

# Caring Connection

*Real Hope Real Help*

## Please Welcome Our New Team Members

### Jennifer Steffenhagen, *Director of Patient Services*



I am a lover of Jesus, conversation, and coffee (ideally all three at the same time). I am also a wife and a mom of three. I began volunteering at True Care as a patient advocate in January, 2013 and was welcomed on staff as an advocate in 2018. I am now honored to move into the position of Director of Patient Services. I am passionate about women and helping them find their inner strength by using my spiritual gifts of compassion, encouragement, and discipleship. I am currently studying social work at the University of Wyoming at Casper and am excited to use that knowledge for God's glory, and to expand True Care's ministry in the community.

### Amy Altland, *Communications Specialist*



I am first a mom to four amazing kiddos, ages 19, 18, 15, and 10. Our family moved to Wyoming five years ago after living overseas in Ecuador for six years. My educational background is in pediatric occupational therapy, but for the past 9 years I have been working as a professional photographer. I am excited about this new position in communications at True Care and have already learned so much about marketing and the pro-life movement. I am grateful for the amazing team I am joining and look forward to seeing what new adventures God has in store for us in 2023!

### Nicole Southcott, *Patient Advocate*



I was born and raised in New York and have since moved to Casper, WY in 2022. I worked as an Aquatic Director for my local YMCA. When I started having children, I decided to stay home and master the job of a Domestic Engineer. Over the years, I have also had the privilege of being part of leadership in homeschool groups and working at my church. When I'm not working or homeschooling you will find me either reading a book, hiking or having an intimate chat with a friend over coffee. I'm passionate about helping women and I am excited to be part of the True Care team.



### Providing Hope and Help in 2022

**217** PATIENTS WITH POSITIVE PREGNANCY

**308** ULTRASOUNDS SCANS (INCLUDING REPEAT SCANS)

**102** SEXUALLY TRANSMITTED DISEASE TESTS

**58** BABY & ME PROGRAM PARTICIPANTS

**57** RESOURCE PROGRAM PARTICIPANTS

**172** BABIES SAVED

Every number above represents a person right here in our community that needed our help. Take a look at what you've made happen in recent months! Thank you for partnering with us.

## Inside:

Pg 1: New Team Members

Pg 2: God is on the Move

Pg 3: Calmer and More at Peace

Pg 4: Top 5 Needs



Instagram

Join our new Friends of True Care Instagram page! Our handle is friends\_of\_true\_care





Jessica Baxter  
President/CEO

# From the CEO



## God is on the Move at True Care

One year ago God led me to take a step, a big step. The kind of step where you jump over a mud puddle aiming for dry land, stretching your leg as far as you can to land securely. Just as my heart skips a beat when I jump a mud puddle, praying I don't fall on my backside, my heart felt the same rapid pounding last January; praying I didn't fail True Care, our staff, our patients, all of you, and most importantly, God.

But God is so faithful and our staff and patients are absolutely amazing. I want to express my deep gratitude to each of you who have shared encouraging words, prayed for me, supported the Center, and referred patients for us to serve. You have been the safe, dry land on which God has planted my feet amidst a great big step.

As we look toward 2023, we know God has great plans! He tells us in Jeremiah that He has plans to prosper and not harm us, to give us a future and a hope. With the overturning of Roe v. Wade, our future is still overflowing with God's work. We must reach women FIRST before they travel out of state for an abortion or go online for the abortion pill. We must stay relevant with programs, equipment, and services that meet the myriad of challenges our patients face. Most of all, we must stay focused on God's will, His good and perfect will for our Center, our staff, and each patient.

Thank you for remaining steadfast in the fight for life. Thank you for helping us provide a compassionate, safe, loving place for women, men, and families to receive information and support, but also the help, hope, and love of Christ.

For the women we serve, their next step is a big one as well and we are honored to be a safe place for them to land.



## Get Involved!

### Baby Bottle Boomerang



What can a simple baby bottle do? At True Care, one baby bottle can literally help save a life. The Baby Bottle Boomerang launched on Sunday, January 22, and will culminate on President's Day weekend (February 19). Many local churches have baby bottles for you to take and fill, but True Care has some as well. Feel free to stop by and get one from our office. All funds raised stay right here, assisting women, men and babies in our own community! A little change can do a lot at True Care!



If you aren't able to get a bottle, please feel free to scan the QR code on the left to give that way!

### "I Know the Plans I Have for You"

Our board and staff have embarked upon a new and exciting venture. During the months of January, February, and March, we will be discussing and discerning the plans God has for True Care in the coming years and creating a strategic plan. In Joshua 1:9 God says, "Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." As we move through this process, we would be grateful for your prayers! Be watching the next newsletter when we'll share where God is directing us.

### Honoring Amazing Members of the True Care Family

God's work at True Care takes thousands of workers, volunteers, and supporters. All of those involved become like family to us and this past year we were grieved by the loss of several amazing True Care family members. We continue to pray for their loved ones and want to extend a personal note of gratitude for each of you who commemorated **Jack Blomstrom, Melinda Clair, and Don Winship** with a gift to True Care. We are humbled and honored by each and every gift and we know their legacy of love and life will continue!

# True Care Update: News About the Center

## Calmer and More at Peace by Jennifer Steffenhagen

Mandy is a straight “A” student on the path to a fast paced and demanding career. She has her life for the next 5 years entirely planned out and a baby was most definitely not in the plan. She was raised to be a meticulous planner and to prepare for all the unknowns. Mandy and her fiancé had taken precautions to have a baby in their own timing. All this and more brought Mandy to True Care in a state of shock and disbelief. “I want to be a mother someday, but not now; not like this.” When asked what her fiancé, Ryan, thinks about the pregnancy, she replied, “He will support me whatever I choose, but I know he wants me to keep it.” Her advocate took this opportunity to discuss open and honest communication, and the effects that a decision for abortion when both partners are not in unison can have on a relationship.



Mandy was quiet but engaged during her ultrasound. She seemed fascinated and in awe of the image on the screen. Afterwards, the nurse gave her all the medical information she needed and answered the questions she had in a calm and professional manner. The nurse left and her advocate asked her how she was feeling. “Conflicted,” she replied. “My heart and my head are saying two completely different things, and I just don’t know what to do.” Her advocate listened with empathy to her concerns as she reviewed the options of abortion, adoption, and parenting, assuring Mandy that she had time to decide. She suggested a pros and cons list and a return appointment the next week. At the end of her appointment, Mandy said she felt calmer and more at peace knowing that abortion was not her only choice. She noted on her exit survey that she appreciated the kindness, knowledge, and support that she received from the staff.

True Care exists for women like Mandy whose heart’s desire is to choose life. Your support helps us be a safe, loving place for information, answers, and support.

## When asked what they liked about their experience at True Care, patients said:

“Everyone is so welcoming and kind.”

“They’re always so sweet, resourceful, and understanding.”

“I love that I always feel validated. I’ve never felt judged.”

“I felt very safe and I could talk with trust and confidence.”

*Mandy participated in our Resource Program. This program is open to all True Care patients and officially began in January 2013.*



*Because of the nature of our services, it's important to protect our patients' confidentiality. Patient names are changed in stories unless they grant permission to use their real name.*

# Thanks to the More Than 100 True Care Partners Who Have Sponsored A Day

January							February							March						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31												29	30	31				

  

April							May							June						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30						29	30	31					29	30					

  

July							August							September						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30	31					29	30					

  

October							November							December						
1	2	3	4	5	6	7	1	2	3	4	5	6	7	1	2	3	4	5	6	7
8	9	10	11	12	13	14	8	9	10	11	12	13	14	8	9	10	11	12	13	14
15	16	17	18	19	20	21	15	16	17	18	19	20	21	15	16	17	18	19	20	21
22	23	24	25	26	27	28	22	23	24	25	26	27	28	22	23	24	25	26	27	28
29	30	31					29	30						29	30	31				

January  
 Jan 4 Chad & Jamie Harkins  
 Jan 8 Rick Ducher  
 Jan 9 Keith & Beth Nachbar  
 Jan 10 John & Aumi Perry  
 Jan 13 Hans Perry  
 Hilltop Baptist Church  
 Jan 15 Anja Perry  
 Jan 19 Pat & Ida Mae Jackson  
 Jan 21 Rich & Mary Boettcher  
 Jan 22 St. Anthony's Catholic Church

February  
 Feb 14 Norm Brown  
 Feb 15 John & Sue Bauder  
 Feb 23 Mary Haataja and Lisa Scott  
 Feb 24 Gerise Vignaroli

March  
 Mar 3 Amy & Robert Decker  
 Mar 8 Tiana Groenewald & Erin Burridge-Groenewald  
 Mar 11 Wayne & Stacie Heili  
 Mar 13 Brad & Dawn Clair  
 Mar 16 Grace Reformed Church  
 Mar 17 St. Patrick's Catholic Church  
 Mar 25 Rob & Anne Boner  
 Mar 26 Highland Park Church

April  
 Apr 7 Rod & Deborah Poppe  
 Apr 8 Daniel & Crystal Galles  
 Apr 13 Kelly & Isaac Kalinowski,  
 Kendell & Christy Kroeker  
 Apr 14 Brad & Lynn Johnson  
 Apr 17 Stuart & Melissa Youmans  
 Apr 21 Todd & Denise Murphy,  
 Kyle & Caridee True  
 Apr 23 John & Joyce Ewing  
 Apr 27 Calvary Chapel Casper

May  
 May 1 Johnnie & Rita Dean  
 May 9 Restoration Church,  
 Scott & Jessica Baxter  
 May 17 Christ Convergence Church  
 May 18 Dean & Teresa Dick

May 19 Dave & Barb Martin  
 May 26 Charlie & Amanda Clair  
 May 28 Rex & Heather Graham  
 May 30 Jeanne Amacher

June  
 Jun 3 Gary & Barbara Hagen  
 Jun 5 Chris & Julie Perry  
 Jun 6 George Stewart  
 Jun 9 KC & Shelley LeClere  
 Jun 12 Dave & Donna Shellenberger  
 Jun 13 Damon & Sarah Green  
 Brent & Alyssa Fuchs  
 Jun 15 Brian & Jennifer Frausto  
 Jun 17 House of Our Shepherd  
 Jun 18 River of Life Ministries  
 Jun 22 Art & Megan Washut  
 Jun 23 Warren & Elva Malsom

July  
 Jul 4 Nic & Michelle Eskew  
 Jul 10 Louisa & Justin Rogers  
 Jul 11 Steven & Brice Perry  
 Jul 12 Tim & Lisa Burridge  
 Jul 13 Kevin & Julie Murphy,  
 Jeff & Monica Johnson  
 Jul 15 Ghazi & Kareen Ghanem  
 Jul 16 Kelsey & Joshua Underwood  
 Jul 17 Steve & Megan Boomgarden  
 Jul 22 Carol Kapeles  
 Jul 27 Basic Fellowship  
 Jul 28 Rob & Anne Boner  
 Jul 30 Kent & Donna Macklin  
 Jul 31 Rob & Angela Hensley

August  
 Aug 7 Steve & Terry Winship  
 Aug 9 Githens Family  
 Aug 10 Ken & Marilyn Neal  
 Aug 14 Ron & Joni Kumor  
 Aug 16 Tom & Marilyn Crull  
 Aug 20 Randy & Erin Wesnitzer  
 Aug 30 Steve & Mary Sandborgh  
 Aug 31 Brian & Nicole Boner

September  
 Sep 3 Robert & Celia Kirkwood  
 Sep 5 Bret & Courtney Ladenburger  
 Sep 8 Todd & Jen Titus  
 Sep 10 Mitch & Lilly Zimmerman  
 Sep 17 Rob & Anne Boner  
 Sep 24 Ben & Danielle Leeper  
 Sep 28 Wanda Kliez

October  
 Oct 4 Gary & Patty Hines  
 Oct 7 Albert & Becky Lundblade  
 Oct 8 Aaron & Nicole Rodolph  
 Greg & Jana Dalcher  
 Oct 15 Don & Louise Patton,  
 Mark & Beth Ayten  
 Oct 18 Ron & Julie Catellier  
 Maleeya Postma  
 Oct 19 Wes & Sara Beer  
 Oct 20 Don Basko  
 Oct 22 Ken & Sara Capasso,  
 Arlo & Neva Bodin  
 Oct 23 Kelly & Michael Hudson  
 Oct 24 Allen & Christine Frude  
 Oct 28 Joe & Tina Benson  
 Oct 31 Josh & Kate Kalinowski,  
 Jim & Peggy Price

November  
 Nov 3 Restoration Church  
 Judy Lund (Charlotte  
 Bannon birthday)  
 Nov 5 Seth & Ashley Tubbs  
 Nov 11 & 12 Conerstone Church  
 Nov 13 John Lichty & Jennifer Gladson  
 Nov 14 Greg & Nita Balsler  
 Nov 18 Elsa Perry  
 Nov 20 Tim & Judy Schenk,  
 Sam & Stacia Vigneri  
 Nov 22 Ryan & Karen Kelly,  
 Bill & Mary England in  
 memory of Ida Jackson  
 Nov 23 Willie & Anne Fitzgerald  
 Nov 24 Bryan & Stephanie Soliz  
 Nov 26 Michael & Brittany Houck  
 Nov 28 Tom & Marilyn Crull  
 Nov 29 John & Jeanne Brodrecht  
 Nov 30 Mountain View Baptist Church

December  
 Dec 2 Jerry & Vickie Obermueller  
 Dec 4 Pete & Connie Doll  
 Dec 6 Tom & Marilyn Crull  
 Dec 8 Rick & Jenn Steffenhagen  
 Dec 15 Terrance Davidson  
 Dec 18 Jon & Sarah Olsen  
 Dec 25 Casper Alliance Church  
 Dec 29 Todd & Jen Titus  
 Dec 30 St James Catholic Church

# Top Needs

Here we've highlighted some specific ways for you to help us serve our patients well:

## \$25 Walmart Gift Cards

Gift cards are awarded to our moms and dads enrolled in the Baby and Me and Resource Programs when they show up for appointments and complete required lessons. As gas and food prices soar, these gift cards are a true blessing to our patients and their families.

## \$10 Gift Cards

Each patient receives a Blessing Bag, which is an opportunity for us to bless her in what may be an incredibly difficult time in her life. With each bag, we include a \$10 gift card for basic needs (gas, grocery stores, Walmart, Target).

## Housekeeping and Office Essentials

Paper towels, toilet paper, garbage bags (tall kitchen and large black bags), reams of copier paper, basic office supplies.

## Wish List

To see our 2023 Wish List: Use your cell phone camera to scan this QR code which will connect you with our Amazon wish list. Items can be sent directly to the Center.



SCAN ME

Call 472-2810 for the best time to drop off any of these items.



Providing resources and life-affirming counsel to women and families experiencing an unplanned pregnancy.

The Caring Center, Inc.  
 True Care Women's Resource Center

PO Box 2346  
 1746 S. Poplar Street  
 Casper, WY 82602  
 307-472-2810

Patient Website:  
[www.truecarecasper.org](http://www.truecarecasper.org)

Donor Website:  
[www.TCGiving.org](http://www.TCGiving.org)

**MISSION STATEMENT**  
 We exist to erase the perceived need for abortion in our community through effectively serving pregnant, at-risk women, transforming their fears into confidence.

### STAFF

Dr. Drew Woodward, *Medical Director*  
 Jessica Baxter, *President/CEO*  
 Rebecca Tharp, *Director of Programs*  
 Cheryl Flores, *Director of Patient Resources*  
 Lilly Zimmerman, *Director of Advancement*  
 Leannette Meyer, *Development Assistant & Receptionist*

Sally Heyer, *Nurse Manager*  
 Sara Beer, *Staff Nurse*  
 Megan Boomgarden, *Staff Nurse*  
 Erin Wesnitzer, *Staff Nurse*  
 Amber Zimmer, *Staff Nurse*  
 Jennifer Steffenhagen, *Director of Patient Services*  
 Jackie Melander, *Scheduler*  
 Sasha Snidow, *Scheduler*  
 Tori Speiser, *Scheduler*  
 Trisha Schaff, *Patient Advocate*  
 Nicole Southcott, *Patient Advocate*  
 Jayme Grange, *Receptionist*  
 Amy Altland, *Communications Specialist*

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