SPRING 2018

Garing Connection

Women's Resource Center

True

Because of your gifts, we were there to support Jocelyn!

Jocelyn's Surprise

by Gayle Irwin, Patient Resources Director



Gayle Irwin

Twenty-year-old Jocelyn came into True Care seeking confirmation of a second pregnancy. She had an 8-month-old at home, and the idea of being pregnant again so soon sounded terrifying.



Jocelyn thought she was about six weeks along. When the nurse placed the ultrasound probe on the young woman's stomach, shock registered on Jocelyn's face. The image of a 21-week-old appeared on the screen.

"I never suspected... I never thought... am I really that far along?" Jocelyn asked.

A few measurements by the nurse via the ultrasound confirmed: Jocelyn was in her 22nd week of pregnancy.

With the U.S. Senate failing to pass the Pain-Capable Unborn Child Protection Act in January, Jocelyn could have aborted that baby. Along with North Korea, China, and Vietnam, the United States is one of just seven nations on earth that allow an abortion that late in a pregnancy.

Jocelyn would have traveled about 200 miles to reach such a clinic. Without a Planned Parenthood in Wyoming, most women living in the state who seek abortions travel to Colorado or

Montana. A late-term abortionist in Boulder, Colorado, Warren Hern—whose claim to fame is that no babies are ever born alive at his office—is the no one can deny these children are human beings - with arms, legs and faces that bear the image of God.

likeliest place Jocelyn would've gone if she'd resorted to abortion.

Seeing her baby moving her arms and stretching her legs, Jocelyn burst into tears.

"It's a wiggly little one, isn't it?" she said as she viewed the ultrasound screen. "It was about this age when I found out what gender my other baby was."

The nurse asked what she was thinking and feeling.

"I just can't believe I didn't know," Jocelyn responded. "They're going to be even closer in age than I thought."

Although Jocelyn said she would carry to term and parent, her visit is a sober reminder that every year, thousands of precious preborn children are aborted at 20 weeks and beyond in the United States. Along with being unmistakably human and distinct, these little ones can feel excruciating pain as abortion profiteers like Warren Hern kill them inside their mothers' wombs.

Touching Many Lives

Jan thru Mar 2018

| | Patients With a Positive Pregnancy Test: | 09 | |
|----------------|---|----|--|
| | Ultrasound Scans: (includes repeat scans) | | |
|) | Sexually Transmitted Disease Tests: | | |
| _ \ | Baby and Me Program Participants: | | |
| <u>/-</u> } | Resource Program Participants: | | |
|) | Abortion Recovery Program Participants: | | |
| 1 | Rabies Saved: | | |

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

Inside:

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Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.



Terry Winship
President/CEO

From the CEO

Their Stories

Around here, we love to tell stories of what God is doing in the lives of those we see. Some of these stories are of women who came here believing the only option they had was to end a pregnancy, only to leave with hope in their hearts and life as their focus.

Other times we see relationships healed; of mothers and daughters facing a crisis and saying to each other, "We will make it through, together."

Or we might see a young father turn his heart toward his child as he realizes for the first time, "This means I'm a daddy!"

The stories we watch unfold aren't for the movies because they are often better than anything one can dream up for the big screen. These stories are often raw and unedited, not for the faint of heart but always for the tender heart.

These stories are pictures of what happens when God reaches down and says, "I'm not finished with you yet; there's more of your story to be told . . . and you will love the ending."

these stories are your stories

But these stories aren't just for those who live them; they are also for those who are often behind the scenes, playing a powerful role the "cameras" never see. For these stories are your stories.

When you stop during the day and utter a short prayer on behalf of True Care, you become part of the story. When you pick up the phone and say, "Can I help?" you become part of the story. And when you write that check or make your electronic gift to True Care, you write your name in the middle of her story, too.

Don't you love the moment in a movie when the music hits a new crescendo and we realize the story is going to have an ending which leaves us in tears of joy? We see these stories here, and all we can say is thank you . . . for all you do to write the stories of hope we witness each day.

True Care

Welcome Dr. Drew Woodward!



Dr. Sam Scaling, True Care's Medical Director, is stepping down after 13 years. We are grateful to Dr. Scaling for his many years of service and we are excited to welcome Dr. Drew Woodward as our new Medical Director! Dr. Woodward has been a member of True Care's Advisory Council for many years as well as a passionate supporter of this ministry. Dr. Woodward is a Casper Family Physician.

Jocelyn's Surprise (cont.)

The Senate's failure to halt abortion at 20 weeks is a profound failure to protect those "wiggly" little lives like Jocelyn's child. Especially at this stage of development, no one can deny these children are human beings—with arms, legs and faces that bear the image of God.

We in the pregnancy help movement see those images daily and our hearts break every time a woman feels she has no choice but abortion. Our hearts break no matter what the stage of development of the preborn child is.

Even in Wyoming—the least populated state in the nation and one of the most conservative—staff and volunteers at True Care see women driven to the hopelessness of abortion at virtually every stage of pregnancy.

What can we do in the trenches between life and death? Continue forward with a fighting spirit. Not all the women we serve will be like Jocelyn and choose life for their children, and we can't count on the government to do our day-to-day work for us.

Jesus said, "Whatever you've done for the least of these, you have done for me." We continue serving "the least of these" with a fighting spirit. And we remember that when we serve them, we serve Him.

2nd Annual Hymn Sing

Our Second Annual Hymn Sing for Life brought in more than \$27,000.00! Folks from all over Casper gathered to make a joyful noise to the Lord on Sunday, April 8 at Grace Reformed Church. Thanks to all who attended and to all who gave in any way to make this event such a success. We are especially grateful to Pastor Mark Tippin of Grace Reformed Church for hosting us, to our MC, Mr. Ashley Bright, to Dr. Eric Unruh, our organist, to Dr. Zach Vreeman, choir director, and to the Zimmerman Family Foundation and Grace Reformed for their matching challenge gifts.

Thank you to the underwriter for this issue:



You Can Leave a Legacy!

The Future Care Fellowship is a group of folks who have made plans to give a future gift to True Care through a bequest in their will, through a trust or in some other way. If you have already arranged for a future gift, let Terry know! If not, we invite you to consider it. Contact Terry at 473-2275 or info@truecarecasper.org for more information or mail in the enclosed response card.

Good to know...yet another way to give

Are you age 70 or older and subject to a Required Minimum Distribution from a retirement account? Did you know you can donate up to \$100,000.00 a year directly from a traditional or Roth IRA to qualifying charities? Known as "qualified charitable distributions" (QCDs), they can be used to satisfy required minimum distributions from your IRA without having the distribution included in your income. Most public charities, like True Care, (our corporate name is The Caring Center, Inc EIN# 74-2458697), that are eligible to receive tax-deductible contributions, qualify. See your tax advisor or financial planner for more information.

Coming Soon: a new and exciting way to make a difference in the lives of our patients

We have several patients who are or who will soon be juggling a new baby and college at the same time. These young women need financial assistance, prayer and encouragement in order to stay in school. This fall, you will have an opportunity to sponsor a True Care patient who is attending Casper College. Let's support these young women on their journey to better futures for themselves and for their babies. For more information, contact Cheryl Flores at 307-247-4054 or cheryl@truecarecasper.org.

Resources for our Patients by Cheryl Flores

Mary Beth has our support to face her problems because you cared enough to give to True Care!



Cheryl Flores Resource Coordinator

The advocate knocked on my door to let me know I would be meeting with my next patient following her ultrasound. "She just needs insurance. This is her fifth pregnancy," the advocate said.

I met with 31 year old Mary Beth and explained I could help her with resources. She was not thrilled about being pregnant, but had decided against abortion. "I had an abortion before and I do not want to go through that

again!" She did need help obtaining insurance, but after meeting with me, she realized she needed help with so much more.

Mary Beth admitted to the nurse and her advocate that she used to drink "a lot." She said she had quit before she became pregnant. When I met with her, I conducted an ASSIST screening test which measures for alcohol, smoking and substance usage. As a result of this test Mary Beth shared with me that she drinks more than a pint of vodka and 3 to 4 beers every single day. I was able to dig deeper with her and discuss treatment options and to

educate her about the effects of alcohol on a developing baby.

"I'm fine" every time she was I also administered a test called the Edinburgh, which measures for depression. The Edinburgh was developed specifically for pregnant women to assess current depression as well as depression after delivery. A score of 11 or more points indicates depression. Mary Beth denied that she suffered from depression, yet she scored an 18 on her Edinburgh. She was interested in getting treatment for her depression and confessed she hides it from others.

Mary Beth had many stressors in her life: not wanting another baby, smoking and drinking on a daily basis, the father of the baby had left

her, an abortion in her past, and four children to care for. She had adopted a mindset of "I'm fine" every time she was asked how she was doing.

This is why the screenings I am able to provide through True Care's Resource Program are so valuable. They are a measurable way to assess patients, to discover what is really going on behind the "I'm fine" exterior,

and to get our patients connected to those in the community who can help.



She had adopted a mindset of

asked how she was doing.

The Resource Program is open to all True Care patients and officially began in January 2013. During this time Cheryl has enrolled 734 patients in the program and made more than 3,740 patient contacts. She has completed 682 Medicaid applications. So far, 515 babies have been born to women who enrolled in the program.

Thanks to the More Than 90 True Care Partners Who Have **Sponsored A Day**

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| J | anuary | |
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Jan 7 Thelma Mollman Jan 9 Keith and Beth Nachbar

Jan 10 John and Aumi Perry

Jan 13 Hans Perry

Jan 15 Anja Perry

Ian 19 Pat and Ida Mae Iackson Jan 21 Rich and Mary Boettcher

Jan 22 St. Anthony's Catholic Church

February

Feb 1 Sandy Miller Feb 14 Norm and Cathy Brown

Terry and Dama Matchett

Feb 18 Dr. Martin Ellbogen Feb 23 Mary Haataja and Lisa

Scott Cheryl and Justin Hackett

in memory of Edward J. DenHouten

Feb 24 Gerise Vignaroli

Mar 7 Fred and Mary Crockett Mar 11 Wayne and Stacie Heili Mar 16 Grace Reformed Church (half day)

Mar 25 Rob and Anne Boner

Apr 8 Daniel and Crystal Galles Terry and Dama Matchett Apr 10 Mark and Lesley Vigneri

Apr 13 Kelly and Isaac Kalinowski

Apr 17 Stuart and Melissa Youmans Apr 21 Todd and Denise

Murphy Apr 23 John and Joyce Ewing

May 1 Johnnie and Rita Dean

May 3 Mike and Terry Cometto May 5 Mark and Lesley Vigneri

May 9 Restoration Church Scott and Jessica Baxter

May 18 Dean and Teresa Dick May 19 Dave and Barb Martin

May 30 Gene and Marty Robinson

Jun 1 Wayne and Myrtie Peterson Jun 5 Chris and Julie Perry

Jun 9 KC and Shelley LeClere Jun 12 Dave and Donna

Shellenberger Jun 15 Brian and Jennifer Frausto

Jun 17 House of Our Shepherd, Jun 23 Warren and Elva Malsom

Jul 10 Louisa and Justin Rogers Jul 11 Mark and Julie Neese,

Steven and Brice Perry Jul 12 Tim and Lisa Burridge

Jul 13 Kevin and Julie Murphy

Jul 17 Steve and Megan Boomgarden Jul 19 Bill and Cathy Bounds

Jul 27 Basic Fellowship Jul 28 Rob and Anne Boner

Jul 30 Kent and Donna Macklin Jul 31 Chester and Diana Wallace. Brad and Joia Farmer,

Rob and Angela Hensley Christian Church of Casper

August

Aug 7 Steve and Terry Winship

Aug 8 & 13 Terry and Dama Matchett

Aug 9 Gitthens Family Aug 10 Ken and Marilyn Neal

Aug 14 Ron and Joni Kumor

Aug 16 Tom and Marilyn Crull Aug 20 Randy and Erin Wesnitzer Aug 30 Steve and Mary Sandborgh

September

Sep 3 Robert and Celia Kirkwood Sep 5 Bret and Courtney

Ladenburger Sep 8 Todd and Jen Titus

Sep 10 Mitch and Lilly Zimmerman Sep 17 Rob and Anne Boner

Sep 18 Allen and Lou Bruggman Sep 28 Wanda Klietz

October

Oct 4 Gary and Patty Hines

Oct 7 Al and Becky Lundblade

Oct 9 Lane and Laura Smothers

Oct 13 Remy and Mary Larson

Oct 15 Don and Louise Patton

Oct 20 Don Basko Oct 22 Ken and Sara Capasso

Arlo and Neva Bodin
Oct 23 Kelly and Michelle Hudson

Oct 24 Allen and Christine Frude

Oct 25 Dr. and Mrs. Sam Scaling

Oct 28 Joe and Tina Benson Oct 31 Josh & Kate Kalinowski

Jim and Peggy Price

Nov 1 Becky Duffey Nov 3 Restoration Church

Nov 11 Jim and Sue Glover

Nov 11 & 12 Conerstone Church

Nov 13 John Lichty and Jennifer Gladson

Nov 14 Greg and Nita Balser

Nov 18 Elsa Perry Nov 20 Tim and Judy Schenk

Sam and Stacia Vigneri Nov 22 Ryan and Karen Kelly Bill and Mary England in

memory of Ida Jackson Nov 23 Willie and Anne Fitzgerald

Nov 26 Michael and Brittany Houck

Nov 27 Janice Johnson Nov 28 Tom and Marilyn Crull

Nov 29 John and Jeanne Brodrecht

Nov 30 Mountain View Baptist Church

Dec 6 Tom and Marilyn Crull

Dec 10 Peggy Walker

Dec 14 Lane and Laura Smothers Dec 18 Jon and Sarah Olsen

Dec 19 Mt. View Baptist Church Dec 24 Wind City Church

Dec 25 Casper Alliance Church Dec 27 Mark and Lesley Vigneri

Dec 29 Todd and Jen Titus Dec 30 St James Catholic Church

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Volunteer Patient Advocates and Baby and Me Advocates

We are in need of advocates to be part of the initial pregnancy test appointment as well as Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or gayle@truecarecasper.org

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care.

Or-we can come to your office or church!

Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc. True Care Women's Resource Center

PO Box 2346 1746 S. Poplar Street Casper, WY 82602

307-472-2810

Patient Website: www.truecarecasper.org Donor Website:

www.truecaregiving.net

MISSION STATEMENT

Terry Winship, President/CEO

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

Lilly Zimmerman, Advancement Director Gayle Irwin, Patient Resources Director Dr. Drew Woodward, Medical Director Sally Heyer, Nurse Manager Amber Zimmer, Staff Nurse Sara Beer, Staff Nurse Rebecca Tharp, Program Director & Staff Nurse Kathy Clore, Receptionist Cheryl Flores, Resource Coordinator Jackie Melander, Scheduler Ashely Tubbs, Scheduler Christie Hilde, Scheduler LeAnnette Meyer, Development Assistant Jennifer Steffenhagen, Floater

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