	58
Sexually Transmitted Disease Tests:	17
Baby and Me Program Participants:	27
Resource Program Participants:	40
Abortion Recovery Program Participants:	5
Babies Saved:	42

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

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Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.

Julie's Decision by Gayle Irwin



Gayle Irwin
Patient Resources
Director

Julie was at a party and went for a drive with a guy she knew – or thought she knew. She awoke later in a hospital, suffering from hypothermia. Several weeks later, she discovered she was pregnant. A family member told her about True Care, and she came to our center.

As she talked with her caring Advocate, Julie's emotions overwhelmed her.

"I admit I was drunk that night, but why did he leave me in the cold? I thought I knew this guy and now I'm pregnant and he's pressuring me to abort!"

Our compassionate Advocate reassured her that, despite what happened, she was loved and cherished by God, and that True Care would help her with resources as well as pregnancy options education.

After the ultrasound, which revealed Julie's seven-week-old on the screen, our young patient was again rocked emotionally.

"Everything is more real now," she said between tears. "I'm still shocked and overwhelmed."

Her Advocate carefully reviewed all three of Julie's pregnancy options. Our patient said she really didn't want to abort, but the situation, and the pressure from the father of her child, caused her to consider that option. She also said her sister had made an adoption plan with one of her children several years ago.

"It was a beautiful experience but also very emotional for her," Julie said. "I'm not sure I could do that. Nor am I sure I could give a baby a good life – my own isn't that great right now. I'm just not sure what I'm going to do."

The Advocate provided Julie with information on True Care's various programs and the ways our Resource and Baby & Me Programs could help her. Julie

agreed to talk with our Resource Coordinator, and an appointment was made for her to speak with Cheryl.

Julie left undecided as to the outcome of her pregnancy but leaning toward continuing.

We are seeing more women who are abused in some way and are left in emotional turmoil when they discover they are pregnant. Couple that with pressure to abort, and the chaos within them increases. We pray for Julie, and other women we've seen lately, who are left to grapple with this major decision and feel alone and afraid.

"I thought I knew this guy and now I'm pregnant and he's pressuring me to abort!"





Terry Winship
President/CEO

From the CEO



Unity

We hear it in television and radio public service announcements all the time: “Our strength is in our diversity.” The thinking, I suppose, is that when we bring varying backgrounds and cultures together, multiple perspectives help us solve problems and build a better society, a better “us.”

I won’t argue the point, but when I look at True Care I wonder if there isn’t a better word which launches our strength.

We’re a diverse bunch here. We bring different faith backgrounds and denominations to the table. Our socio-economic circumstances—if we paid attention to things like that—are likely diverse, too.

But here, we focus not on our diversity, but on what brings us together. In one word, Unity.

We choose to unite behind the simple belief that God creates life and values each person He creates. We believe the woman who comes in our door is a life, precious to God. So too, is the child she carries.

We choose to unite behind Jesus Christ. He is our master, leader, good shepherd, savior and friend. We may not all worship Him in the same places or in the same ways, but He is the One we follow.

Third, we choose to unite under the banner of love. Jesus commanded us to love God and love our neighbor. Those who come in our door—no matter their circumstances or the decisions they’ve made—are our neighbors. We love them, without preconditions.

So, when I hear about diversity, I’m reminded that yes, our team is diverse. Our empowerment, however, comes from our unity. United through just a few core values, (a fighting spirit, relevance, accountability, and being Christ-centered), we reach out to the wounded, the questioning and the afraid. And it works.

If you’d like to join us, we have several volunteer opportunities available from behind the scenes positions to working directly with patients. The first step is to come to a Vision Tour, a one hour tour of True Care from the patient’s perspective. Call 307-472-2810 or email, info@truecarecasper.org, for dates of upcoming tours.

Here, we stick together. We’re unified. And there is always room for one more person to join the team.

True Care’s Adopt a College Student Program

We have 7 patients who are juggling pregnancy or new babies and college at the same time. These young ladies are “adopted” by generous True Care donors who agree to pray for them and to purchase at least one text book or other item they need for school. Thanks to these donors, our patients are receiving support on their journey to better futures for themselves and for their babies. To become a sponsor and for more information on the Adopt a College Student Program, contact Cheryl Flores at 307-472-2810 or cheryl@truecarecasper.org.

Baby Bottle Boomerang

Thanks to you, Baby Bottle Boomerang 2021 was our best—ever!



More than \$44,000.00 was brought in for our life-saving work! We continue to be amazed at how God works through you, His people, during these uncertain times. All glory to Him and thanks to you for listening to His call to be generous!



Who Ya Gonna Call?

by Cheryl Flores

Thank you for giving to True Care - Your gifts mean the world to our patients!



Cheryl Flores,
Resource
Coordinator

"Who ya gonna call?" "GHOST-BUSTERS?" No... just me, the Resource Coordinator at True Care.

I have had the most wonderful experiences serving my patients since my time here began in January 2013. I have met with nearly ONE THOUSAND women! I find it a little hard to wrap my brain around that number.

I have also completed more than 970 Medicaid applications. I follow up with my patients about once a month throughout their pregnancies. I have a caseload of between 40-50 patients on average. I help them find providers such as physicians and counselors. I put them in touch with other organizations in the community that can help with alcohol, tobacco or substance abuse, as well as housing, food, employment, and many other resources.

**We
are not
meant
to live
this life
alone.**

In general, my time with these women ends after they deliver. At that time I get the privilege meeting and holding a cute baby! I also address any resource needs at that time, such as breast feeding, postpartum depression, or finding daycare.

One thing I always tell all my patients is they can reach out to me anytime, day or night. If they need prayer, just need to vent, or have a resource question, I am here for them. Most of them prefer to text me. I get a wide variety of inquiries. They may

decide they are finally ready to seek counseling, or find themselves in a domestic violence situation and want help.

When my patients "graduate" from the Resource Program and reach out to me later, this is most often the first thing they tell me, "I knew who to call," or "I knew you would know." This is followed by questions like, "How do I file my taxes?" or "How do I renew my child's Medicaid?" or "How do I seek child support?" or "How do I prove paternity?"

This is sage advice for anyone: Keep a list of people to call when faced with life's many decisions--a person to ask about parenting or breastfeeding tips, or a person you could call when you are down in the dumps.

We are not meant to live this life alone. Ecclesiastes 4:12 says "Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken." It is hard to pick up the phone and ask for help at times. We often suffer in silence. It is important for these young women to have a person they trust. I am honored that I can be that person. So who ya gonna call? Ghostbusters? No... just me, Cheryl Flores.

The Resource Program is open to all True Care patient and officially began in January 2013. During this time Cheryl has enrolled 938 patients in the program and made more than 6356 patient contacts. She has completed 973 Medicaid applications. So far, 692 babies have been born to women who enrolled in the program.



**What
Our
Patients
Say
about
us:**

They answered my questions, gave me resources and talked through things with me.

I liked the patience, care, and sensitivity of the staff.

Everyone was kind and didn't judge me.

I loved how respectful and kind everyone was to me.

16th Annual Heroes Walk for Life Saturday, June 5!

HEROES
Walk for Life

Be a hero! Register to become a sponsored walker and start getting sponsors! Our goal is to raise \$65,000.00 to save women and the unborn from abortion. Free pancake breakfast from 8:30 to 10:00am. Come dressed as your favorite super hero!

The enclosed brochure has everything you need to become a sponsored walker in our 16th annual Heroes Walk for Life. As always, you can walk with us on walk day or walk when it is convenient for you. For more information and to register go to www.TrueCareGiving.net/Events/Walk.

Thanks to: Stratton Real Estate, Modern Electric, Bootlegger's, Gear Up, Robert and Celia Kirkwood, McCarty's Magic Carpet Cleaning, Coldwell Banker, The Legacy Group, Platte Valley Bank, and ABC Mini Storage for underwriting the costs of the walk.



Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

January	February	March
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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January
Jan 7 Thelma Mollman
Jan 8 Rick Ducher
Jan 9 Keith & Beth Nachbar
Jan 10 John & Aumi Perry
Jan 13 Hans Perry
Jan 15 Anja Perry
Jan 19 Pat & Ida Mae Jackson
Jan 21 Rich & Mary Boettcher
Jan 22 St. Anthony's Catholic Church

February
Feb 1 Sandy Miller
Feb 14 Norm Brown
Feb 15 John & Sue Bauder
Feb 23 Mary Haataja and Lisa Scott
Feb 24 Gerise Vignaroli

March
Mar 3 Amy & Robert Decker
Mar 11 Wayne & Stacie Heili
Mar 13 Brad & Dawn Clair
Mar 16 Grace Reformed Church
Mar 25 Rob & Anne Boner
Mar 26 Highland Park Church

April
Apr 8 Daniel & Crystal Galles
Apr 13 Kelly & Isaac Kalinowski,
Kendell & Christy Kroeker
Apr 14 Brad & Lynn Johnson
Apr 17 Stuart & Melissa Youmans,
Paula Knudson
Apr 20 Alex & Sibylle Smith
Apr 21 Todd & Denise Murphy,
Kyle & Caridee True
Apr 23 John & Joyce Ewing

May
May 1 Johnnie & Rita Dean
May 9 Restoration Church,
Scott & Jessica Baxter
May 17 Christ Convergence Church

May 18 Dean & Teresa Dick
May 19 Dave & Barb Martin
May 26 Charlie & Amanda Clair
May 28 Rex & Heather Graham
May 30 Gene & Marty Robinson

June
Jun 5 Chris & Julie Perry
Jun 9 KC & Shelley LeClere
Jun 12 Dave & Donna Shellenberger
Jun 13 Damon & Sarah Green
Jun 15 Brian & Jennifer Frausto
Jun 17 House of Our Shepherd
Jun 18 River of Life Ministries
Jun 23 Warren & Elva Malsom

July
Jul 4 Nic & Michelle Eskew
Jul 10 Louisa & Justin Rogers
Jul 11 Steven & Brice Perry
Jul 12 Tim & Lisa Burridge
Jul 13 Kevin & Julie Murphy,
Jeff & Monica Johnson
Jul 15 Ghazi & Karen Ghanem
Jul 16 Kelsey & Joshua Underwood
Jul 17 Steve & Megan Boomgarden
Jul 22 Carol Kapeles
Jul 27 Basic Fellowship
Jul 28 Rob & Anne Boner
Jul 30 Kent & Donna Macklin
Jul 31 Rob & Angela Hensley

August
Aug 7 Steve & Terry Winship
Aug 9 Githens Family
Aug 10 Ken & Marilyn Neal
Aug 14 Ron & Joni Kumor
Aug 16 Tom & Marilyn Crull
Aug 20 Randy & Erin Wesnitzer
Aug 30 Steve & Mary Sandborgh
Aug 31 Brian & Nicole Boner

September
Sep 3 Robert & Celia Kirkwood
Sep 5 Bret & Courtney Ladenburger
Sep 8 Todd & Jen Titus
Sep 10 Mitch & Lilly Zimmerman
Sep 17 Rob & Anne Boner

Sep 24 Ben & Danielle Leeper
Sep 28 Wanda Klietz

October
Oct 4 Gary & Patty Hines
Oct 7 Albert & Becky Lundblade
Oct 15 Don & Louise Patton,
Mark & Beth Ayeen
Oct 18 Ron & Julie Catellier
Oct 20 Don Basko
Oct 22 Ken & Sara Capasso,
Arlo & Neva Bodin
Oct 23 Kelly & Michael Hudson
Oct 24 Allen & Christine Frude
Oct 28 Joe & Tina Benson
Oct 31 Josh & Kate Kalinowski,
Jim & Peggy Price

November
Nov 1 Becky Duffey
Nov 3 Restoration Church
Nov 5 Seth & Ashley Tubbs
Nov 11 Jim & Sue Glover
Nov 11 & 12 Conerstone Church
Nov 13 John Lichty & Jennifer Gladson
Nov 14 Greg & Nita Balser
Nov 18 Elsa Perry
Nov 20 Tim & Judy Schenk,
Sam & Stacia Vigneri
Nov 22 Ryan & Karen Kelly,
Bill & Mary England in
memory of Ida Jackson
Nov 23 Willie & Anne Fitzgerald
Nov 26 Michael & Brittany Houck
Nov 27 Janice Johnson
Nov 28 Tom & Marilyn Crull
Nov 29 John & Jeanne Brodrecht
Nov 30 Mountain View Baptist Church

December
Dec 2 Jerry & Vickie Obermueller
Dec 6 Tom & Marilyn Crull
Dec 8 Rick & Jenn Steffenhagen
Dec 10 Peggy Walker
Dec 15 Terrance Davidson
Dec 18 Jon & Sarah Olsen
Dec 24 Wind City Church
Dec 25 Casper Alliance Church
Dec 29 Todd & Jen Titus
Dec 30 St James Catholic Church



Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Volunteer Baby and Me Advocates and Follow Up Specialists

We are in need of Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Right now these meetings are taking place via Zoom. Follow-Up Specialists contact patients throughout their pregnancies. Call or email our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or gayle@truecarecasper.org

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags (tall kitchen & large black bags). Call 472-2810 for the best time to drop off these items.

Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.
True Care Women's Resource Center

PO Box 2346
1746 S. Poplar Street
Casper, WY 82602
307-472-2810

Patient Website:
www.truecarecasper.org

Donor Website:
www.truecaregiving.net

MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

Terry Winship, *President/CEO*
Lilly Zimmerman, *Advancement Director*
Gayle Irwin, *Patient Resources Director*
Dr. Drew Woodward, *Medical Director*
Sally Heyer, *Nurse Manager*
Amber Zimmer, *Staff Nurse*
Sara Beer, *Staff Nurse*
Rebecca Tharp, *Program Director & Staff Nurse*
Megan Boomgarden, *Staff Nurse*
Jayme Grange, *Receptionist*
Cheryl Flores, *Resource Coordinator*
Jackie Melander, *Scheduler*
Sasha Snidow, *Scheduler*
Tori Speiser, *Scheduler*
LeAnnette Meyer, *Development Assistant & Receptionist*
Jennifer Steffenhagen, *Patient Advocate*

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Reed Aivazian, *Vice Chairman*
Lisa Scott, *Secretary*
Jen Titus, *Treasurer*
Teresa Dick
Troy Grange
Ben Leeper
Matthew Shipman

Want to Sponsor A Day?

See the enclosed response card or call Lilly at 472-2810 ext 17.

