

# Caring Connection

True Care  
Women's Resource Center



We are here to offer referrals and help to Julie and others because of you. Thank you!

## Julie Finds Her Voice

by Gayle Irwin, Patient Resources Director

Nineteen-year-old Julie came to our center suspecting she was pregnant. When she met with her Advocate, Julie explained she believed she was pregnant but had not told many people, including her parents.

"I'm scared they'll kick me out of the house," she said. "I'm not working right now and I'm not sure what I'd do without a place to live."

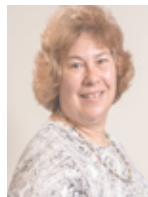
Her Advocate assured Julie that True Care would provide her with many referrals and resources, including employment and housing information.

The two discussed her pregnancy options. Although Julie said she would likely not abort, she told her Advocate that her boyfriend would support "whatever my decision is." She read through the pamphlet about abortion and said, "I really don't think I could do that."

Our Nurse provided Julie with an ultrasound, which showed the image of an 8-week-old on the screen. The Advocate noted our young patient smiled at the image, and when the two reconvened in the consulting room, Julie said, "That was exciting! But, I'm still really nervous about telling my parents."

When asked her pregnancy intention, our patient replied, "Possibly adoption, maybe parenting, certainly not abortion. However this plays out with my parents, I'll be carrying this baby to term."

She met with our Early KinCare Resource Coordinator, who told her about community resources, including referrals for employment, housing, and physicians, as well as True Care's Baby & Me Program. Before leaving the Center, Julie said, "Thank you so very much. You've provided me with much more information and help than I ever expected."



Gayle Irwin

Even if a woman isn't planning to abort, there are many factors that can pressure her, from family to finances. We do all we can to help her sort through her thoughts and feelings. We provide her with tangible, relevant resources--all of which can help her find her own voice, her own heart, and the strength and confidence to carry to term.

*"I'm not sure what I'd do without a place to live."*

## Touching Many Lives in 2016

Patients With a Positive Pregnancy Test: (84%)	291
Ultrasound Scans: (includes repeat scans)	412
Sexually Transmitted Disease Tests:	179
Baby and Me Program Participants:	90
Resource Program Participants:	114
Abortion Recovery Program Participants:	3
Babies Saved:	195

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

## Inside:

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*Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.*

You can be part of a new crowd funding platform! Visit [YouSaveBabies.org](http://YouSaveBabies.org) for some great ideas on how you or your group can raise funds for True Care in a unique way!

Start a fundraiser page for us on:





Terry Winship  
President/CEO

FROM THE CEO

## What Happens if Roe is Overturned?

There is optimism among those in the pro-life community as a new administration develops in Washington, DC. President Trump will certainly appoint one or two new justices on the Supreme Court. And quite possibly, he will have three or four picks for the high court.

Does this mean Roe v Wade will be overturned after 40+ years on the books? And what would this mean to our work? The first answer is that while there are so many unknowns in this question, the possibility exists.

Just considering the possibility of such a monumental decision leads to the conjecture, "Would organizations and ministries such as ours be needed?"

Yes. Absolutely, yes, for many reasons. First is the obvious: Overturning Roe only sends the life issue back to the states, where each state would make its own decision. But even if, somehow, our state enacted life-affirming statutes, our mission will only grow.

You see, our mission is about changing lives, building families, and creating a culture of life so strong that abortion becomes unthinkable, regardless of its legality.

When a hurting woman or couple in our office sees a positive pregnancy test, suddenly the latest political news means nothing. We must be there for her, for them. As the Christian community, we must go beyond the law to set a higher standard where life is celebrated. And this culture of celebration must begin on the front line, where life decisions are made.

Washington DC and state capitols can change policy. We change hearts.

When political winds blow against us, we continue the mission. When those winds appear to be at our back, we continue the mission. And as we do, a culture is changed.

*If you would like to learn more about how True Care is creating a culture of life and erasing the perceived need for abortion, one woman at a time, go to [TrueCareGiving.net](http://TrueCareGiving.net) and sign up for one of our monthly Vision Tours. A Vision Tour is a one hour tour of True Care from the patient's perspective. Or, call me at 473-2275 and I will be happy to get you on the invitation list!*

## Another Way to Give

Think the only way to give to True Care is to write a check or give an online donation through your bank account or credit card? Another option is a gift of stock.

For instance, take the Smith family who bought \$1,000 in shares of a company's stock. Today those same shares are worth \$2,500, but the Smiths are thinking of selling. At the same time, they are considering a gift to our ministry for the same amount.

The Smiths could sell their stock and write a check to us, but this presents a challenge. You see, because the Smiths earned \$1500 on their initial investment of \$1000, they've got to pay taxes on that money. Ugh!

But there is a better solution: The Smiths can donate the stock outright. Our broker will sell the stock and we will receive the \$2500 in proceeds. By giving stock instead of a check, the Smiths do not have to pay taxes on their \$1500 profit. And, they receive a full deduction for the \$2500.

By making a stock gift then, the Smiths' \$1000 investment has turned into a \$2500 gift to True Care and a major tax deduction. Everyone wins—except the tax collector, of course!

To make a stock gift, just give Terry a call at 307-473-2275. We will get you in touch with our broker and the transaction can be completed in minutes. There are many ways to invest in True Care, and one of the most effective may be found by looking through our investments!



# Resources for our Patients by Cheryl Flores

*Your gifts allow us to offer help to our patients!*

A True Care staff member recently knocked on my office door and said “I have a patient and her family here (for a Baby and Me appointment) and they need a SNAP (food stamp) application.” I handed her the application. A few minutes later the staff member came back, asking, “Can you please come and talk to them? They have questions I cannot answer.”

I am told by the staff and volunteers on a weekly basis, “I am so glad you are here!” We have many patients who walk out our door saying, “I didn’t know True Care did all this. I thought I was only coming to find out if I am pregnant!” I have discovered more than 50 different agencies and resources in Casper since I became the Resource Coordinator for the Early KinCare Program--everything from housing and quit smoking programs to teen specific assistance.

## **“I didn’t know True Care did all this!”**

The goal of the Early KinCare Program is to help prevent learning disabilities and delays in children by helping mothers receive and access the referrals they need for timely prenatal care and resources.

Because I am able to meet with mothers very early in pregnancy, often before 7 weeks, I can help alleviate some of the stresses they are experiencing when they find out they are pregnant.

Helping patients who qualify enroll in Medicaid is a huge weight off their shoulders and can often be done at their first appointment. What a blessing to see the relief that washes over their faces when they realize they now have health insurance! According to the U.S. Agency for Healthcare Research and Quality, the cost of an uncomplicated cesarean section in Wyoming in 2010 was about \$14,607.00 and an uncomplicated vaginal birth was about \$6,791.00.

Since the Early KinCare Program began 4 years ago I have witnessed many things—preterm babies flown to Denver, patients

who have recovered from addictions, adoption plans made and, most importantly, many, many healthy babies born. It has been my pleasure to assist and support our patients throughout their pregnancies. Some still call me four years later to say thank you or ask a question.

I would like to share a few patient comments:

- “I knew nothing. I was really unprepared to have this baby, but you helped me with everything I needed. Thank you.”
- “You really helped me quit smoking.”
- “It was the best decision I made to be in your program.”
- “I recommend True Care to everyone I know who is pregnant.”

I have been inspired by the strength and resilience of my patients. I cannot wait to see what the future holds for them and for their babies. Perhaps, in years to come, I will come in contact with one of these young ones whose life is healthier and happier due to the Early KinCare Program and True Care. What an honor to have such an impact on others’ lives!

*The Early KinCare Program is open to all True Care patients. The program is funded by the Healthy Birth and Infant Brains Foundation and officially began in January 2013. During this time Cheryl has enrolled 637 patients in the program and made more than 2,769 patient contacts. She has completed 546 Medicaid applications. So far, 410 babies have been born to women who enrolled in the program.*



Cheryl Flores,  
Resource  
Coordinator

## MotherCare

The MotherCare Program connects True Care patients to mature, Christian women from local churches who provide friendship, mentoring and discipleship during pregnancy and after the birth of the baby. So far more than 30 patients have been referred to local churches. If your church would like to become involved or for more information contact True Care’s Program Director, Rebecca Tharp at 472-2810 or [rebecca@truecarecasper.org](mailto:rebecca@truecarecasper.org).

## Download our Prayer Calendar

Go to [TrueCareGiving.net](http://TrueCareGiving.net) to download our quarterly prayer calendar. Join us in praying for our patients, the unborn, our staff and our volunteers.

## Save the Date!

Hymn Sing for Life, Sunday, April 2, 4:00 pm at First Presbyterian Church. Sing along to the oldies but goodies and bid high to ensure your favorites are on the playlist! All proceeds go to True Care. Watch ProLife Casper’s Facebook page for updates about this event.

## What Our Patients Say About Us

“You’ve been very helpful and you got me in right away.”

“I felt very safe and supported.”

“Great info, amazing service and very welcoming!”

“You respected my religious views.”



# Thanks to the More Than 90 True Care Partners Who Have Sponsored A Day

January							February							March						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31												29	30	31				

April							May							June						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31					29	30					

July							August							September						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30					

October							November							December						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30						29	30	31				

January  
 Jan 7 Thelma Mollman  
 Jan 9 Keith and Beth Nachbar  
 Jan 10 John and Aumi Perry  
 Jan 13 Hans Perry  
 Jan 15 Anja Perry  
 Jan 19 Pat and Ida Mae Jackson  
 Jan 21 Art and Joy Sims,  
 Rich and Mary Boettcher  
 Jan 22 St. Anthony's Catholic Church

February  
 Feb 14 Norm and Cathy Brown  
 Terry and Dama Matchett  
 Feb 18 Dr. Martin Ellbogen  
 Feb 24 Gerise Vignaroli

March  
 Mar 7 Fred and Mary Crockett  
 Mar 11 Wayne and Stacie Heili  
 Mar 12 Damon and Sarah Green  
 Mar 16 First Presbyterian Church (half day)  
 Mar 25 Rob and Anne Boner

April  
 Apr 8 Daniel and Crystal Galles  
 Terry and Dama Matchett  
 Apr 10 Mark and Lesley Vigneri  
 Apr 13 Kelly and Isaac Kalinowski  
 Apr 17 Stuart and Melissa Youmans  
 Apr 21 Todd and Denise Murphy

May  
 May 1 Johnnie and Rita Dean  
 May 3 Mike and Terry Cometto  
 May 3 & May 25 Art and Joy Sims  
 May 5 Mark and Lesley Vigneri  
 May 9 Restoration Church  
 Scott and Jessica Baxter  
 May 16 Damon and Sarah Green  
 May 18 Dean and Teresa Dick

June  
 Jun 1 Wayne and Myrtie Peterson  
 Jun 5 Chris and Julie Perry  
 Jun 9 KC and Shelley LeClere  
 Jun 12 Dave and Donna Shellenberger  
 Jun 15 Brian and Jennifer Frausto  
 Jun 17 House of Our Shepherd,  
 Jun 23 Warren and Elva Malsom

July  
 Jul 11 Mark and Julie Neese,  
 Steven and Brice Perry  
 Jul 12 Tim and Lisa Burrigide  
 Jul 17 Steve and Megan Boomgardner  
 Jul 19 Bill and Cathy Bounds  
 Jul 27 Basic Fellowship  
 Jul 28 Rob and Anne Boner  
 Jul 30 Kent and Donna Macklin  
 Jul 31 Chester and Diana Wallace,  
 Brad and Joia Farmer,  
 Rob and Angela Hensley,  
 Christian Church of Casper

August  
 Aug 7 Steve and Terry Winship  
 Aug 8 & 13 Terry and Dama Matchett  
 Aug 9 Githens Family  
 Aug 10 Ken and Marilyn Neal  
 Aug 14 Ron and Joni Kumor  
 Aug 16 Tom and Marilyn Crull  
 Aug 20 Randy and Erin Wesnitzer  
 Aug 24 Dan Hegarty  
 Aug 26 Damon and Sarah Green  
 Aug 30 Steve and Mary Sandborgh

September  
 Sep 1 Mary Irby  
 Sep 5 Bret and Courtney Ladenburger  
 Sep 8 Todd and Jen Titus  
 Sep 10 Mitch and Lilly Zimmerman

Sep 17 Rob and Anne Boner  
 Sep 18 Allen and Lou Bruggman  
 Sep 24 Art and Joy Sims  
 Sep 28 Wanda Kliezt

October  
 Oct 1 Dan and Christy Davis  
 Oct 7 Al and Becky Lundblade  
 Oct 9 Lane and Laura Smothers  
 Oct 13 Remy and Mary Larson  
 Oct 15 Don and Louise Patton  
 Oct 20 Don Basko  
 Oct 22 Ken and Sara Capasso  
 Oct 23 Kelly and Michelle Hudson  
 Oct 25 Dr. and Mrs. Sam Scaling  
 Oct 28 Joe and Tina Benson  
 Oct 31 Josh & Kate Kalinowski  
 Jim and Peggy Price

November  
 Nov 3 Restoration Church  
 Nov 11 & 12 Cornerstone Church  
 Nov 14 Greg and Nita Balsar  
 Nov 18 Elsa Perry  
 Nov 20 Tim and Judy Schenk  
 Sam and Stacia Vigneri  
 Nov 22 Ryan and Karen Kelly  
 Nov 23 Willie and Anne Fitzgerald  
 Nov 26 Michael and Brittany Houck  
 Nov 27 Janice Johnson  
 Nov 28 Tom and Marilyn Crull  
 Nov 29 John and Jeanne Brodrecht  
 Nov 30 Mountain View Baptist Church

December  
 Dec 6 Tom and Marilyn Crull  
 Dec 14 Lane and Laura Smothers  
 Dec 19 Mt. View Baptist Church  
 Dec 25 Casper Alliance Church  
 Dec 27 Mark and Lesley Vigneri  
 Dec 29 Todd and Jen Titus  
 Dec 30 St James Catholic Church

## TOP 5 Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

### Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or [lilly@truecarecasper.org](mailto:lilly@truecarecasper.org).

### Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

### Volunteer Advocates, Follow-Up Specialists and Baby and Me Advocates

We are especially in need of Advocates and Follow-Up Specialists! Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org).

### Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org) for more information.

### Sponsors

You can *Sponsor a Day* at True Care for just \$75.00 a month. Pick a date such as a birthday or anniversary. We will make this your special day! See the enclosed response card and page 4 for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.  
 True Care Women's Resource Center  
 PO Box 2346  
 1746 S. Poplar Street  
 Casper, WY 82602  
 307-472-2810

Patient Website:  
[www.truecarecasper.org](http://www.truecarecasper.org)  
 Donor Website:  
[www.truecaregiving.net](http://www.truecaregiving.net)

**MISSION STATEMENT**  
 We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

**STAFF**  
 Terry Winship, *President/CEO*  
 Lilly Zimmerman, *Advancement Director*  
 Gayle Irwin, *Patient Resources Director*  
 Dr. Sam Scaling, *Medical Director*  
 Sally Heyer, *Nurse Manager*  
 Amber Zimmer, *Staff Nurse*  
 Sara Beer, *Staff Nurse*  
 Rebecca Tharp, *Program Director & Staff Nurse*  
 Kathy Clore, *Receptionist*  
 Cheryl Flores, *Resource Coordinator*  
 Jackie Melander, *Helpline*  
 Jessica Fadel, *Helpline*  
 Christie Hilde, *Helpline*  
 LeAnnette Meyer, *Development Assistant*

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**Want to Sponsor A Day?**  
 See the enclosed response card or call Lilly at 472-2810 ext 17.



Enhancing Trust