

# Caring Connection



## Touching Many Lives

Jan thru Dec 2017

Patients With a Positive Pregnancy Test: . 282 (86%)

Ultrasound Scans: (includes repeat scans) ..... 329

Sexually Transmitted Disease Tests: ..... 142

Baby and Me Program Participants: ..... 79

Resource Program Participants: ..... 83

Abortion Recovery Program Participants: ..... 3

Babies Saved: ..... 205

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

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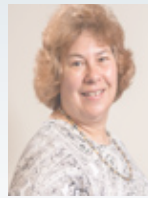
Pg 4: Top 5 Needs

*Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.*

*Monica is getting help on her journey because of your faithful support of True Care. Thank you!!*

## Monica's Journey to Joy

by Gayle Irwin, Patient Resources Director



Gayle Irwin

"Six years ago, a former boyfriend kidnapped me. He raped and nearly killed me," 24-year-old Monica told her Advocate. "I became pregnant from that incident, and I had an abortion. Possibly being pregnant has brought all that back, and I'm kind of a wreck."

Although her circumstances were not at all the same, our patient's emotions were running high. She had strong support for carrying to term – her boyfriend and several family members. Yet, she said emotionally she wasn't sure she could handle being pregnant. Finances were another primary concern as she worked a minimum wage job. She was undecided as to the outcome of her pregnancy.

As they awaited the results of her pregnancy test, Monica and her Advocate discussed faith. The young woman had no church home and wasn't very interested in finding one. "I used to attend, but I've been hurt by the church and supposed Christians," Monica said. "People can be very judgmental. I stepped away from church but not from my faith. I do pray and I do believe in God. After what happened, I struggle at times, but I do try to maintain a faith walk."

Her Advocate encouraged her to try different churches and noted that people can be flawed, but that God is not. She encouraged our young patient to read the Bible and to continue praying. She also suggested she consider finding a counselor.

Her pregnancy test positive, Monica received an ultrasound, which revealed she was 12 weeks along. Her eyes widened and she appeared surprised at the image, the Advocate noted. Afterwards, when the two reconvened in the consulting room, the Advocate asked Monica what she thought about what she saw.

"I never realized I was that far along. The ultrasound makes it all so real – I actually have a baby inside me!"

When asked if she was still undecided about the outcome of her pregnancy, Monica said, "Oh no – I'll be carrying and I'll likely parent. I believe my boyfriend will be very happy."

She met with our Early KinCare Pregnancy Resource Coordinator to sign up for Medicaid and register for the Baby & Me Program. The Resource Coordinator also persuaded Monica to meet with a counselor, who will come to True Care to see the young woman. As she steps into this journey of motherhood, we believe she'll also be stepping onto a more positive path for her life, receiving the help and encouragement, as well as the education she needs.

*"The ultrasound makes it all so real – I actually have a baby inside me!"*





**Terry Winship**  
President/CEO

# From the CEO

## CEO Commentary

It's interesting, what God can do with a few good hearts.

It took only one heart committed to God, and David fell Goliath. Twelve followed Jesus Christ, and the world was never the same.

We look at stories like these and others--whether about Moses, Ruth, Daniel or Paul—and it is so easy to think that these were people of the Bible and as such, lived on a separate plane than the rest of us. But before Moses was “Moses of the Bible,” he was a man with fears, flaws and a faith which sometimes needed help.

But deep down, Moses, and so many other heroes of the Bible, had a heart and a love for God. Because of this, God was able to work with and through these heroes to do the seemingly impossible.

Here's a secret: Nothing has changed since those days of long ago.

God still uses those with hearts committed to him. And through those people, he reaches a broken and hurting world.

If history proves correct and the examples of Moses, David, Ruth, Daniel, Paul and others are still true today, those God uses do not think of themselves as having exceptional talent or leadership abilities. They see themselves as ordinary.

These heroes of the Bible are famous however, because when God called, they said “Yes.”

At True Care we are looking for ordinary people with hearts for God and this work. Whatever talents and abilities you have, we have an open door and a place for you. The only question now is, “Is God calling?”

If so, give us a call at 307-472-2810 or email me at [info@truecarecasper.org](mailto:info@truecarecasper.org). We have a lot of opportunities to serve, and we're looking for good hearts to join our team.

## What Our Patients Say About Us

**“They make you feel comfortable.”**

**“Great care. Great staff.”**

**“A good source of support and information.”**

**“Friendly, respectful, professional.”**

## Giving Opportunities!

### Donate to True Care and Get Discounted Tax Preparation at Liberty Tax Service on March 17, St. Patrick's Day!

Come to Liberty Tax on St. Patrick's Day, March 17, donate \$50.00 or more to True Care, and you will receive discounted tax preparation on that day. Liberty Tax has chosen True Care as one of 5 nonprofits they are giving folks the opportunity to support. You simply need to specify True Care as the non-profit of your choice. For more information contact Liberty Tax Service at 307-234-9705.

### Thrivent Choice Dollars

If you're an eligible Thrivent Financial member and have Choice Dollars available to direct, please keep True Care in mind. For more info or to direct Choice Dollars, call 800-847-4836 and say “Thrivent Choice.” Or go to <http://bit.ly/XJrPZN>

### Second Annual Hymn Sing for Life

If you love the old-time hymns, this fun, unusual event is something you won't want to miss! The Second Annual Hymn Sing for Life will take place on Sunday, April 8 from 4:00 to 5:30 pm at Grace Reformed Church at City Park, formerly First Presbyterian Church. You will have a chance to bid to have your favorite hymn played. Let's make a joyful noise together! All proceeds go to support our life-saving work.

### Sponsor a Day at True Care!

You can Sponsor a Day at True Care for just \$75.00 a month. Pick a date such as a birthday or anniversary. We will make this your special day! Visit the **Give** page on our website, [TrueCareGiving.net](http://TrueCareGiving.net), or see the enclosed response card and page 4 for more information.

### You Can Leave a Legacy!

The Future Care Fellowship is a group of folks who have made plans to give a future gift to True Care through a bequest in their will, through a trust or in some other way. If you have already arranged for a future gift, let Terry know! If not, we invite you to consider it. Contact Terry at 472-2810 or [info@truecarecasper.org](mailto:info@truecarecasper.org) for more information or mail in the enclosed response card.



# Resources for our Patients by Cheryl Flores

*Thank you for supporting True Care! Your gifts are making a huge difference for women like Darcie who look to us for help during their pregnancies.*



Cheryl Flores,  
Resource  
Coordinator

There is a common saying “You can lead a horse to water but you can’t make it drink.” I think of this saying often as I minister to the women who enroll in the Early KinCare Pregnancy Resource Program.

The purpose of the Early KinCare (EKC) Pregnancy Resource Program is to help prevent learning disabilities and delays by assisting the mother to receive the best care she can and by connecting her early in her pregnancy with the appropriate resources. Women who come to True Care and have a positive pregnancy test are offered the opportunity to enroll in the program. She agrees to receive

follow up calls throughout her pregnancy. These calls are done, on average, once a month. Unfortunately, some of my clients are very hard to reach and to stay in touch with. I text, call and leave messages but often get no response.

Take Darcie, for instance. I enrolled her in EKC during the summer of 2017. We kept in touch at first, but from October

*“She sat  
across from  
me, devastated  
and lost.”*

through December I was unable to reach her. I left messages and texted her, but no response. Then in January Darcie popped in to True Care and wanted to see me. She was less than 30 days from her due date. Her

phone number had changed, which was one of the reasons we lost touch.

Darcie lost her job unexpectedly due to flooding at her place of employment. She had a big blow up with her boyfriend and they broke up. She sat across from me, devastated and lost. “I am in a place I cannot afford. I have no money, no job. I don’t even have enough money for toiletries. I do not know what to do, but I remembered that you might be able to help me. I am sorry to just drop in on you like this.” We talked about where to go for help with emergency assistance and who could help with toiletries. I was able to comfort and pray for her. She felt relieved that help was available.

You may not be able to make a horse drink the water, but, sometimes, if all else fails, you can show them where the water is.



*The Early KinCare Pregnancy Resource Program is open to all True Care patients. The program is funded by the Healthy Birth and Infant Brains Foundation and officially began in January 2013. During this time Cheryl has enrolled 721 patients in the program and made more than 3,582 patient contacts. She has completed 652 Medicaid applications. So far, 505 babies have been born to women who enrolled in the program.*

# Thanks to the More Than 90 True Care Partners Who Have Sponsored A Day

January	February	March
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January  
Jan 7 Thelma Mollman  
Jan 9 Keith and Beth Nachbar  
Jan 10 John and Aumi Perry  
Jan 13 Hans Perry  
Jan 15 Anja Perry  
Jan 19 Pat and Ida Mae Jackson  
Jan 21 Rich and Mary Boettcher  
Jan 22 St. Anthony's Catholic Church

February  
Feb 1 Sandy Miller  
Feb 14 Norm and Cathy Brown  
Feb 18 Terry and Dama Matchett  
Feb 18 Dr. Martin Ellbogen  
Feb 23 Mary Haataja and Lisa Scott  
Feb 23 Cheryl and Justin Hackett in memory of Edward J. DenHouten  
Feb 24 Gerise Vignaroli

March  
Mar 7 Fred and Mary Crockett  
Mar 11 Wayne and Stacie Heili  
Mar 12 Damon and Sarah Green  
Mar 16 First Presbyterian Church (half day)  
Mar 25 Rob and Anne Boner

April  
Apr 8 Daniel and Crystal Galles  
Apr 8 Terry and Dama Matchett  
Apr 10 Mark and Lesley Vigneri  
Apr 13 Kelly and Isaac Kalinowski  
Apr 17 Stuart and Melissa Youmans  
Apr 21 Todd and Denise Murphy  
Apr 23 John and Joyce Ewing

May  
May 1 Johnnie and Rita Dean  
May 3 Mike and Terry Cometto  
May 5 Mark and Lesley Vigneri  
May 9 Restoration Church  
May 10 Scott and Jessica Baxter  
May 18 Dean and Teresa Dick  
May 30 Gene and Marty Robinson

June  
Jun 1 Wayne and Myrtie Peterson  
Jun 5 Chris and Julie Perry  
Jun 9 KC and Shelley LeClere  
Jun 12 Dave and Donna Shellenberger  
Jun 15 Brian and Jennifer Frausto  
Jun 17 House of Our Shepherd  
Jun 23 Warren and Elva Malsom

July  
Jul 11 Mark and Julie Neese, Steven and Brice Perry  
Jul 12 Tim and Lisa Burrbridge  
Jul 13 Kevin and Julie Murphy  
Jul 17 Steve and Megan Boomgard  
Jul 19 Bill and Cathy Bounds  
Jul 27 Basic Fellowship  
Jul 28 Rob and Anne Boner  
Jul 30 Kent and Donna Macklin  
Jul 31 Chester and Diana Wallace, Brad and Joia Farmer, Rob and Angela Hensley, Christian Church of Casper

August  
Aug 7 Steve and Terry Winship  
Aug 8 & 13 Terry and Dama Matchett  
Aug 9 Githens Family  
Aug 10 Ken and Marilyn Neal  
Aug 14 Ron and Joni Kumor  
Aug 16 Tom and Marilyn Crull  
Aug 20 Randy and Erin Wesnitzer  
Aug 30 Steve and Mary Sandborgh

September  
Sep 3 Robert and Celia Kirkwood  
Sep 5 Bret and Courtney Ladenburger  
Sep 8 Todd and Jen Titus  
Sep 10 Mitch and Lilly Zimmerman  
Sep 17 Rob and Anne Boner  
Sep 18 Allen and Lou Bruggman  
Sep 28 Wanda Klietz

October  
Oct 4 Gary and Patty Hines  
Oct 7 Al and Becky Lundblade  
Oct 9 Lane and Laura Smothers  
Oct 13 Remy and Mary Larson  
Oct 15 Don and Louise Patton  
Oct 20 Don Basko  
Oct 22 Ken and Sara Capasso  
Oct 22 Ario and Neva Bodin  
Oct 23 Kelly and Michelle Hudson  
Oct 24 Allen and Christine Frude  
Oct 25 Dr. and Mrs. Sam Scaling  
Oct 28 Joe and Tina Benson  
Oct 31 Josh & Kate Kalinowski  
Jim and Peggy Price

November  
Nov 1 Becky Duffey  
Nov 3 Restoration Church  
Nov 11 Jim and Sue Glover  
Nov 11 & 12 Cornerstone Church  
Nov 13 John Lichty and Jennifer Gladson  
Nov 14 Greg and Nita Balser  
Nov 18 Elsa Perry  
Nov 20 Tim and Judy Schenk  
Nov 20 Sam and Stacia Vigneri  
Nov 22 Ryan and Karen Kelly  
Nov 22 Bill and Mary England in memory of Ida Jackson  
Nov 23 Willie and Anne Fitzgerald  
Nov 26 Michael and Brittany Houck  
Nov 27 Janice Johnson  
Nov 28 Tom and Marilyn Crull  
Nov 29 John and Jeanne Brodrecht  
Nov 30 Mountain View Baptist Church

December  
Dec 6 Tom and Marilyn Crull  
Dec 10 Peggy Walker  
Dec 14 Lane and Laura Smothers  
Dec 18 Jon and Sarah Olsen  
Dec 19 Mt. View Baptist Church  
Dec 24 Wind City Church  
Dec 25 Casper Alliance Church  
Dec 27 Mark and Lesley Vigneri  
Dec 29 Todd and Jen Titus

TOP  
5  
Needs

Friends of True Care are always asking how they can help. Here we've highlighted five specific needs that we could use a little help with so we can serve our patients well:

## Volunteer Patient Advocates and Baby and Me Advocates

We are in need of advocates to be part of the initial pregnancy test appointment as well as Baby and Me Advocates to meet with women enrolled in our long-term patient care program. Contact our Patient Resources

Director, Gayle Irwin, for more information about these volunteer opportunities.  
307-472-2810 or  
gayle@truecarecasper.org

## Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour—a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or lilly@truecarecasper.org.

## Housekeeping Essentials

Paper towels, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

## Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop off this item.

## Spanish-Speaking Patient Advocates, Follow-Up Specialists and Baby and Me Advocates

Are you fluent in Spanish? If so, we need you so we can serve Spanish-speaking patients. Contact Gayle at 472-2810 or gayle@truecarecasper.org for more information.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.  
True Care Women's Resource Center

PO Box 2346  
1746 S. Poplar Street  
Casper, WY 82602

307-472-2810

Patient Website:  
[www.truecarecasper.org](http://www.truecarecasper.org)

Donor Website:  
[www.truecaregiving.net](http://www.truecaregiving.net)

## MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

## STAFF

Terry Winship, *President/CEO*  
Lilly Zimmerman, *Advancement Director*  
Gayle Irwin, *Patient Resources Director*  
Dr. Sam Scaling, *Medical Director*  
Sally Heyer, *Nurse Manager*  
Amber Zimmer, *Staff Nurse*  
Sara Beer, *Staff Nurse*  
Rebecca Tharp, *Program Director & Staff Nurse*  
Kathy Clore, *Receptionist*  
Cheryl Flores, *Resource Coordinator*  
Jackie Melander, *Scheduler*  
Ashely Tubbs, *Scheduler*  
Christie Hilde, *Scheduler*  
LeAnnette Meyer, *Development Assistant*  
Jennifer Steffenhagen, *Floater*

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Meagan Dye, Jennifer Gladson, Monica Johnson, Aaron Rodolph and Sue Struck

Want to Sponsor A Day?

See the enclosed response card or call Lilly at 472-2810 ext 17.

