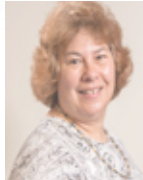


# Caring Connection

## Ultrasound Changed Her Mind

by Gayle Irwin



Gayle Irwin  
Patient Resources  
Director

Seventeen-year-old Kennedy had not yet told her parents she might be pregnant. She also wasn't sure who the father might be. "It's one of two guys," she told her Advocate. "Maybe knowing how far along I am will help me to know."

Her primary concerns were finishing school, telling her parents, and uncertainty of the father.

"My previous relationship was with a guy who was abusive; I'm in a good relationship now," she said. The young man she was seeing asked her to have an abortion, and she admitted she was leaning that way.

"I'm really not sure yet," Kennedy told her Advocate.

With a positive pregnancy test and a determination by our Nurse that Kennedy was far enough along, our patient received an ultrasound. Her 9-week-old unborn appeared on the screen, and the image seemed to impress Kennedy. The Advocate noted our young patient smiled and commented on her baby's movements.

When they met again in the consulting room and the Advocate asked Kennedy her thoughts and feelings, the young woman replied, "It was amazing! I'm so happy!"

When the Advocate attempted to review Kennedy's three pregnancy options, the young woman said, "I only want to know more about parenting. I'm no longer considering abortion. After seeing the ultrasound, there's no way I'm going to abort. If my boyfriend doesn't like it, then he can just get out of my life. I'm going to parent, and I will tell my parents when I turn 18 next month. I'm sure they'll come around and be supportive."

Kennedy learned about True Care's Baby & Me Program and received materials on healthy pregnancy. She also was given other parenting resources and told about True Care's Resource Program.

She left our center planning to parent.

From uncertainty and possibly aborting to excitement and planning to parent, Kennedy's mind and heart were impacted by the ultrasound. How grateful we are to have this tool, as well as highly trained and skilled nurses who can positively impact the lives of the unborn ... and their mothers.

After seeing the ultrasound, there's no way I'm going to abort.



True  
Care  
Women's Resource Center

### Touching Many Lives in 2021

Patients With a Positive Pregnancy Test: .	247 (89%)
Ultrasound Scans: (includes repeat scans).....	257
Sexually Transmitted Disease Tests: .....	105
Baby and Me Program Participants: .....	51
Resource Program Participants: .....	46 new
Abortion Recovery Program Participants:.....	5
Babies Saved: .....	198

Every number represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

### Inside:

Pg 1: Ultrasound Changed her Mind

Pg 2: New Beginnings

Pg 3: Pray for Open Minds!!

Pg 4: Top 5 Needs

*Because of the unique nature of our services, it's important to protect our patients' confidentiality. Actual names are changed in our stories unless we are granted permission by the patient to use their real name.*



**Terry Winship**  
Past President/  
CEO

# From the CEO

True Care  
Women's Resource Center

## New Beginnings

This year will be a year of many new beginnings here at True Care. It marks the end of the succession planning process we began 4 years ago, the beginning of the end of my tenure here, and the start of a new career for our President/CEO, Jessica Baxter.

I am delighted to introduce Jessica to you! She comes to us with 13 years of experience in the nonprofit sector, with eight years of executive leadership experience at The Boys & Girls Clubs of Central Wyoming. Jessica and her family have been donors for many years. They are members of Boyd Avenue Baptist Church where she is active in music ministry as well as women's ministry and outreach. She is gifted in communication and strategic planning. Most importantly, she is passionate about the mission of True Care. Her visionary mindset and leadership experience are a perfect fit for this ministry! I can't wait for you to meet her in person.

Wow! What an amazing 24 years it has been! The plan right now is for me to remain here at True Care for the next several months to help ensure a smooth transition and to provide training and mentoring for Jessica. God has taught me so much through this ministry, especially about His faithfulness! I look forward to what He has in store for me in this next chapter of life. I am forever grateful to all of you for your tremendous support and prayers. You truly are life-savers!



**Jessica Baxter**  
President/CEO

## Update on our Adopt a College Student Program

We have three patients who are juggling new babies and college at the same time. All of these young ladies have been "adopted" by generous True Care donors who have agreed to pray for them and to purchase at least one text book or other item they need for school. Thanks to these donors, our patients are receiving support on their journey to better futures for themselves and for their babies.

For more information on the Adopt a College Student Program, contact Cheryl Flores at 307-472-2810 or [cheryl@truecarecasper.org](mailto:cheryl@truecarecasper.org).

## Meet our newest team member, Erin Wesnitzer

Erin has volunteered as Nurse, Patient Advocate, and First Aid/CPR trainer for several years. She joined the paid staff in November 2021 and is receiving training in limited obstetrical ultrasound. Erin is passionate about the mission of True Care and is excited to use her knowledge and skills to help erase the perceived need for abortion in our community.



## Change a Life in Just a Few Minutes

YOU can make a lasting impact for True Care and our vital mission. Here's how: One of the easiest gifts you can make is to name True Care as a beneficiary of one of your assets, such as your retirement plan or life insurance policy. This is a popular gift to give because you can set it up by yourself. There's no need to use the services of an attorney or financial advisor to put your gift in place.

### Simple Steps to Follow:

1. **Contact** the administrator of your retirement plan, insurance policy or bank account for a change-of-beneficiary form or download one from your provider's website.
2. **Decide** what percentage of the account you wish to give to True Care and name us, along with the stated percentage, on the form. (Note: our corporate name is The Caring Center, Inc)
3. **Sign and return** the form to your plan administrator or insurance company.

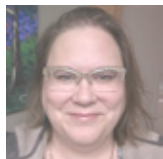
**Key Benefit:** Beneficiary designations offer built-in peace of mind. Your current budget isn't affected because you make the gift after your lifetime, and you can change your mind at any time.



# Pray for Open Minds!

by Cheryl Flores

**Thank you for supporting True Care!  
Our patients are so grateful!!**



Cheryl Flores,  
Resource  
Coordinator

At True Care we meet patients who are very determined to abort. They seemingly have made their minds up and feel this is their only solution. They learn we don't refer for or offer

abortions and sometimes do not want to hear about any potential helpful resources. As I prepare to meet with a woman, I often find myself praying she will have an open mind; one like my patient, Heather, had.

When I first talked with Heather, she was dealing with a lot of emotions. She

**God can open  
wide the door  
and use us to  
save a life.**

works hard to provide for herself and her 15 year old son, and she was shocked to be pregnant again. "I just don't have any support for this

pregnancy. The father of this baby cheated on me and I can't depend on him. I can barely provide for myself and my teenage son. I have insurance but it has a very high deductible."

Heather was very honest with me and stated that, if she could find the right resources, she would keep the baby. This was sweet music to my resource coordinator ears! I provided her several resources that would help her financially. She researched and investigated every single one I gave her. One organization, Let Them Live, decided to help Heather by paying her high insurance deductible. I helped her apply

for free daycare assistance. True Care also helped with initial out of pocket expenses so Heather could get started on prenatal care right away.

When I followed up with Heather by email she wrote: "You guys are amazing and so supportive!!!! I am forever grateful and truly appreciative for everything you have done for me. It's almost Christmas and I am overwhelmed with gratitude for all the kindness and generosity that has been shown to me this year, during a time when I was feeling a loss of hope and direction. You and your team gave me the resources and care I needed to be able to make an informed and educated decision. For that, there are no words to express my thankfulness. Please extend my gratitude to your team. I am truly and sincerely grateful for all of you!"

With even the slightest crack of an open mind, God can open wide the door and use us to save a life. As you pray for True Care patients, be sure to pray for open minds!

*The Resource Program is open to all True Care patients and officially began in January 2013. During this time Cheryl has enrolled 969 patients in the program and made more than 6,947 patient contacts. She has completed 1,033 Medicaid applications. So far, 735 babies have been born to women who enrolled in the program.*



## Coming to a Church Near You: 2022 Baby Bottle Boomerang

Even if you are "doing church" online you can still participate!

- Stop by your church to pick up a bottle
- Stop by True Care and pick up a bottle
- Give online at: [www.TCGiving.org](http://www.TCGiving.org)
- Mail your donation to:  
PO Box 2346 Casper, WY

Return your bottle filled with coins, bills and/or checks to your church or to True Care by President's Day Weekend, Feb 19/20.



## What Our Patients Say about us:

I liked how quickly they got me in, their friendliness, and the resources I was given.

Everyone was kind, respectful, and gave me good advice.

The staff were super caring!

My advocate was very comforting and made my experience 100 times better than I thought it could be.

# Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

January	February	March
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
April	May	June
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30
July	August	September
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October	November	December
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January  
Jan 4 Chad & Jamie Harkins  
Jan 7 Thelma Mollman  
Jan 8 Rick Ducher  
Jan 9 Keith & Beth Nachbar  
Jan 10 John & Aumi Perry  
Jan 13 Hans Perry  
Jan 15 Anja Perry  
Jan 19 Pat & Ida Mae Jackson  
Jan 21 Rich & Mary Boettcher  
Jan 22 St. Anthony's Catholic Church

February  
Feb 1 Sandy Miller  
Feb 14 Norm Brown  
Feb 15 John & Sue Bauder  
Feb 23 Mary Haataja and Lisa Scott  
Feb 24 Gerise Vignaroli

March  
Mar 3 Amy & Robert Decker  
Mar 11 Wayne & Stacie Heili  
Mar 13 Brad & Dawn Clair  
Mar 16 Grace Reformed Church  
Mar 25 Rob & Anne Boner  
Mar 26 Highland Park Church

April  
Apr 8 Daniel & Crystal Galles  
Apr 13 Kelly & Isaac Kalinowski,  
Kendell & Christy Kroeker  
Apr 14 Brad & Lynn Johnson  
Apr 17 Stuart & Melissa Youmans,  
Paula Knudson  
Apr 20 Alex & Sibylle Smith  
Apr 21 Todd & Denise Murphy,  
Kyle & Caridee True  
Apr 23 John & Joyce Ewing

May  
May 1 Johnnie & Rita Dean  
May 9 Restoration Church,  
Scott & Jessica Baxter  
May 17 Christ Convergence Church  
May 18 Dean & Teresa Dick  
May 19 Dave & Barb Martin

May 26 Charlie & Amanda Clair  
May 28 Rex & Heather Graham  
May 30 Jeanne Amacher

June  
Jun 5 Chris & Julie Perry  
Jun 9 KC & Shelley LeClere  
Jun 12 Dave & Donna Shellenberger  
Jun 13 Damon & Sarah Green  
Jun 15 Brian & Jennifer Frausto  
Jun 17 House of Our Shepherd  
Jun 18 River of Life Ministries  
Jun 22 Art & Megan Washut  
Jun 23 Warren & Elva Malsom

July  
Jul 4 Nic & Michelle Eskew  
Jul 10 Louisa & Justin Rogers  
Jul 11 Steven & Brice Perry  
Jul 12 Tim & Lisa Burridge  
Jul 13 Kevin & Julie Murphy,  
Jeff & Monica Johnson  
Jul 15 Ghazi & Kareen Ghanem  
Jul 16 Kelsey & Joshua Underwood  
Jul 17 Steve & Megan Boomgarden  
Jul 22 Carol Kapeles  
Jul 27 Basic Fellowship  
Jul 28 Rob & Anne Boner  
Jul 30 Kent & Donna Macklin  
Jul 31 Rob & Angela Hensley  
August  
Aug 7 Steve & Terry Winship  
Aug 9 Gitthens Family  
Aug 10 Ken & Marilyn Neal  
Aug 14 Ron & Joni Kumor  
Aug 16 Tom & Marilyn Crull  
Aug 20 Randy & Erin Wesnitzer  
Aug 30 Steve & Mary Sandborgh  
Aug 31 Brian & Nicole Boner

September  
Sep 3 Robert & Celia Kirkwood  
Sep 5 Bret & Courtney Ladenburger  
Sep 8 Todd & Jen Titus  
Sep 10 Mitch & Lilly Zimmerman  
Sep 17 Rob & Anne Boner  
Sep 24 Ben & Danielle Leeper  
Sep 28 Wanda Klietz

October  
Oct 4 Gary & Patty Hines  
Oct 7 Albert & Becky Lundblade  
Oct 15 Don & Louise Patton,  
Mark & Beth Ayen  
Oct 18 Ron & Julie Catellier  
Oct 20 Don Basko  
Oct 22 Ken & Sara Capasso,  
Arlie & Neva Bodin  
Oct 23 Kelly & Michael Hudson  
Oct 24 Allen & Christine Frude  
Oct 28 Joe & Tina Benson  
Oct 31 Josh & Kate Kalinowski,  
Jim & Peggy Price

November  
Nov 1 Becky Duffey  
Nov 3 Restoration Church  
Judy Lund (Charlotte Bannon birthday)  
Nov 5 Seth & Ashley Tubbs  
Nov 11 Jim & Sue Glover  
Nov 11 & 12 Cornerstone Church  
Nov 13 John Lichty & Jennifer Gladson  
Nov 14 Greg & Nita Balser  
Nov 18 Elsa Perry  
Nov 20 Tim & Judy Schenk,  
Sam & Stacia Vigneri  
Nov 22 Ryan & Karen Kelly,  
Bill & Mary England in memory of Ida Jackson  
Nov 23 Willie & Anne Fitzgerald  
Nov 26 Michael & Brittany Houck  
Nov 27 Janice Johnson  
Nov 28 Tom & Marilyn Crull  
Nov 29 John & Jeanne Brodrecht  
Nov 30 Mountain View Baptist Church

December  
Dec 2 Jerry & Vickie Obermueller  
Dec 6 Tom & Marilyn Crull  
Dec 8 Rick & Jenn Steffenhagen  
Dec 10 Peggy Walker  
Dec 15 Terrance Davidson  
Dec 18 Jon & Sarah Olsen  
Dec 24 Wind City Church  
Dec 25 Casper Alliance Church  
Dec 29 Todd & Jen Titus  
Dec 30 St James Catholic Church



Friends of True Care are always asking how they can help. Here we've highlighted five specific ways for you to help us serve our patients well:

## \$25.00 Walmart Gift Cards

Gift cards are awarded to our moms and dads enrolled in the Baby and Me and Resource Programs when they show up for appointments and complete required lessons. Call 472-2810 for the best time to drop off these items.

## Volunteer Baby and Me Advocates

We are in need of Baby and Me Advocates to meet with women enrolled in our long-term patient care program. These meetings take place via Zoom and in-person at the Center. Contact our Patient Resources Director, Gayle Irwin, for more information about this volunteer opportunity. 307-472-2810 or [gayle@truecarecasper.org](mailto:gayle@truecarecasper.org)

## Vision Tour Hosts

Need an idea for your next small group meeting? Invite a few friends or associates to a Vision Tour--a one-hour introduction to True Care. Or—we can come to your office or church! Contact Lilly for more information at 472-2810 or [lilly@truecarecasper.org](mailto:lilly@truecarecasper.org).

## Housekeeping Essentials

Paper towels, Clorox wipes, liquid hand soap, toilet paper and garbage bags. Call 472-2810 for the best time to drop off these items.

## Bottled Water

All patients and their guests are offered a bottle of water, so we go through a lot of it! Call 472-2810, ext 10 for the best time to drop these off.



Providing resources and life-affirming counsel to women and families dealing with a pregnancy.

The Caring Center, Inc.  
True Care Women's Resource Center

PO Box 2346  
1746 S. Poplar Street  
Casper, WY 82602  
**307-472-2810**

Patient Website:  
[www.truecarecasper.org](http://www.truecarecasper.org)

Donor Website:  
[www.TCGiving.org](http://www.TCGiving.org)

## MISSION STATEMENT

We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

## STAFF

Terry Winship, *Past President/CEO*  
Jessica Baxter, *President/CEO*  
Lilly Zimmerman, *Advancement Director*  
Gayle Irwin, *Patient Resources Director*  
Dr. Drew Woodward, *Medical Director*  
Sally Heyer, *Nurse Manager*  
Amber Zimmer, *Staff Nurse*  
Sara Beer, *Staff Nurse*  
Erin Wesnitzer, *Staff Nurse*  
Rebecca Tharp, *Program Director & Staff Nurse*  
Megan Boomgarden, *Staff Nurse*  
Jayme Grange, *Receptionist*  
Cheryl Flores, *Resource Coordinator*  
Jackie Melander, *Scheduler*  
Sasha Snidow, *Scheduler*  
Tori Speiser, *Scheduler*  
LeAnnette Meyer, *Development Assistant & Receptionist*  
Jennifer Steffenhagen, *Patient Advocate*  
Trisha Schaff, *Patient Advocate*

## BOARD MEMBERS

Aaron Rodolph, *Chairman*  
Reed Aivazian, *Vice Chairman*  
Lisa Scott, *Secretary*  
Jen Titus, *Treasurer*  
Teresa Dick  
Troy Grange  
Ben Leeper



## Want to Sponsor A Day?

See the enclosed response card or call Lilly at 472-2810 ext 17.

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