

Caring Connection

True Care

Women's Resource Center

Your gifts made it possible for us to give Stacy the support she needed. Thank You!

Supporting Stacey

by Gayle Irwin, Patient Resources Director

Twenty-two-year-old Stacy came to our center visibly upset. She cried when her Advocate asked her how she felt about possibly being pregnant.

"I'm scared," she replied. "I'll be cut off from my family – they will disown me."

She believed her boyfriend wanted her to abort and that he would leave her if she didn't. The young woman appeared conflicted about her decision. She originally told the Helpline she would abort, but confessed to her Advocate that she didn't know what she would do, that she didn't "feel right" about abortion. She felt abandoned by those she loved.

Stacy grew up as a Jehovah Witness, but had left that religion several years ago. She hesitated when her Advocate offered to tell her the Good News, but agreed and listened as she was told about Jesus and forgiveness. Stacy accepted the gift of a Bible.

Her pregnancy test was positive, so our Nurse provided Stacy with an ultrasound. However, she was too early in her pregnancy, therefore, the Nurse scheduled her for a second ultrasound. Stacy left undecided as to the outcome of her pregnancy, and we were all concerned she would not come back.

But she did! And though her fears regarding her parents appeared to be true, she reported that her boyfriend wasn't pressuring her to abort and would support her decision to carry.

Her father quit speaking to her and her mother, though talking, was "disappointed in me," Stacy stated. One of her friends was also pregnant, "so I have someone to talk to," she told her Advocate. She was "sad and scared about losing a good relationship" with her parents.

The ultrasound showed our young patient her unborn: a six-week-old. Stacy's Advocate encouraged the young woman to sign up for the Baby & Me Program to receive further encouragement, support, and parenting education. She said she would consider it.

Our hearts ache for the track this young woman's parents have taken and we pray their hearts will be softened as a grandchild will be welcomed this year. We also pray Stacey remains strong and determined to carry her baby to term.



Touching Many Lives in 2015

Patients With a Positive Pregnancy Test:.....	281
Ultrasound Scans: (includes repeat scans).....	372
Sexually Transmitted Disease Tests:.....	191
Baby and Me Program Participants:.....	91
Resource Program Participants:.....	121
Sexual Integrity Program Participants:.....	25
Abortion Recovery Program Participants:.....	4
Babies Saved:	225

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

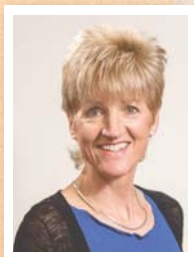
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Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.



Gayle Irwin



Terry Winship
President/CEO

FROM THE CEO

Can 2016 Be our Best Year EVER?

The headline above poses a simple question which leads to a simple answer: Yes. It's true. The year 2016 could be our best as a ministry. The absolute, unequivocal, best.

There is no guarantee, of course. But 2016 could be the year we reach more who need us than ever before. This could be the year more moms and dads choose life for their babies than we've ever seen before.

In short, 2016 could be a year we look back on and say, "The culture in our community clearly shifted—this year."

So I ask, "What would happen if every single one of us offered to take our commitment to this work one step forward in 2016?" This could strengthen our outreach, build our effectiveness with those we see and yes, create a true cultural shift in our community.

What does one step forward look like for you? If you've never made a financial gift to us, a monthly gift of say, \$10 or \$25 would have a tremendous impact, especially if hundreds of us made that decision.


Or if you are already supporting us financially, could each of us take one step up in our giving with an extra few dollars here or there? Imagine what would happen if every financial partner decided, "Hey, I can give this much more, every month."

Many of us have time. You may be gifted in administrative tasks, or perhaps event planning. Or perhaps you have two ears and an ability to listen to someone who is hurting. If so, we can train you to come alongside our patients during their time of need.

One step forward. That's all it takes. And if hundreds decide to take that one step, it would be fascinating to see what God's hand can do when so many say "Yes" to His call.

To give, go to our new donor website: www.truecaregiving.net or mail your gift with the enclosed response card. To find out more about volunteering, contact Gayle Irwin at 472-2810 or gayle@truecarecasper.org.

We've got a place for you. Thanks for caring—you make an eternal difference in the lives of confused and hurting women and their unborn!



What will your
one step forward be?



What Our Patients Say About Us

"Very professional and helpful."

"Great place to find out if you are pregnant or not."

"Awesome!"

"They care about you."

"Helpful, safe environment."

Check Out Our New Websites!

True Care now has new, mobile friendly websites. Check out our new patient site at

www.TrueCareCasper.org

and our new donor site at

www.TrueCareGiving.net

The patient site is searchable, the donor site is not.



Introducing MotherCare

The MotherCare Program connects True Care patients to mature, Christian women from local churches who provide mentoring and discipleship during pregnancy and after the birth of the baby. We are excited about this opportunity to partner with the local church! For more information contact True Care's Program Director, Rebecca Tharp at 472-2810 or rebecca@truecarecasper.org.

Join the Future Care Fellowship

The Future Care Fellowship is a group of folks who have made plans to give a future gift to True Care through a bequest in their will, through a trust or in some other way. If you have already arranged for a future gift, let Terry know! If not, we invite you to consider it. Contact Terry at 473-2275 or terry@truecarecasper.org for more information or mail in the enclosed response card.

Pregnancy Help News

Visit www.pregnancyhelpnews.com for the latest in news affecting pro-life ministries and organizations. Gayle Irwin, True Care's Patient Resources Director, has written articles on human trafficking, mobile ultrasound units and many other topics for this online news magazine. Check it out!



Melanie is finding healing and hope because of your gifts to True Care!

Melanie's Story by Cheryl Flores

Twenty-one year old Melanie came to my office at the end of her pregnancy test appointment. The single mother of a three year old, she had just found out she was pregnant with her second child. We were meeting to enroll her in the Early KinCare Program. Melanie shared that she was thinking about an adoption plan. "I just don't know how I am going to handle two children at home by myself," she said. Melanie had many stresses in her young life including depression, yet she told me, "I don't think I need counseling."

I gave her several resources: housing information, smoking cessation programs, tips to quit as well as the names of three adoption agencies.

Melanie quit smoking three months into her pregnancy and selected Wyoming Children's Society for the adoption plan. She delivered a healthy baby boy and chose a family who were very involved during her pregnancy. Although the adoptive family has moved away from Casper, they are open to whatever she wants as far as contact.

A few weeks after delivering, Melanie came to see me for a final interview. Although she said everything was "fine" I could tell by her body language and mood everything was definitely not ok. She scored 21 on her Edinburgh post-depression screening-- anything above 11 indicates depression. Melanie agreed to seek counseling. She said her doctor recommended it

"I just don't know how I am going to handle two children at home by myself."

and that I had just confirmed she should talk to somebody. I was able to pray with Melanie and point her in the right direction for help with her depression.

As she left she said, "I could not have made it through this pregnancy without you. Thank you so much for your help."

I called Melanie recently to touch base and see how she was doing. "I feel a lot better. I am talking to a social worker from Wyoming Children's Society and that is helping me a lot. I am on depression medication and I just don't feel as bad as I used to. Thank you for everything."



Cheryl Flores,
Resource
Coordinator

The Early KinCare Program is open to all True Care patients. The program is funded by the Healthy Birth and Infant Brains Foundation and officially began in January 2013. During this time Cheryl has enrolled 499 patients in the program and made more than 2,033 patient contacts. She has helped 389 patients obtain insurance. So far, 301 babies have been born to patients who enrolled in the program.



Thanks to the More Than 90 True Care Partners Who Have Sponsored A Day

January	February	March
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
April	May	June
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July	August	September
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October	November	December
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January
Jan 7 Thelma Mollman
Jan 9 Keith and Beth Nachbar
Jan 10 John and Aumi Perry
Jan 13 Hans Perry
Jan 15 Anja Perry
Jan 19 Pat and Ida Mae Jackson
Jan 21 Art and Joy Sims,
Rich and Mary Boettcher
Jan 22 St. Anthony's Catholic Church

February
Feb 14 Norm and Cathy Brown
Terry and Dama Matchett
Feb 18 Dr. Martin Ellbogen
Feb 24 Gerise Vignaroli

March
Mar 7 Fred and Mary Crockett
Mar 11 Wayne and Stacie Heili
Mar 12 Damon and Sarah Green
Mar 25 Rob and Anne Boner

April
Apr 8 Daniel and Crystal Galles
Terry and Dama Matchett
Apr 10 Mark and Lesley Vigneri
Apr 13 Kelly and Isaac Kalinowski
Apr 17 Stuart and Melissa Youmans
Apr 21 Todd and Denise Murphy

May
May 1 Johnnie and Rita Dean
May 3 Mike and Terry Cometto
May 3 & May 25 Art and Joy Sims
May 5 Mark and Lesley Vigneri
May 9 Restoration Church
Scott and Jessica Baxter
May 16 Damon and Sarah Green
May 18 Dean and Teresa Dick

June
Jun 1 Wayne and Myrtie Peterson
Jun 5 Chris and Julie Perry
Jun 9 KC and Shelley LeClere
Jun 12 Dave and Donna Shellenberger
Jun 15 Brian and Jennifer Frausto
Jun 17 House of Our Shepherd,
Jun 23 Warren and Elva Malsom

July
Jul 11 Mark and Julie Neese,
Steven and Brice Perry
Jul 12 Tim and Lisa Burrbridge
Jul 17 Steve and Megan Boomgardner
Jul 19 Bill and Cathy Bounds
Jul 27 Basic Fellowship
Jul 28 Rob and Anne Boner
Jul 30 Kent and Donna Macklin
Jul 31 Chester and Diana Wallace,
Brad and Joia Farmer,
Rob and Angela Hensley,
Christian Church of Casper

August
Aug 7 Steve and Terry Winship
Aug 8 & 13 Terry and Dama Matchett
Aug 9 Githens Family
Aug 10 Ken and Marilyn Neal
Aug 14 Ron and Joni Kumor
Aug 16 Tom and Marilyn Crull
Aug 20 Randy and Erin Wesnitzer
Aug 24 Dan Hegarty
Aug 26 Damon and Sarah Green
Aug 30 Steve and Mary Sandborgh

September
Sep 1 Mary Irby
Sep 5 Bret and Courtney Ladenburger
Sep 8 Todd and Jen Titus

Sep 10 Mitch and Lilly Zimmerman
Sep 17 Rob and Anne Boner
Sep 18 Allen and Lou Bruggman
Sep 24 Art and Joy Sims
Sep 28 Wanda Kliezt

October
Oct 1 Dan and Christy Davis
Oct 7 Al and Becky Lundblade
Oct 9 Lane and Laura Smothers
Oct 13 Remy and Mary Larson
Oct 15 Don and Louise Patton
Oct 20 Don Basko
Oct 22 Ken and Sara Capasso
Oct 23 Kelly and Michelle Hudson
Oct 25 Dr. and Mrs. Sam Scaling
Oct 28 Joe and Tina Benson
Oct 31 Josh & Kate Kalinowski
Jim and Peggy Price

November
Nov 3 Restoration Church
Nov 11 & 12 Conerstone Church
Nov 14 Greg and Nita Balser
Nov 18 Elsa Perry
Nov 20 Tim and Judy Schenk
Sam and Stacia Vigneri
Nov 22 Ryan and Karen Kelly
Nov 23 Willie and Anne Fitzgerald
Nov 27 Janice Johnson
Nov 28 Tom and Marilyn Crull
Nov 29 John and Jeanne Brodrecht
Nov 30 Mountain View Baptist Church

December
Dec 6 Tom and Marilyn Crull
Dec 14 Lane and Laura Smothers
Dec 19 Mt. View Baptist Church
Dec 25 Casper Alliance Church
Dec 27 Mark and Lesley Vigneri
Dec 29 Todd and Jen Titus
Dec 30 St James Catholic Church

TOP
5
Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.

Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour—a one-hour introduction to True Care. **Or—we can come to your office or church!** Contact Lilly for more information at 472-2810, or lilly@truecarecasper.org.

Volunteer Receptionists, Follow-Up Specialists and Baby and Me Advocates

Contact our Patient Resources Director, Gayle Irwin, for more information about these volunteer opportunities. 307-472-2810 or gayle@truecarecasper.org.



True Care App downloads, Shares and Reviews!

Download our app from the iTunes or Google Play stores today! Share, rate and review it to help us get it in front of even more of our target audience.

New Baby Supplies and Housekeeping Essentials

New baby clothing for boys and girls, bibs, size 1 diapers, wipes, etc are needed for the layettes we give to our mommies when they bring their babies in to meet us. We also need things like paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

True
Care
Women's Resource Center

Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.
True Care Women's Resource Center

PO Box 2346
1746 S. Poplar Street
Casper, WY 82602
307-472-2810

Patient Website:
www.truecarecasper.org

Donor Website:
www.truecaregiving.net

MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

STAFF

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Enhancing Trust



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