Supporting Stacey
by Gayle Irwin, Patient Resources Director

Twenty-two-year-old Stacy came to our center visibly upset. She cried when her Advocate asked her how she felt about possibly being pregnant.

“I’m scared,” she replied. “I’ll be cut off from my family – they will disown me.”

She believed her boyfriend wanted her to abort and that he would leave her if she didn’t. The young woman appeared conflicted about her decision. She originally told the Helpliner she would abort, but confessed to her Advocate that she didn’t know what she would do, that she didn’t “feel right” about abortion. She felt abandoned by those she loved.

Stacy grew up as a Jehovah Witness, but had left that religion several years ago. She hesitated when her Advocate offered to tell her the Good News, but agreed and listened as she was told about Jesus and forgiveness. Stacy accepted the gift of a Bible.

Her pregnancy test was positive, so our Nurse provided Stacy with an ultrasound. However, she was too early in her pregnancy, therefore, the Nurse scheduled her for a second ultrasound. Stacy left undecided as to the outcome of her pregnancy, and we were all concerned she would not come back.

But she did! And though her fears regarding her parents appeared to be true, she reported that her boyfriend wasn’t pressuring her to abort and would support her decision to carry.

Her father quit speaking to her and her mother, though talking, was “disappointed in me,” Stacy stated. One of her friends was also pregnant, “so I have someone to talk to,” she told her Advocate. She was “sad and scared about losing a good relationship” with her parents.

The ultrasound showed our young patient her unborn: a six-week-old. Stacy’s Advocate encouraged the young woman to sign up for the Baby & Me Program to receive further encouragement, support, and parenting education. She said she would consider it.

Our hearts ache for the track this young woman’s parents have taken and we pray their hearts will be softened as a grandchild will be welcomed this year. We also pray Stacey remains strong and determined to carry her baby to term.
Can 2016 Be our Best Year EVER?

The headline above poses a simple question which leads to a simple answer: Yes. It’s true. The year 2016 could be our best as a ministry.

The absolute, unequivocal, best.

There is no guarantee, of course. But 2016 could be the year we reach more who need us than ever before. This could be the year more moms and dads choose life for their babies than we’ve ever seen before.

In short, 2016 could be a year we look back on and say, “The culture in our community clearly shifted—this year.”

So I ask, “What would happen if every single one of us offered to take our commitment to this work one step forward in 2016?”

This could strengthen our outreach, build our effectiveness with those we see and yes, create a true cultural shift in our community.

What does one step forward look like for you? If you’ve never made a financial gift to us, a monthly gift of say, $10 or $25 would have a tremendous impact, especially if hundreds of us made that decision.

Or if you are already supporting us financially, could each of us take one step up in our giving with an extra few dollars here or there? Imagine what would happen if every financial partner decided, “Hey, I can give this much more every month.”

Many of us have time. You may be gifted in administrative tasks, or perhaps you have two ears and an ability to listen to someone who is hurting.

If so, we can train you to come alongside our patients during their time of need.

To give, go to our new donor website: www.TrueCareGiving.net or mail your gift with the enclosed response card. To find out more about volunteering, contact Gayle Irwin at 472-2810 or gayle@TrueCareCasper.org.

We've got a place for you. Thanks for caring—you make an eternal difference in the lives of confused and hurting women and their unborn!

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What will your one step forward be?

FROM THE CEO

Check Out Our New Websites!

True Care now has new, mobile friendly websites. Check out our new patient site at www.TrueCareCasper.org and our new donor site at www.TrueCareGiving.net. The patient site is searchable, the donor site is not.

The Absolutely Best...)

What Our Patients Say About Us

“Helpful, safe environment.”

“Great place to find out if you are pregnant or not.”

“They care about you.”

“Very professional and helpful.”

“Awesome!”

“Very friendly staff.”

“Very kind.”

“Very friendly and caring.”

“Friendly.”

“Their kindness made a big difference.”

“Very kind and caring.”

“I love the kindness and friendliness.”

“The atmosphere was very welcoming.”
Twenty-one year old Melanie came to my office at the end of her pregnancy test appointment. The single mother of a three year old, she had just found out she was pregnant with her second child. We were meeting to enroll her in the Early KinCare Program. Melanie shared that she was thinking about an adoption plan. “I just don’t know how I am going to handle two children at home by myself,” she said. Melanie had many stresses in her young life including depression, yet she told me, “I don’t think I need counseling.”

I gave her several resources: housing information, smoking cessation programs, tips to quit as well as the names of three adoption agencies.

Melanie quit smoking three months into her pregnancy and selected Wyoming Children’s Society for the adoption plan. She delivered a healthy baby boy and chose a family who were very involved during her pregnancy. Although the adoptive family has moved away from Casper, they are open to whatever she wants as far as contact.

A few weeks after delivering, Melanie came to see me for a final interview. Although she said everything was “fine” I could tell by her body language and mood everything was definitely not ok. She scored 21 on her Edinburgh post-depression screening—anything above 11 indicates depression. Melanie agreed to seek counseling. She said her doctor recommended it and that I had just confirmed she should talk to somebody. I was able to pray with Melanie and point her in the right direction for help with her depression.

“I just don’t know how I am going to handle two children at home by myself.”

As she left she said, “I could not have made it through this pregnancy without you. Thank you so much for your help.”

I called Melanie recently to touch base and see how she was doing. “I feel a lot better. I am talking to a social worker from Wyoming Children’s Society and that is helping me a lot. I am on depression medication and I just don’t feel as bad as I used to. Thank you for everything.”